

Monday	Tuesday	Wednesday	Thursday	Friday
Salisbury Steak Buttered Potatoes Broccoli Garden Salad Banana Pudding	1 Smothered Chicken Rice Pilaf Green Beans Spinach Salad National Ice Cream Sandwich Day	2 Meat Sauce w/ Spaghetti Italian Vegetables Garlic Bread Caesar Salad Brownie	3 Chicken Tenders Scalloped Potatoes Peas Garden Salad National Chocolate Chip Cookie Day	4 Turkey Sandwich Baked Chips Beets Green Salad Pound Cake w/Toppings
8 Garlic Herb Chicken Baked Sweet Potatoes Carrot Cascade Green Salad Ambrosia	9 Baked Fish Macaroni & Cheese Mixed Vegetables Coleslaw Peach Cobbler	10 Cheeseburger French Fries Green Beans Spring Salad National S'mores Day	11 Chicken Salad Pasta Salad Fresh Fruit Caesar Salad Fresh Baked Cookie	12 Soft Taco Mexican Rice Pinto Beans Garden Salad Lemon Cake
15 Meatloaf Mashed Potatoes Garden Vegetables Spring Salad National Lemon Meringue Pie Day	16 BBQ Chicken Roasted Potatoes Green Beans Coleslaw Ambrosia	17 Swedish Meatballs Noodles Carrot Cascade Garden Salad Orange Sherbet	18 Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Spinach Salad Strawberry Parfait	19 Lasagna Scandinavian Vegetables Garlic Bread Caesar Salad Brownie
22 Breaded Fish Macaroni & Cheese Mixed Vegetables Coleslaw Pistachio Fluff	23 Pizza Corn Pea Salad Caesar Salad Birthday Cake	24 Lemon Pepper Chicken Rice Pilaf Broccoli Green Salad National Peach Pie Day	25 Chicken Fried Steak With Gravy Mashed Potatoes Garden Vegetables Garden Salad National Banana Split Day	26 Quiche Florentine Carrot Cascade Fresh Fruit Spring Salad Fresh Baked Cookie
29 Sloppy Joe on Bun Baked Chips Peas & Carrots Green Salad Orange Sherbet	30 Chicken Quesadillas Spanish Rice Pinto Beans Coleslaw Sopapilla	31 Tuna Casserole Garden Vegetables Beets Caesar Salad Chocolate Cake	 <p><i>August 2022</i> Friends Place Richardson</p> <p>All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available</p>	

Menus approved by: Julie Pan MS, RD Date: 07/21/2022