

Monday

Tuesday

Wednesday

Thursday

Friday

Friends Place Richardson

September 2023



All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets- Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available

Meatloaf	1
Mashed Potatoes	
Garden Vegetables	
Green Salad	
Banana Pudding	

CLOSED LABOR DAY	4	National Cheese Pizza Day Pasta Salad Pea Salad Caesar Salad Lemon Cake	5	Lemon Pepper Chicken Roasted Potatoes Carrot Cascade Green Salad Fresh Baked Cookie	6	Lasagna Scandinavian Vegetables Garlic Bread Garden Salad Brownie	7	Smothered Chicken Rice Pilaf Green Beans Spring Mix Salad Peach Cobbler	8
	11	Soft Taco Mexican Fiesta Rice Pinto Beans Spring Salad Ambrosia	12	Garlic Herb Chicken Roasted Sweet Potatoes Carrot Cascade Coleslaw Apple Pie	13	Taste of Egypt Luxor Meat Pie Hummus Sphinx Fries Egyptian Tossed Salad Sahara Sand Pudding	14	Chicken Tenders Potato Salad Corn Garden Salad Fresh Baked Cookie	15
Cheeseburger Day	18	Baked Fish Macaroni & Cheese Scandinavian Vegetables Caesar Salad Strawberry Parfait	19	Fried Rice Day Sweet & Sour Chicken Fried Rice Egg Roll Spring Salad Orange Fluff	20	Chicken Fried Steak with Gravy Mashed Potatoes Carrots Garden Salad Ambrosia	21	BBQ Chicken Baked Potato Garden Vegetables Spinach Salad Orange Sherbet	22
Quesadilla Day	25	Tomato Basil Soup Pimento Cheese Sandwich Baked Chips Green Salad Pound Cake w/Toppings	26	Sloppy Joe on Bun Corn Garden Vegetables Coleslaw Cherry Cobbler	27	Fried Chicken Scalloped Potatoes Carrot Cascade Spinach salad Fresh Baked Cookie	28	Salisbury Steak Rice Pilaf Broccoli Garden Salad Ambrosia	29

Menus approved by: Julie Pan MS, RD

Date 8/24/23