

Monday

Tuesday

Wednesday

Thursday

Friday



Friends Place Richardson
June 2023

All meals served with Iced Tea or Lemonade and Fresh Baked Rolls unless otherwise indicated. For NCS Diets-Fresh Fruit, 1/2 portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets-Table salt is not available.

Lemon Pepper Chicken 5 Roasted Potatoes Scandinavian Vegetables Spinach Salad Banana Pudding	Sloppy Joe on Bun 6 Corn Peas & Carrots Coleslaw Ambrosia	Smothered Chicken 7 Rice Pilaf Mixed Vegetables Spring Mix Salad National Chocolate Ice Cream Day	Chicken Quesadilla 1 Spanish Rice Pinto Beans Green Salad Tres Leches	2 Salisbury Steak Mashed Potatoes Garden Vegetables Spring Salad Brownie
Meatloaf 12 Au Gratin Potatoes Mixed Vegetables Caesar Salad Orange Fluff	Sweet & Sour Chicken 13 Vegetable Fried Rice Egg Roll Spring Salad Banana Pudding	Swedish Meatballs 14 Noodles Green Beans Spinach Salad National Strawberry Shortcake Day	Chicken Fried Steak 8 With Gravy Mashed Potatoes Broccoli Garden Salad Fresh Baked Cookie	9 Baked Fish Macaroni and Cheese California Vegetables Coleslaw Strawberry Parfait
Chicken Tenders 19 Macaroni & Cheese Garden Vegetable Green Salad Brownie	Turkey Sandwich 20 Potato Chips Beets Spring Salad Apple Pie	Baked Fish 21 Rice Pilaf Scandinavian Vegetables Coleslaw Chocolate Pudding	Quiche Florentine 15 Garden Vegetables Fresh Fruit Green Salad Peach Cobbler	16 Father's Day Picnic Cheeseburger French Fries Carrots Coleslaw Fresh Baked Cookie
Staycation to India 26 Chicken Korma Rice Pilaf Vegetable Bhaji Cucumber/Tomato Salad Rice Pudding	Soft Taco 27 Spanish Rice Pinto Beans Green Salad w/Avocado Tres Leches	Tomato Basil Soup 28 Grilled Cheese Sandwich Fresh Fruit Spinach Salad Ambrosia	Lasagna 22 Italian Flat Cut Beans Garlic Bread Caesar Salad Fresh Baked Cookie	23 BBQ Chicken Potato Salad Mixed Vegetables Tossed Salad Lemon Cake
Garlic Herb Chicken 29 Au Gratin Potatoes Carrot Cascade Garden Salad Cherry Cobbler	29 Meat Sauce w/Pasta Italian Flat Cut Beans Garlic Bread Coleslaw Birthday Cake		30	

Menus approved by: Julie Pan MS, RD Date 5/30/2023