

January 2022 Friends News



1960 Nantucket, Richardson, TX 75080

www.friendsplaceads.com

Phone (972) 437-2940

Fax (972) 437-2953

For up-to-the-minute info & pictures, check us out on Facebook!

We follow the Richardson Independent School District inclement weather openings, delays, and closings.

Our Fabulous Friends Place Staff

Mina Choudhury

Gene Ragsdale

Jackie Coalter

Claire Iwuoha

Malissa Cestari

Lisa Bonner

Christopher Laudon

Mary Dennison

Jane Tucker

Sandy Kniffen

Laura Hatfield

Heather Brackett

Elisabeth Juhasz

Bill Ferguson

Virginia Kousal

Sylvia Mast

Sheree Wood

Founder & Mentor:

Pam Johnson

Covid Testing at Friends Place

We are so grateful that our members, staff and families were cooperative and supportive during our Covid testing at Friends Place. We did in fact find a few cases which were positive with no symptoms, and they are currently in quarantine. We require a 10-day quarantine and a negative covid test result upon return. Our members, staff, and family's safety is always our highest priority. We appreciate your patience as we continue to navigate through this pandemic.

..... 'Tis the season to be sneezin'!

Along with Covid-19, keep in mind that the flu season is also upon us! Unfortunately, if someone comes in with the malady, many of us end up suffering. For everyone's sake, **keep members home if they seem to be coming down with or have an illness.** Fever, chills, sore throat, coughs, sneezes, tummy troubles; anyone enduring these is more comfortable at home when not feeling well! And, **allow ample time for a full recovery.** We understand that this can be challenging but avoiding a relapse (and more time incapacitated) is well worth it. Your loved one, the other members and their families, and the staff appreciate this consideration. Let's stay healthy!

Starting a brand-new year with our FABULOUS Friends Place Staff

What a wonderful way to start 2022 with fantastic friends and the stellar staff at Friends Place in Richardson. Our professional caregivers practice person-centered care and complete hours of ongoing education throughout the year. Even more important is the genuine respect, care and deep commitment to the Friends Place mission, members, and each other that is evident here.

January Calendar of Events

F	7	Elvis Birthday Celebration	All Day
Th	13	Staycation to Africa	All Day
M	17	Dr. Martin Luther King Jr. Day	All Day
Th	20	Thirsty Thursday Happy Hour	3:15 pm
W	26	January Birthday Party!	2:00 pm
With Interactive Entertainer			
Marty Ruiz			



Support Group

Open to the public. Care provided at no charge
with reservation. 972-437-2940

Alzheimer's Association's Caregiver Support Group

2nd Thursday January 13 2:00-3:30 pm

24/7 Alzheimer's Association's Helpline

1-800-272-3900

Caregivers face unique challenges every day and the timing of these instances is often unpredictable. One tool we have found beneficial is the Alzheimer's Association 24/7 Helpline. Caregivers can call any day, any time and reach qualified professional. This helpline is not just for our loved ones with cognitive challenges. Caregivers are encouraged to call on their own behalf if they are feeling overwhelmed and in need of support.

**Let the troubles of the past year be left
behind as we look forward to a new year
filled with love and fresh opportunities.**



