


Monday

Tuesday

Wednesday

Thursday

Friday

 <p><i>September 2022</i> Friends Place Richardson</p> <p>All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available</p>				Soup Grilled Cheese Sandwich Fresh Fruits Spring Salad Assorted Pie	1	Pizza Corn Pea Salad Caesar Salad Lemon Cake	2		
CLOSED LABOR DAY	5	Meatloaf Scalloped Potatoes Mixed Vegetables Garden Salad Cherry Cobbler	6	Chicken Salad Pasta Salad Fruit Salad Spring Salad Fresh Baked Cookies	7	Baked Fish Macaroni & Cheese Broccoli Coleslaw Brownie	8	Fried Chicken Garden Rice Carrot Cascade Spinach salad Pistachio Fluff	9
	12	Salisbury Steak Mashed Potatoes California Vegetables Spring Salad Birthday Cake	13	Chicken Quesadilla Spanish Rice Pinto Beans Spinach Salad Ambrosia	14	Lasagna Scandinavian Vegetables Garlic Bread Caesar Salad Orange Sherbet	15	Chicken Tenders Potato Salad Mixed Vegetables Garden Salad Fresh Baked Cookie	16
	19	Breaded Fish Scalloped Potatoes Broccoli Spinach Salad Lemon Cake	20	Taste of Egypt Luxor Meat Pie Hummus Sphinx Fries Sahara Salad Baklava	21	Parmesan Crusted Chicken Sweet Potatoes Mixed Vegetables Garden Salad Brownie	22	Quiche Lorraine Carrot Cascade Fresh Fruit Coleslaw Peach Cobbler	23
	26	Breaded Chicken Macaroni & Cheese Mixed Vegetables Green Salad Fresh Baked Cookie	27	Chicken Fried Steak w/ Gravy Mashed Potatoes Green Beans Garden Salad Orange Fluff	28	Tomato Basil Soup Pimento Cheese Sandwich Baked Chips Caesar Salad Pound Cake w/Toppings	29	BBQ Chicken Baked Potato Garden Vegetables Spinach Salad Ambrosia	30

Menus approved by: Julie Pan MS, RDDate 8/24/2022