

Monday	Tuesday	Wednesday	Thursday	Friday
 December 2021 All meals served with Hot Bread and Iced Tea. For NCS diets, ½ dessert or sugar free pudding		1 Meatloaf in Tomato Sauce Mashed Potatoes Green Beans Green Salad Chocolate Chip Cookies	2 Chicken Spaghetti Carrots Garlic Bread Tomato and Cucumber Salad Vanilla Ice Cream	3 Breaded Fish Sandwich Tator Tots Pinto Beans Coleslaw Salad Lemon Cake
6 Teriyaki Chicken Rice Pilaf Scandinavian Vegetables Mixed Green Salad Peanut Butter Cookies	7 Beef Stew Beets Cornbread Caesar Salad Banana Pudding	8 Chicken Pot Pie Broccoli Florets Texas Toast Tomato and Cucumber Salad Brownies	9 Beef Enchiladas Spanish Rice Pinto Beans Green Salad Sherbet	10 BBQ Chicken Breast Mashed Potatoes Green Beans Caesar Salad Root Beer Float
13 Chopped Beef Sandwich Sweet Potato Fries Peas & Carrots Mixed Green Salad Pound Cake w/Strawberries	14 Stir Fry Chicken Rice Pilaf Oriental Vegetables Tomato and Cucumber Salad Peach Cobbler	15 Salmon Filet Parsley Potatoes Maui Vegetables Coleslaw Salad Neapolitan Ice Cream	16 Chicken Alfredo Broccoli Florets Garlic Bread Mixed Green Salad Chocolate Pudding	17 Cheeseburgers on Wheat Bun Steak Fries Mixed Vegetables Coleslaw Salad Sugar Cookies
20 Potato Soup Turkey Sandwich Fresh Fruit Coleslaw Salad Ice Cream Sandwich	21 Salisbury Steak Macaroni & Cheese Glazed Carrots Green Salad Chocolate Cake w/Icing	22 Chicken Egg Rolls Rice Pilaf Oriental Vegetables Tomato and Cucumber Salad Vanilla Pudding	23 Baked Ham Potato Salad Baked Beans Coleslaw Salad Brownies	24 
27 	28 	29 	30 	31 