

Monday

Tuesday

Wednesday

Thursday

Friday

April 2022

Friends Place Richardson

All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS
Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available

					Baked Fish Macaroni & Cheese Mixed Vegetables Cole Slaw Pound Cake w/Toppings					1
Chili Baked Potato Peas and Carrots Garden Salad Pistachio Fluff	4	Smothered Chicken Rice Pilaf Broccoli Spring Mix Salad Fresh Baked Cookie	5	Chicken Fried Steak With Gravy Mashed Potatoes Garden Vegetables Coleslaw Chocolate Pudding	6	Garlic Herb Chicken Macaroni & Cheese Carrot Cascade Green Salad Lemon Cake	7	Quiche Florentine Fresh Fruit Mixed Vegetables Garden Salad Orange Sherbet	8	
Turkey Sandwich Baked Chips Beets Green Salad Brownie	11	Soft Taco Spanish Rice Black Beans Garden Salad Ambrosia	12	Chicken Alfredo Italian Flat Cut Bean Garlic Bread Caesar Salad National Peach Cobbler Day	13	Meatloaf Mashed Potatoes/ Gravy Mixed Vegetables Cole Slaw Fresh Baked Cookie	14	Baked Tilapia Rice Pilaf Broccoli Spinach Salad Birthday Cake	15	
Salisbury Steak Mashed Potatoes Broccoli Garden Salad Chocolate Cake	18	Pineapple Chicken Rice Pilaf Peas & Carrots Spring Salad Orange Fluff	19	Cheeseburger Fries Scandinavian Vegetables Coleslaw National Banana Day Banana Pudding	20	Chicken Tenders Au Gratin Potatoes Garden Vegetable Green Salad Strawberry Short Cake	21	Lasagna Italian Flat Cut Beans Garlic Bread Caesar Salad Fresh Baked Cookie	22	
Beef Enchiladas Mexican Rice Black Beans Garden Salad Ambrosia	25	Taste of France Salmon Meuniere Au Gratin Potatoes Green Beans Almondine French Green Salad Lemon Meringue Pie	26	BBQ Chicken Potato Salad Broccoli Coleslaw Brownie	27	Swedish Meatballs Rice Pilaf Peas & Carrots Spinach Salad Cupcakes	28	Tomato Basil Soup Grilled Cheese Sandwich Pasta Salad Garden Salad Apple Cobbler	29	

 Menus approved by: Julie Pan MS, RD

 Date 3/30/2022