

Monday	Tuesday	Wednesday	Thursday	Friday
Smothered Chicken Roasted Potatoes Broccoli Spring Mix Salad Assorted Cobbler	<b>3 National Carrot Day</b> Hot Dog Sweet Potato Fries Scandinavian Vegetable Coleslaw Carrot Cake	<b>4</b> Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Garden Salad Fresh Baked Cookie	<b>5</b> Beef Lasagna Italian Flat Cut Beans Garlic Bread Green Salad Strawberry Parfait	<b>6</b> Baked Salmon Au Gratin Garden Vegetables Spinach Salad Apple Pie
Meatloaf Mashed Potatoes/ Gravy Mixed Vegetables Garden Salad Chocolate Pudding	<b>10</b> Lemon Pepper Chicken Roasted Potatoes Carrot Cascade Green Salad Fresh Baked Cookie	<b>11 National Grilled Cheese Day</b> Tomato Basil Soup Grilled Cheese Sandwich Baked Chips Spinach Salad Lemon Cake	<b>12</b> Parmesan Crusted Chicken Rice Pilaf Scandinavian Vegetables Spring Salad <b>Peach Cobbler Day</b>	<b>13</b> Cheeseburger French Fries Peas & Carrots Coleslaw Brownie
Chicken Quesadilla Spanish Rice Pinto Beans Garden Salad Ambrosia	<b>17</b> Baked Fish Macaroni & Cheese Mixed Vegetables Spinach Salad Pistachio Fluff	<b>18 National Banana Day</b> King Ranch Chicken Cornbread Broccoli Coleslaw Banana Pudding	<b>19</b> Chicken Fried Steak Mashed Potatoes Carrot Cascade Caesar Salad Fresh Baked Cookie	<b>20</b> Chicken Salad Pasta Salad Fresh Fruit Spring Salad Birthday Cake
Salisbury Steak Mashed Potatoes Scandinavian Vegetable Coleslaw Pistachio Fluff	<b>24</b> Fried Chicken Macaroni & Cheese Green Bean Green Salad Brownie	<b>25</b> Turkey Sandwich Baked Chips Beets Garden Salad Cherry Cobbler	<b>26</b> Soft Taco Spanish Rice Pinto Beans Spring Salad Ambrosia	<b>27</b> Chicken Alfredo Italian Vegetables Garlic Bread Caesar Salad Pineapple Upside Down Cake
				<b>28</b>

## Friends Place Richardson

# April 2023

All meals served with Iced Tea or Lemonade and Fresh Baked Rolls unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is **not** available

Menus approved by: Julie Pan MS, RD

Date: 3/22/2023