



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tenders Macaroni & Cheese Mixed Vegetables Coleslaw Strudel Stick	Salisbury Steak Mashed Potatoes Scandinavian Vegetables Spring Salad Assorted Desserts	Chicken Quesadilla Spanish Rice Pinto Beans Green Salad National Chocolate Chip Cookie Day	Spaghetti w/Meat Sauce Green Beans Garlic Bread Caesar Salad Ambrosia	Swiss Chicken Au Gratin Potatoes Carrot Cascade Spinach Salad Cake
Lasagna Italian Flat Cut Beans Garlic Bread Caesar Salad Brownie	Smothered Chicken Roasted Potatoes Broccoli Cole Slaw National S'mores Day	Chicken Fried Steak With Gravy Mashed Potatoes Scandinavian Vegetables Garden Salad Pistachio Fluff	Baked Fish Macaroni & Cheese Mixed Vegetables Spinach Salad Fresh Baked Cookie	Hamburger w/Trimming Crinkle Cut Fries Peas & Carrots Green Salad Banana Pudding
Garlic Herb Chicken Roasted Sweet Potatoes Carrot Cascade Green Salad Pound Cake w/Toppings	Soft Taco Mexican Rice Pinto Beans Garden Salad Fresh Baked Cookie	Parmesan Chicken Scalloped Potatoes Mixed Vegetables Spinach Salad Chocolate Pudding	National Potato Day Meatloaf Baked Potato Peas & Carrots Coleslaw Strawberry Parfait	Taste Of Hawaii Hawaiian Chicken Pineapple Lime Rice Maui Style Vegetables Green Salad Pineapple Upside Down Cake
Salisbury Steak Mashed Potatoes Scandinavian Vegetables Green Salad Cherry Cobbler	Chicken Alfredo Italian Flat Cut Beans Garlic Bread Caesar Salad Birthday Cake	Tomato Basil Soup Grilled Cheese Sandwich Fresh Fruit Garden Salad National Banana Split Day	Smothered Chicken Rice Pilaf Broccoli Spring Mix Salad Ambrosia	Sloppy Joe on Bun Corn Garden Vegetables Green Salad Fresh Baked Cookie
National Beach Day Chicken Salad Plate Pasta Salad Pea Salad Coleslaw Apple Pie	Swedish Meatballs Over Noodles Mixed Vegetables Beets Green Salad Pistachio Fluff	<div> <div>  </div> <div> <p> All meals served with Iced Tea, Lemonade OR Water and Fresh Baked Bread unless otherwise indicated. For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free dessert is offered. For no added salt diets-Table salt is not available. </p> <h1>August 2021</h1> <p>Friends Place Richardson</p> </div> <div>  </div> </div>		

Menus approved by: Julie Pan MS,RD

Date: 7/30/2021