

Monday

Tuesday

Wednesday

Thursday

Friday



**RICHARDSON**

# June 2023

Breakfast & Morning Snacks Served until 10:00 a.m.  
Water & Juice 11:00 a.m. Lunch 12:30 p.m.  
Afternoon Snack 3:15 p.m.

10:10 Competitive Games-Faces & Places-Category Puzzle-  
Finishing Lines-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 It's a Guy Thing-Girl Talk-Scramble Sentences-  
Gestures-Word Pyramid-Extra Activity  
2:15 BINGO-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Superstitions

**National Yo-yo Day/D-Day**  
10:10 Competitive Games-Who/What & Where?-Riddle Jumble  
Name Ten-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 D Day Invasion Quiz-Girl Talk/Friends-Shrinking Words-  
American Trivia-Family Feud-Extra Activity  
2:15 BINGO-Sorting/Matching-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Compound Words

**National Chocolate Ice Cream Day  
Ladies only Support Group**  
10:10 Competitive Games-Take a "Trip"-Drop a Letter-  
Memory Boards-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Gentlemen's Club-Mixed Up Summer-Word Boxes-  
Short Stories-Spill & Spell-Extra Activity  
2:15 BINGO-Scraples-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Chicken Soup for the Soul

**Alzheimer's Support Group  
World Ocean Day**  
10:10 Competitive Games-Turtles Quiz-Create a Story-  
Bike Ride Scrabble-Wiz Quiz-Extra Activity  
11:10 Heart of Texas Therapy Dogs-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Ocean Facts and Trivia-Girl Talk/A Day at the beach-  
Island Quiz-Surf & Sand Word Ladder-Extra Activity  
2:15 BINGO-Farkle-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Poetry

**National Donut Day/National  
Donut Fundraiser for the Longest Day**  
10:10 Competitive Games-Chat Pak-Donut Category Puzzle-  
Call out the Answer-June Trivia-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 I Interrupt This Broadcast-Girl Talk/Music Trivia-  
Strengthen Your Mind-Glazed Doughnuts Mining-  
Extra Activity  
2:15 BINGO-Blurr-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Comedy & Snack

10:10 Competitive Games-Magazine Scavenger Hunt-  
You Be the Judge-Brain Bashers-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Tool Riddle Jumble-Song Pictionary-Shut the Box-  
Crack the Code-Hangman-Extra Activity  
2:15 BINGO-Spill & Spell-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Apples to Apples

**National Sewing Machine Day**  
10:10 Competitive Games-Super Quiz-Famous Faces-  
Word Scramble-Century 21-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 It's a Guy Thing/Tool Time-Wedding Checklist Scramble-  
Name Ten/Wedding addition-Mix & Matching  
2:15 BINGO-Ultimate Senior Trivia-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Chicken Soup for the Soul

**Flag Day/Happy Birthday Army 1775  
Strawberry Shortcake Day**  
10:10 Competitive Games-Find the Linking Word-Flag Day-  
Flag Day Trivia-Flag Day Mining-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 History of the Army/Flag Day-Girl Talk/Laundry list-  
Spelling Allegiance-Flag Day Alphabet Code-Extra Activity  
2:15 BINGO-Banana Gram-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Would You Rather?

**Men's only Support Group  
National Smile Day**  
10:10 Competitive Games-Positive Word Scramble-  
Trivia A to Z-Brain Bats-Memory Boards-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 It's a Guy Thing/Golf-Girl Talk/Candy Fun Trivia-  
Compound Word Challenge-Category Puzzle-  
Extra Activity  
2:15 BINGO-Scraples-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Clue Trivia

**Tie One On Father's Day Celebration**  
10:10 Competitive Games-Father's Day IQ-Logical Father's Day  
Mixed-Up Father's Day-Men Will Be Men-Extra Activity  
11:00 Class Act Tap Dancers Perform  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Famous Father's & Sons  
2:00-3:00 Snow Cone Truck  
2:15 BINGO-Reminiscing Cards-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Comedy & Snack

10:10 Competitive Games-Precious Moments-Word Ladder  
Word Boxes-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 American Trivia-Girl Talk-Word Wheel-Catch Phrase-  
Journey Through the 20<sup>th</sup> Century-Extra Activity  
2:15 BINGO-Common Factor-Boggle-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel Of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Poetry

10:10 Competitive Games-Word in a Word-Bulletin Board  
Judge for Yourself-Category Puzzle-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 I Interrupt This Broadcast-Girl Talk/Music-Qwirkle  
Strengthen Your Minds-Shut the Box-Extra Activity  
2:15 BINGO-Memory Boards-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Hollywood Flashbacks

**Summer Solstice Longest Day**  
10:10 Competitive Games-Mixed Up Summer-"Night" and "Day"  
Keep Your Brain Young-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Farmer's Almanac-Crazy Days of Summer-Gestures-  
Wacky Wordies-Extra Activity  
2:15 BINGO-Song Pictionary-Art Corner-Extra Activity  
3:15 Wind Down Wednesday  
3:45 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Summer Solstice

**Informational Support Group**  
10:00 Plano Symphony Performs  
10:30 Competitive Games-Movie Stars of the 40's-Squared Up-  
Trivia A to Z-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 It's a Guy Thing/Skyscrapers-Girl Talk/House Rules-  
Word Tag-Left, Right, Center-Extra Activity  
2:15 BINGO-Shake Loose a Memory-Colorist Corner-  
Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Chat Pak

10:10 Competitive Games-Memory Street-Drop a Letter-  
Category Puzzle-The Common Factor-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Trivia Challenge For Seniors-Girl Talk/Pen Pal-Jopardy-  
Patch Work Puzzle-Extra Activity  
2:15 BINGO-Compound Word Challenge-Art Corner-  
Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Word in a Word

**Stacyation to India**  
10:10 Competitive Games-Things that start with letter "T"-  
Coded Message from India-Ghandi Category Puzzle-  
Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Travel to Ghandi-Girl Talk/India Fashion-Indian Jeopardy-  
Indian Proverbs-Extra Activity  
2:15 BINGO-Memory Boards-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Common Factor

**National Sunglasses Selfie Day**  
10:10 Competitive Games-Precious Moments-Word Ladder  
Word Boxes-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 It's a Guy Thing-Fashion Forecast-Word Wheel-  
Catch Phrase-Extra Activity  
2:15 BINGO-Common Factor-Boggle-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel Of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Poetry

10:10 Competitive Games-The Common Factor-Word Web  
Words that Start & End?-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Historical Figures-Call Out the Answer-Candid Camera-  
Memory Street-Extra Activity  
2:15 BINGO-Hand Bells-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Reminiscing Card

10:10 Competitive Games-Super Quiz-Judge for Yourself-  
Queens Through the Ages-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Trivia Challenge for Seniors-Queen's Jubilee-  
Scraples-Mix & Matching-Elizabeth III/US Presidents  
2:15 BINGO-Reminiscing Cards-Skip Bo-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Faces & Places

10:10 Competitive Games-Chat Pak-Happy Camper Word  
Would you Rather-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Faces & Places  
2:00 Birthday Party with Tony Macaroni  
3:00 BINGO-Blurr-Art Corner-Extra Activity  
3:30 Chair Tia Chi w/Laura-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 Dominos Tournament Cont.  
5:00 Short Stories

Daily 9:15 -10:10 Coffee, Chit Chat, News &