

September 2021

Friends News



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Friends Staff

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Founder & Mentor:

Pam Johnson

Save the dates for an awesome & active fall season!

Our annual Veterans Day Salute will be Thursday, November 11, and what an honor it is to honor these fabulous folks! Each veteran will be personally recognized during this ceremony



Save the Date: Annual Walk to End Alzheimer's Saturday, November 6

Walk with us, or be a part of our team even if you are unable to walk!

Sign up as a team member, then ask family and friends to donate in your name. Donations accepted online or in front office.



<http://act.alz.org/goto/friendsplace>

Staycation to Italy will be held on Wednesday, September 22nd. Come join us for the festivities as we travel around the Tuscan countryside, eat Italian food for lunch and spend the day enjoying what the Italian culture has to offer.

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Friends Place Book Club is currently reading, "This Tender Land" by William Kent Krueger

HOWDY Y'ALL!!

International Country Music Day is Friday, Septmeber 17th. Grab your boots and cowboy hats and join us us as we enjoy a fun day celebrating country music.



Spectacular September Doin's @ Friends Place

At Friends Place, we offer 20-25 high-interest, interactive activities from which you can choose just the right one YOU will enjoy. Here we highlight special guests & events. See our monthly calendar for daily details. We also hold daily BINGO games, singalongs, men's, women's & mixed groups, chair exercise or Tai Chi TWICE a day and various outdoor activities when weather permits.

Join us and see what a great time we have!

F	3	Robert Berger Performs	11:00 am
M	6	Closed for Labor Day	
Th	16	Thirsty Thursday	3:15 pm
F	17	International Country Music Day	All day
M	20	Texas Winds Performs	11:00 am
T	21	World Alzheimer's Day	All day
W	22	Autumn Equinox	All day
		Staycation to Italy 	All day
W	29	September Birthday Party with Entertainer Frankie Mandel	2:00 pm
		World Heart Day	All day

Welcome to new members!

J.M. Johnson	Bill Evans
Ellen Ginsohn	June Wilson
Jim Gygi	T.O. Scherer

Happy September Birthdays!



2	Greg Day
5	Mike Tabor
5	Bob Gayden
6	Pam Johnson (Founder)
14	Karl Koenig
18	Steve DiPasquale
24	Mike Fisher
25	John Partlow
28	Robert Martin

Caregiver's Support Groups

Open to the public. Care usually available at no charge with reservations 972-437-2940

Discussion Group 2nd Thursday/month

September 9th 2:00-3:30 pm

Men as Caregivers

For more information Please contact George Davis By Email: gldxtx@me.com

24/7 Alzheimer's Association's Helpline 1-800-272-3900

Caregivers face unique challenges every day and the timing of these instances is often unpredictable. One tool we have found beneficial is the Alzheimer's Association 24/7 Helpline. Caregivers can call any day, any time and reach qualified professionals. This helpline is not just for our loved ones with cognitive challenges. Caregivers are encouraged to call on their own behalf if they are feeling overwhelmed and in need of support.