

Monday

Tuesday

Wednesday

Thursday

Friday









December 2022

Friends Place Adult Day Services

DeSoto, Tx. 75115



Monday		Tuesday		Wednesday		Thursday		Friday	
Volunteer Appreciation Day 5		St. Nicolas Day 6		Cold Moon Day 7		Deck the Halls Day 1		That's My Dog Day 2	
10:00 Morning Seminar - End of Prohibition/The Good News Story Hour /Searching For December/ 10:45 Seminar Cont'd / Penny Pitching /Dice Hopscotch 11:30 Exercise/Singing 1:30 Sing Fit: The Making of Disco / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ This, That, Everything / Enrichment / 3:00 Bingo(cont'd) / Would You Rather / / 3:45 Hangman/ Light and Lively 4:15 That's It		10:00 Morning Seminar - St. Nicholas Day/Bowling /Cooking Class: Christmas Dog Treats/ 10:45 Seminar Cont'd / Golf /Cooking Class: Christmas Dog Treats 11:30 Exercise/Singing 1:30 Sing Fit: You Are My Sunshine / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Jeopardy / Enrichment / 3:00 Bingo(cont'd) / 5 Second Rule / / 3:45 A-Z Trivia/ Light and Lively 4:15 Comparisons		10:00 Morning Seminar - Book Club: A Christmas Carol/Golf / Christmas Tea Time / 10:45 Seminar Cont'd / Finishing Lyrics /Christmas Tea Time 11:30 Exercise/Singing 1:30 Sing Fit: Popular Songs of the 1940's / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Madlibs / Enrichment / 3:00 Bingo(cont'd) / Name 10 / / 3:45 Pictionary/ Light and Lively 4:15 Bible Trivia		10:00 Morning Seminar - New in Egyptology/Chair Volleyball /Making Christmas Ornaments/ 10:45 Seminar Cont'd / Parachute /Making Christmas Ornaments 11:30 Exercise/Singing 1:30 Sing Fit: The Farmers' Almanac/ Dominoes/ Enrichment 2:00 Birthday Celebration with Gary Freeman 3:00 Bingo(cont'd) / A-Z Trivia / / 3:45 USA Brainbox/ Light and Lively 4:15 Loaded Questions		10:00 Morning Seminar - A Charlie Brown Christmas/Question Ball /Christmas Gift Tags/ 10:45 Seminar Cont'd / Bowling /Bonkers Dice 11:30 Exercise/Singing 1:30 Sing Fit: On Tour with Classic Crooners / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Who Wants to Be a Millionaire / Enrichment / 3:00 Bingo(cont'd) / Family Feud / / 3:45 Wacky Wordies/ Light and Lively 4:15 This, That, Everything	
Dozen Day 12		Grinches Day 13		Celebrating the Holidays with Sherry Hamilton 14		A Christmas Program With Turning Point Academy 15		Gift Wrapping Day 16	
10:00 Morning Seminar - Skiing and Resorts/Bean Bag Toss /Snow Day Detective/ 10:45 Seminar Cont'd / Basketball /Snow Day Detective 11:30 Exercise/Singing 1:30 Sing Fit: Celebrating Motown / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Taboo / Enrichment / 3:00 Bingo(cont'd) / Act It Out / / 3:45 Game of Things/ Light and Lively 4:15 Word Train		10:00 Morning Seminar - Dick Van Dyke/Washers /Cooking Class: Ugly Sweater Cookies/ 10:45 Seminar Cont'd / Golf /Cooking Class: Ugly Sweater Cookies 11:30 Exercise/Singing 1:30 Sing Fit: Classic Hits of the 1970's / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Would You Rather / Enrichment / 3:00 Bingo(cont'd) / Scattergories / / 3:45 Word Workout/ Light and Lively 4:15 A-Z Categories		10:00 Morning Seminar - Book Club: A Christmas Carol/Cornhole /Personal Christmas Cards/ 11:00 Sherry Hamilton Performs 12:00 Exercise 1:30 Sing Fit: Famous Festivals of the 1960's / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ USA Brain Box / Enrichment / 3:00 Bingo(cont'd) / Loaded Questions / / 3:45 12 Months of Trivia/ Light and Lively 4:15 Who Wants to Be a Millionaire		10:00 Morning Seminar - Alle Learning/Bean Bag Toss /Stocking Stuffer Stumper Game/ 11:00 Turning Point Christian Academy Performs 12:00 Exercise 1:30 Sing Fit: Delighting the Senses / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ A-Z Trivia / Enrichment / 3:00 Bingo(cont'd) / Hangman / / 3:45 Name 10/ Light and Lively 4:15 Finish the Phrase		10:00 Morning Seminar - Hanukkah/Bowling / Pillow Project / 10:45 Seminar Cont'd / Finish the Phrase /Pillow Project 11:30 Exercise/Singing 1:30 Sing Fit: Striking Gold / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Everyday Trivia / Enrichment / 3:00 Bingo(cont'd) / Word Workouts / / 3:45 Fact or Crap/ Light and Lively 4:15 Ungame	
Ugly Sweater Contest 19		A Caroling We Go Day 20		Winter Solstice 21		Movie Day: It's A Wonderful Life 22		CLOSED 23	
10:00 Morning Seminar - Humphrey Bogart/The Good News Story Hour /Gnome Decorations/ 10:45 Seminar Cont'd / Question Ball /Gnome Decorations 11:30 Ugly Sweater Contest 1:30 Sing Fit: Before They Were Famous / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Comparisons / Enrichment / 3:00 Bingo(cont'd) / Madlibs / / 3:45 Guess the State/ Light and Lively 4:15 Pictionary		10:00 Morning Seminar - Kwanzaa/Parachute /Cooking Class: Nutter Butter Reindeer/ 10:45 Seminar Cont'd / Hangman /Cooking Class: Nutter Butter Reindeer 11:30 Exercise/Singing 1:30 Sing Fit: Fun Folk Festivals Across The USA / Enrichment/ 2:30 Bingo/ Wacky Wordies / Enrichment / 3:00 Bingo(cont'd) / Think Fast / / 3:45 Call Out The Answer/ Light and Lively 4:15 Boggle		10:00 Morning Seminar - Book Club: A Christmas Carol/Golf /Hershey Kiss Trees/ 10:45 Seminar Cont'd / Chair Volleyball /Hershey Kiss Trees 11:30 Exercise/Singing 1:30 Sing Fit: A Musical Journey Through Springtime Christian Holidays / Enrichment/ 2:30 Bingo/ That's It / Enrichment / 3:00 Bingo(cont'd) / Fact Vs Crap / / 3:45 Scattergories/ Light and Lively 4:15 Listmania		10:00 Morning Seminar - New Years Traditions/Penny Pitching /Dot to Dot Pictures/ 10:45 Seminar Cont'd / Cornhole /Coin Bowling 11:30 Exercise/Singing 1:30 Sing Fit: Country Music Across The USA / Enrichment/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Game of Things / Enrichment / 3:00 Movie Day(cont'd) / Call Out The Answer / / 3:45 A-Z Trivia/ Light and Lively 4:15 Name 10			
CLOSED 26		CLOSED 27		CLOSED 28		CLOSED 29		CLOSED 30	
									
								Reopen Tue Jan 3	

Breakfast/ Chit-chat 8:00 am – 10:00 am . Afternoon Snack 3:30pm.