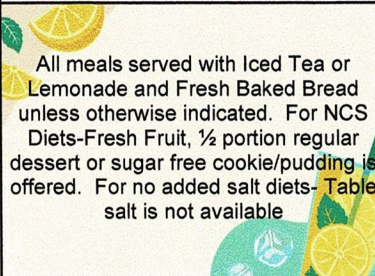


Monday	Tuesday	Wednesday	Thursday	Friday	
	Lemon Pepper Chicken 1 Roasted Potatoes Carrot Cascade Green Salad Brownie	Salisbury Steak 2 Rice Pilaf Broccoli Garden Salad Fresh Baked Cookie	Smothered Chicken 3 Mashed Potatoes Scandinavian Vegetables Spring Mix Salad Peach Cobbler	Lasagna 4 Mixed Vegetables Garlic Bread Caesar Salad Pound Cake w/Topping	
	Meatloaf 7 Mashed Potatoes Garden Vegetables Spring Salad Apple Pie	Baked Fish 8 Macaroni & Cheese Peas & Carrots Caesar Salad Orange Sherbet	Chicken Quesadilla 9 Spanish Rice Pinto Beans Green Salad Chocolate Pudding	Swedish Meatballs 10 Noodles Mixed Vegetables Spinach Salad Fresh Baked Cookie	BBQ Chicken 11 Potato Salad Green Beans Coleslaw Ambrosia
	Chicken Alfredo 14 Italian Flat Cut Beans Garlic Bread Caesar Salad Orange Sherbet	Chicken Fried Steak 15 With Gravy Mashed Potatoes Garden Vegetables Spinach Salad Birthday Cake	Garlic Herb Chicken 16 Roasted Sweet Potatoes Carrot Cascade Green Salad Apple Pie	Hamburger w/Trimming 17 Crinkle Cut Fries Peas & Carrots Coleslaw Banana Pudding	Chicken Salad 18 Pasta Salad Fresh Fruit Spring Salad Brownie
	Meat Sauce w/Pasta 21 Green Beans Garlic Bread Green Salad Ambrosia	Fried Chicken 22 Au Gratin Potatoes Scandinavian Vegetables Coleslaw Peach Cobbler	Beef Enchilada 23 Mexican Rice Pinto Beans Spinach Salad Pound Cake w/Topping	Baked Fish 24 Macaroni & Cheese Broccoli Garden Salad Fresh Baked Cookies	Tomato Basil Soup 25 Grilled Cheese Sandwich Fresh Fruit Spring Salad Banana Split
	Soft Taco 28 Mexican Rice Pinto Beans Garden Salad Brownie	Swiss Chicken 29 Roasted Potatoes Mixed Vegetables Spinach Salad Strawberry Shortcake	Sloppy Joe on Bun 30 Corn Garden Vegetables Green Salad Fresh Baked Cookie	Sweet & Sour Chicken 31 Vegetable Fried Rice Eggroll Spring Salad Pistachio Fluff	 All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available

Menus approved by: Julie Pan MS, RD  MS RD Date July 19, 2023