

Friends Place Newsletter

July 2023



1960 Nantucket, Richardson, TX 75080

972-437-2940

Fax 972-437-2954

www.friendsplaceads.com

Friends Staff

Mina Choudhury

Jackie Coalter

Claire Iwuoha

Lisa Bonner

Sandy Kniffen

Laura Hatfield

Heather Brackett

Elizabeth Juhasz

Bill Ferguson

Virginia Kousal

Sheree Wood

Gene Ragsdale

Francesca Pereira

Laura Bustos

Alyssa Alsup

Dwayne Johnson

Firas Ahmed

Founder & Mentor:

Pam Johnson

**Friends Place will be closed on Tuesday, July 4th
to celebrate the holiday with family & friends.**

July Activity Calendar

M	3	Celebrating U.S.A Red, White & Blue	All Day
F	7	World Chocolate Day	All Day
Th	13	Heart of Texas Therapy Dogs	11:00 am
W	19	Wind Down Wednesday	3:15 pm
F	21	Plano Symphony Orchestra	1:30 pm
M	24	National Cowboy Day July Birthday Party: Norris Perry Performs	All Day 2:00 pm
F	28	Texas Winds Outreach String Quartet	11:00 am



Happy Independence Day, Y'all!

Extraordinary Hearts of Service

In partnering with the wonderful organization, Alzheimer's Association
"The Longest Day"

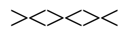
Appreciation to **ALL** who participated by purchasing all those
deee-lish cupcakes, and much gratitude for those
who purchased the donuts from Sandy, as well.

YOU make a difference for others, **THANK YOU!!!**

Proceeds support the Dallas Chapter of the Alzheimer's Association.

Caregiver's Support Groups

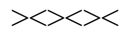
Open to the public. Care is usually available at no charge with reservation. 972-437-2940.



Ladies' Support Group

Meets 1st Wednesday/month

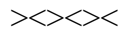
July 5 2:00-3:30 pm



Alzheimer's Association's Caregiver's Support Group

Discussion Group the 2nd Thursday/month

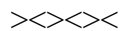
July 13 2:00-3:30 pm



Men as Caregivers

Meets 3rd Thursday/month

June 20 2:00-3:30 pm



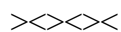
Informational Session

Guest Speaker presentation on 4th Thursday/month

July 27 2:00-3:30 pm

Guest Speaker: Andrea Hester

Kerwin Medical Center



24/7 Alzheimer's Association's Helpline 1-800-272-3900

Caregivers face unique challenges every day and the timings of these instances is often unpredictable. One tool we have found beneficial is the Alzheimer's Association 24/7 Helpline. Caregivers can call any day, any time and reach qualified professional. This helpline is not just for our loved ones with cognitive challenges. Caregivers are encouraged to call on their own behalf.



What do you get if you cross a patriotic American with a small curly-haired dog?

Yankee Poodle!

Wishing a very happy July birthday to:

1	Bruce O'Donnell
1	Floyd Mangum
9	Janice Sokolove
18	Norman Ingle
21	James Pierson
21	Hector Espinoza
24	Paul Martin
28	Shelba Addington
31	David Conner

...and a hearty welcome to new friends!

Vernita Aikens

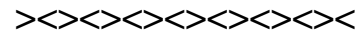
Grace Enlow

Trish Gregory

Robert Hill

Dora Overton

Barbara Vidal



What's your favorite thing about Independence Day?



"It's *All* about the Independence!" ~Bill

"**Family.** Being together with the family is so much fun, the burgers and grilling and big fireworks.

Doing all of that together." ~Joel

"The **Fireworks!**" ~Alyssa

Privilege to make *Choices!* ~Judy

"Supporting our **Military!**" ~Mike

On this Fourth of July

With Great Respect in our Hearts, we give thanks to all the great soldiers who make our land free.

Land of the Free because of the **BRAVE!**