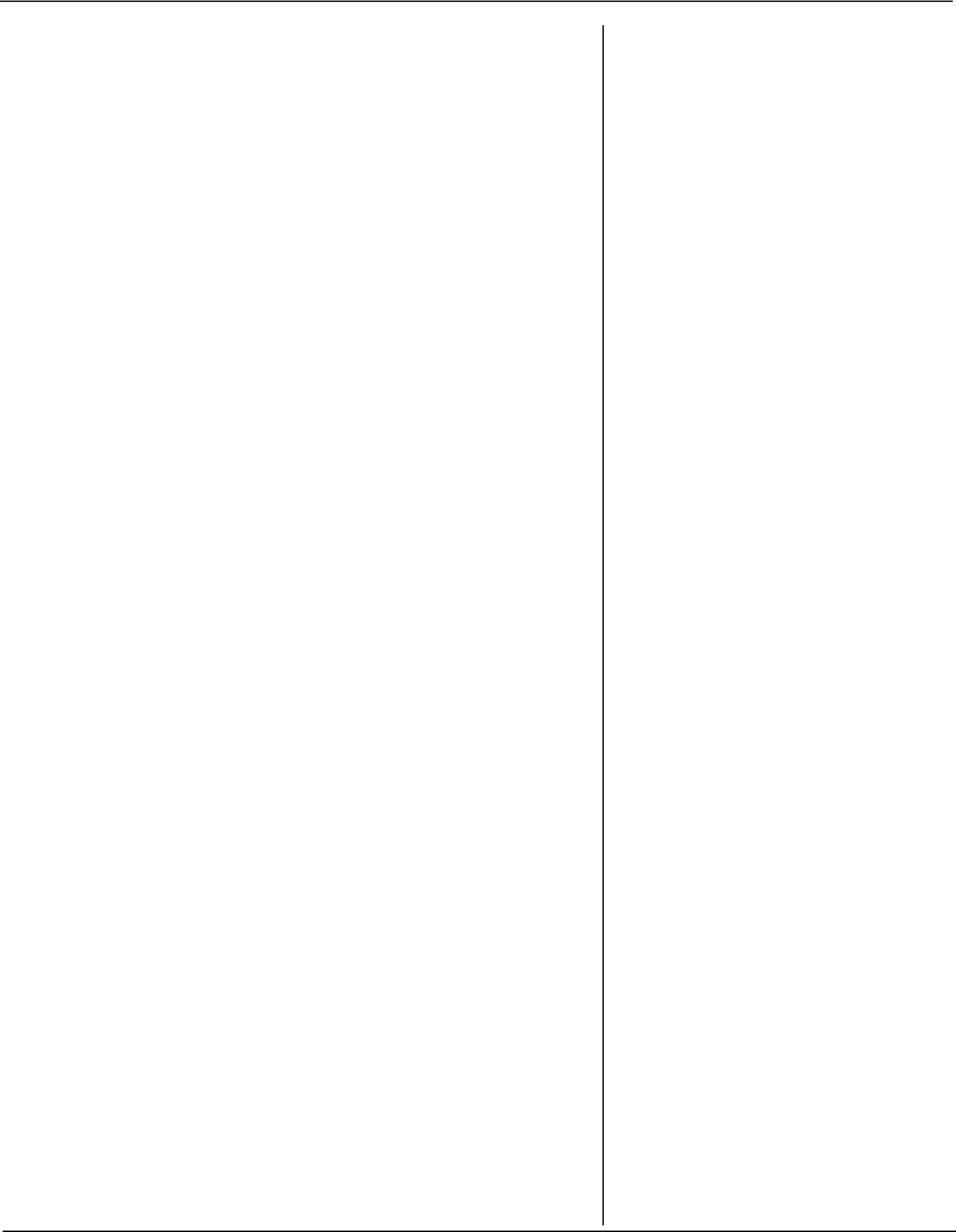
*This bright new year is given me,
To live each day with zest
To daily grow and try to be,
My highest and my best!*
-William Arthur Ward



6	Rita Gentile
11	Malissa Cestari (staff)
12	Anne Maxwell
15	Jeff Kogutt
22	Kaye Near
26	Joe Svoboda
30	Sandy Kniffen (staff)
31	Doris Scruggs

WELCOME TO OUR NEW MEMBERS

E.A. Raghavan	Carmen Slates
Jerold Prager	Peggy Evans
Thuan McCullar	Randy Walker
Diane Reed	Barbara Johnson



Friends Place Adult Day Services
1960 Nantucket Dr.
Richardson, TX 75080

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