

March 2022



Friends News



1232 W. Beltline, Desoto, Tx 75115

(972)274-2484

Fax (972)274-0002

www.friendsplaceads.com

March Celebrations

| | |
|-----------|---|
| Tue 3/1 | Mardi Gras Parade |
| Tue 3/8 | Breakfast Bonanza – Quiche me quick my tonsils itch! |
| Mon 3/14 | Texas Winds – Sentimental Journey |
| Tue 3/15 | March Madness |
| Thu 3/17 | St. Patrick's Day |
| Fri 3/18 | Nurses' Day |
| Tue 3/22 | Birthday Celebration with Jim Gatlin |
| Thu 3/31 | Women in Comedy |
| Every Wed | Book Club |



Masking and COVID

As rules and regulations change, at Friends Place, we will continue to require masks until we return to the "green" as outlined by Dallas County. Please help us out by encouraging mask use when out and about. We are doing a great job and there is a light at the end of the tunnel.

Caregiver Corner COVID Conundrum

There is finally good news on the horizon. If you are anything like me, you have been keeping your finger on the pulse of all things COVID related. Regulations surrounding COVID have been increasingly relaxed, and many states are rescinding their mask mandates in favor of "test and treat" methods. There are some promising new drugs on the horizon: the new anti-viral medication promises to be a game changer in how we treat COVID19.

I know that I am tired of all of this. I never thought we would still be wearing masks in 2022, but here we are. Despite Texas relaxing their COVID protocols across the state, at Friends Place masks are still required. We continue to be vigilant in keeping COVID outside of our doors.

Spring brings with it an additional problem: allergies and COVID symptoms are almost impossible to distinguish. If you or a loved one has any symptoms, please get a rapid test. They are more available now. You can now claim additional rapid tests from the US government for free. If you are interested in additional resources regarding testing and where to get one, you can call us here at Friends Place and we will be happy to answer your questions.

Stay up to date on your booster shots. Some people are eligible for a second round of boosters for the COVID vaccine. Check with your doctor to see if an additional booster is right for you.

As always, we will update you if anything changes on our end, so be on the lookout for when we will be expanding our daily reservation numbers.

Email mhenry@friendsplaceads.com for more support group information.





Birthday Wishes to

Judy L – Mar 1
Georgia B – Mar 2
Buddy F – Mar 3
Andy M – Mar 4
Robert D – Mar 5
Jejuan E – Mar 26
Shirley G – Mar 27

Pam Long – Mar 12

Support Group at Friends Place

Alzheimer's Caregiver Support Group

ALL SUPPORT GROUPS ARE ONLINE ONLY

Tuesday, March 8
General Discussion
Time: 2:00-3:30 pm

Tuesday, March 22
Topic: Caregiver Support Research
Speaker: Valeria Silva, UTSW Medical Center
Time: 2:00-3:30

For the time being, the Alzheimer's Association has decided to move all support groups to online only. You can reach our support group with the following Zoom meeting information:

Zoom ID: 862 489 8239

Password: 380329

We anticipate being back in-person in April.

May the Luck of the Irish be with you!

Wear your best, most green clothing on March 17th. We will post the most creative outfit on our Facebook page, so stay tuned to see the greenest, most creative outfit!



MAKE YOUR RESERVATION

You can now submit a reservation calendar online! Email rhenny@friendsplaceads.com to receive a link and be added to a monthly mailing list. Paper copies are still available. Daily reservations are increasing to 30, so be sure to get yours before it is too late!