

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Mardi Gras</b> Chicken Gumbo Carrots Corn Bread Coleslaw Beignets	<b>1</b> Meatloaf Mashed Potatoes/ Gravy Green Beans Garden Salad Fresh Baked Cookie	<b>2</b> <b>National Cold Cuts Day</b> Turkey Sandwich Baked Chips Beets Green Salad Peach Cobbler	<b>3</b> Baked Fish Macaroni & Cheese Mixed Vegetables Cole Slaw Pound Cake w/Toppings
	<b>7</b> Chicken Fried Steak With Gravy Mashed Potatoes Garden Vegetables Coleslaw Ambrosia	<b>8</b> <b>National Meatball Day</b> Spaghetti & Meatballs Italian Flat Cut Beans Garlic Bread Tossed Salad Carrot Cake	<b>9</b> Smothered Chicken Roasted Potatoes Broccoli Spring Mix Salad Fresh Baked Cooke	<b>10</b> Tomato Basil Soup Grilled Cheese Sandwich Pasta Salad Garden Salad Brownie
	<b>14</b> Salisbury Steak Mashed Potatoes Peas & Carrots Garden Salad Fresh Baked Cookie	<b>15</b> Chicken Quesadilla Spanish Rice Pinto Beans Garden Salad Ambrosia	<b>16</b> <b>St. Patrick's Day</b> Irish Baked Salmon Colcannon Irish Soda Bread Green Salad Shamrock Cookies	<b>17</b> Vegetable Lasagna Italian Flat Beans Garlic Bread Caesar Salad Pineapple Upside Down Cake
	<b>21</b> Chicken Tenders Au Gratin Potatoes Broccoli Cole Slaw Pound Cake w/Toppings	<b>22</b> Swedish Meatballs Rice Pilaf Peas & Carrots Tossed Salad Cherry Cobbler	<b>23</b> Chicken Alfredo Over Pasta Garden Vegetables Garlic Bread Caesar Salad Chocolate Pudding	<b>24</b> Soft Taco Spanish Rice Black Beans Salad w/Avocado Ambrosia
	<b>28</b> <b>Taste of Ireland</b> Irish Chicken w/ Cabbage Irish Rarebit Scandinavian Vegetables Irish Pub Salad Pistachio Fluff	<b>29</b> Fried Chicken Macaroni & Cheese Mixed Vegetables Garden Salad <b>Lemon Chiffon Cake Day</b>	<b>30</b> Salisbury Steak Scalloped Potatoes Peas and Carrots Garden Salad Fresh Baked Cookie	<b>31</b> Pineapple Chicken Rice Pilaf Broccoli Coleslaw Birthday Cake
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All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available

Menus approved by: Julie Pan MS, RD

Date March 2021 2/15/2022