

February  
2022

# Friends News



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## Friends Staff

Mina Choudhury

Gene Ragsdale

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Mary Dennison

Jane Tucker

Sandy Kniffen

Laura Hatfield

Heather Brackett

Elizabeth Juhasz

Bill Ferguson

Virginia Kousal

Sylvia Mast

Sheree Wood

Nebil Ibrahim

**Founder & Mentor**  
Pam Johnson

*When winter weather strikes, we follow the Richardson Independent School District schedule of inclement weather openings, delays, and closings.*

## February at Friends Place

T	1	National Texas Day	All Day
F	4	National Wear Red Day	All Day
T	8	National Kite Flying Day	All Day
W	9	National Pizza Day	12:30 pm
F	11	Super Bowl Party (Wear your favorite team apparel)	All Day
M	14	Valentine's Day Tea	1:45 pm
T	15	Staycation China!	All Day
W	16	Pancake Day	8am-10am
F	18	National Caregiver's Day	All day
W	23	February Birthday Party with Norris Perry	2:00 pm

## Valentine's Day Tea

**Monday, February 14<sup>th</sup> 1:45pm-3pm**



*A little cup of friendship  
Certainly goes a long way  
Wear your Fascinator or Hat  
For our special Valentine's Day!*

**Staycation to China**  
**Tuesday, February 15<sup>th</sup>**



## Caregiver's Support Groups

Open to the public.

Care provided at no charge with reservation.

972-437-2940

### Alzheimer's Association's Caregiver Support Group

#### Discussion group

2<sup>nd</sup> Thursday/month

February 10 2:00-3:30 pm

### 24/7 Alzheimer's Association's Helpline

**1-800-272-3900**

Caregivers face unique challenges every day and the timings of these instances is often unpredictable. One tool we have found beneficial is the Alzheimer's Association 24/7 Helpline. Caregivers can call any day, any time and reach qualified professional. This helpline is not just for our loved ones with cognitive challenges. Caregivers are encouraged to call on their own behalf if they are feeling overwhelmed and in need of support.

## Super Bowl Party 2022

Friday, February 11<sup>th</sup>

It's Game Time!

Wear your favorite team apparel and join us for a day of food, friends, & football.



## Happy February Birthdays!

2	Judith Kimbriel
6	Tom Womack
10	Lucy Salem
17	Jane Tucker (staff)
21	Bonnie Wilson
24	Ron Adams

000000000000 *Welcome* 000000000000

Warm welcome to our newest members!

Dorothy Nieman

Donna Phillips

We're so glad you're here!

### Valentine Friend

**A Valentine friend is someone you choose**

**To share your life with you,  
Someone who is always there,  
Whether you're happy or blue.**

**With a Valentine friend, you can be yourself**

**You don't need to pretend;**

**When you're careful to choose a compatible match,**

**You create a perfect blend.**

**With you for my special Valentine friend,**

**My life is full and bright;**

**You bring contentment, joy and peace;**

**You're my Valentine delight!**

*By Joanna Fuchs*

*We are delighted to recognize*

**January Friends Place Member**

**Volunteer of the Month**

**Lucy Salem & Phil Puckett**

**Thank you for your outstanding efforts at  
Friends Place! We so appreciate you!!!**

*Thank You!* We appreciate your conscientious efforts to turn calendars in by the 25<sup>th</sup> of the month. This ensures your loved one's reservation for the days you want and so helps those on the waitlist.