

# Friends News

October 2022



1960 Nantucket, Richardson, TX 75080 \* 972-437-2940 \* Fax 972-437-2953 \* [www.friendsplaceads.com](http://www.friendsplaceads.com)

## Friends Staff

Mina Choudhury

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Laura Hatfield

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Elizabeth Juhasz

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Virginia Kousal

Sylvia Mast

Sheree Wood

Gene Ragsdale

Nebil Ibrahim

Ramone Lynch

## Founder & Mentor:

Pam Johnson

## Friends Fall Fair is here!

The State Fair of Texas has nothing on us! Enjoy this spectacular, chock-full of fun day of delicious fair food, stellar guests, fun games, sweet animals, a cake walk & more!

**PHOTO BOOTH for you & your loved one-dress the part!**

**Monday, October 17<sup>th</sup>**

## Opportunities That Make a True Difference

### \*Annual Walk to End Alzheimer's\*

**Saturday, November 5**

Be a part of our team and help us reach our goal!

Sign up to walk with us (Meet us on the plaza at Dallas City Hall) **or** be an at-home team member. Ask family and friends to donate in your name. Donations accepted online or in front office. For more info, please call our office at 972-437-2940.



**\$20**

Join our team "Friends Place" for the Walk to End Alzheimer's on Saturday, Nov 5th. Show your support by purchasing a Walk T-shirt in our office or make a donation at <http://act.alz.org/goto/FriendsPlace>

All proceeds go to the walk team fundraising efforts.

And the fall fun continues at Friends Place with our annual

## Ladies' Autumn Tea

*Bringing on the elegance with our lovely seasonal celebration.*

**Monday, October 31 2:00 in the afternoon**

And, it's almost time to do the...

## Monster Mash

**Wear your costume Monday, October 31! Happy Halloween!!!**

## Caregivers Support Groups

*Open to the public. Care usually available at no charge with reservations 972-437-2940.*

### Ladies' Support Group

Meets 1st Wednesday/month  
October 5  
2:00-3:30 pm

### Alzheimer's Association's Caregiver Support Group

Discussion Group  
2nd Thursday/month  
October 13  
2:00-3:30 pm

### Informational Session

"Informational" series continues with  
Erin W. Pierce  
*Attorney*  
Leu & Pierce Elder Law  
Guest Speaker 4<sup>th</sup> Thursday/month  
October 27  
2:00-3:30 pm






## 24/7 Alzheimer's Association's Helpline 1-800-272-3900

Caregivers face unique challenges every day and the timings of these instances is often unpredictable. One tool we have found beneficial is the Alzheimer's Association 24/7 Helpline. Caregivers can call any day, any time and reach qualified professional. This helpline is not just for our loved ones with cognitive challenges. Caregivers are encouraged to call on their own behalf.

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**REMINDER:** As the weather gets cooler, please consider layering up and/or send a sweater or light jacket. Please be sure to put names or initials on sweater/jacket tags. *Thank you!*

## A SPOOKTACULAR OCTOBER!

T	4	National Taco Day 	12:30pm
Th	6	Heart of Texas Therapy Dogs Dave Walser Performs	11:45am 2:00 pm
T	11	Birthday Party with Marty Ruiz 	2:00pm
M	17	<b>Friends Place Fair Day!!!</b> 	All Day
W	19	Wind Down Wednesday	3:15pm
W	26	Texas Winds performs Paul Demer & Hootenanny Trio	11:00am
F	28	Staycation Germany 	All Day
M	31	Monster Mash Halloween Party  Ladies' Autumn Tea	All Day 2:00pm

*And as always, offering daily chair exercise, Tai Chi, Bingo, Singalongs, & 20-25 other activities. Spanish Club on Monday morning, Book Club on Tuesday morning, and so much more!*

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### Very Happy October Birthday wishes to:

6-E.A. Raghavan), 7-Milton Farmer,  
10-Errol Mitlyng, 15-Monnie Richards,  
22-Arland Philson, 25-Phil S.

### Wishing a warm Friends Place welcome to:

Luis Garcia Mary Jonietz