

# Friends News

October 2023



1960 Nantucket, Richardson, TX 75080 \* 972-437-2940 \* Fax 972-437-2953 \* [www.friendsplaceads.com](http://www.friendsplaceads.com)

## Friends Staff

Mina Choudhury

Jackie Coalter

Claire Iwuoha

Lisa Bonner

Sandy Kniffen

Laura Hatfield

Heather Brackett

Elizabeth Juhasz

Bill Ferguson

Virginia Kousal

Sheree Wood

Gene Ragsdale

Francesca Pereira

Laura Bustos

Alyssa Alsup

Dwayne Johnson

Firas Ahmed

Anita Wolf

**Founder & Mentor:**

Pam Johnson

## Friends Fall Fair is here!

The State Fair of Texas has nothing on us! Enjoy this spectacular, chock-full of fun day of delicious fair food, stellar guests, fun games, sweet animals, a cake walk & more!

**PHOTO BOOTH** for you & your loved one (dress the part)

**Friday, October 6<sup>th</sup>**

## *Opportunities That Make a True Difference*

### **\*Annual Walk to End Alzheimer's\***

**Saturday, November 4**

Be a part of our team and help us reach our goal!

Sign up to walk with us (Meet us on the plaza at Dallas City Hall) **or** be an at-home team member. Ask family and friends to donate in your name. Donations accepted online or in front office. For more info, please call our office at 972-437-2940.



*And the Fall Fun continues at Friends Place.....*

## **STAYCATION TO GERMANY**

Celebrating Oktoberfest

Tuesday, Oct 3<sup>rd</sup>

## ***Ladies' Autumn Tea***

*Bringing on elegance with our lovely seasonal celebration.*

**Tuesday, October 31      2:00 in the afternoon**

And, it's almost time to do the...

## **Monster Mash**

**Wear your costume Tuesday, October 31! Happy Halloweenie!!!**

## Caregivers Support Groups

*Open to the public. Care usually available at no charge with reservations 972-437-2940.*

### Ladies' Support Group

Meets 1st Wednesday/month

October 4

2:00-3:30 pm

### Alzheimer's Association's

### Caregiver Support Group

Discussion Group

2nd Thursday/month

October 12

2:00-3:30 pm

### Men's Support Group

Meets 3<sup>rd</sup> Thursday/month

October 19

2:00-3:30pm

### Young-Onset Focus Group

October 24

2:00-3:30 pm

### Informational Session

"Informational" series continues with

Dr. Cindy Marshall, MD

Guest Speaker 4<sup>th</sup> Thursday/month

October 26

2:00-3:30 pm

\*\*\*\*\*

**REMINDER:** With the recent spike of Covid 19 cases in North Texas and the flu season upon us, if someone comes in with the malady, many of us end up suffering. For everyone's sake, please keep members home if they seem to be coming down with or have an illness. Fever, chills, sore throat, coughs, sneezes, tummy troubles; anyone enduring these is more comfortable at home when not feeling well! Your loved one, the other members and their families, and the staff appreciate this consideration. Let's stay healthy! Also, please consider layering up and/or sending a sweater or light jacket. Please be sure to put names or initials on sweater/jacket tags.

*Thank you!*

## A SPOOKTACULAR OCTOBER!

T	3	Staycation Germany 	All Day
W	4	National Taco Day 	12:30pm
F	6	<b>Friends Place Fair Day!!!</b> 	All Day
W	11	Wind Down Wednesday	3:15pm
Th	12	Heart of Texas Therapy Dogs	11:45am
F	13	Texas Winds Outreach Solo Harp Performs	11:00am
F	27	Birthday Party with Marty Ruiz 	2:00pm
T	31	Monster Mash Halloween Party  Ladies' Autumn Tea	All Day 2:00pm

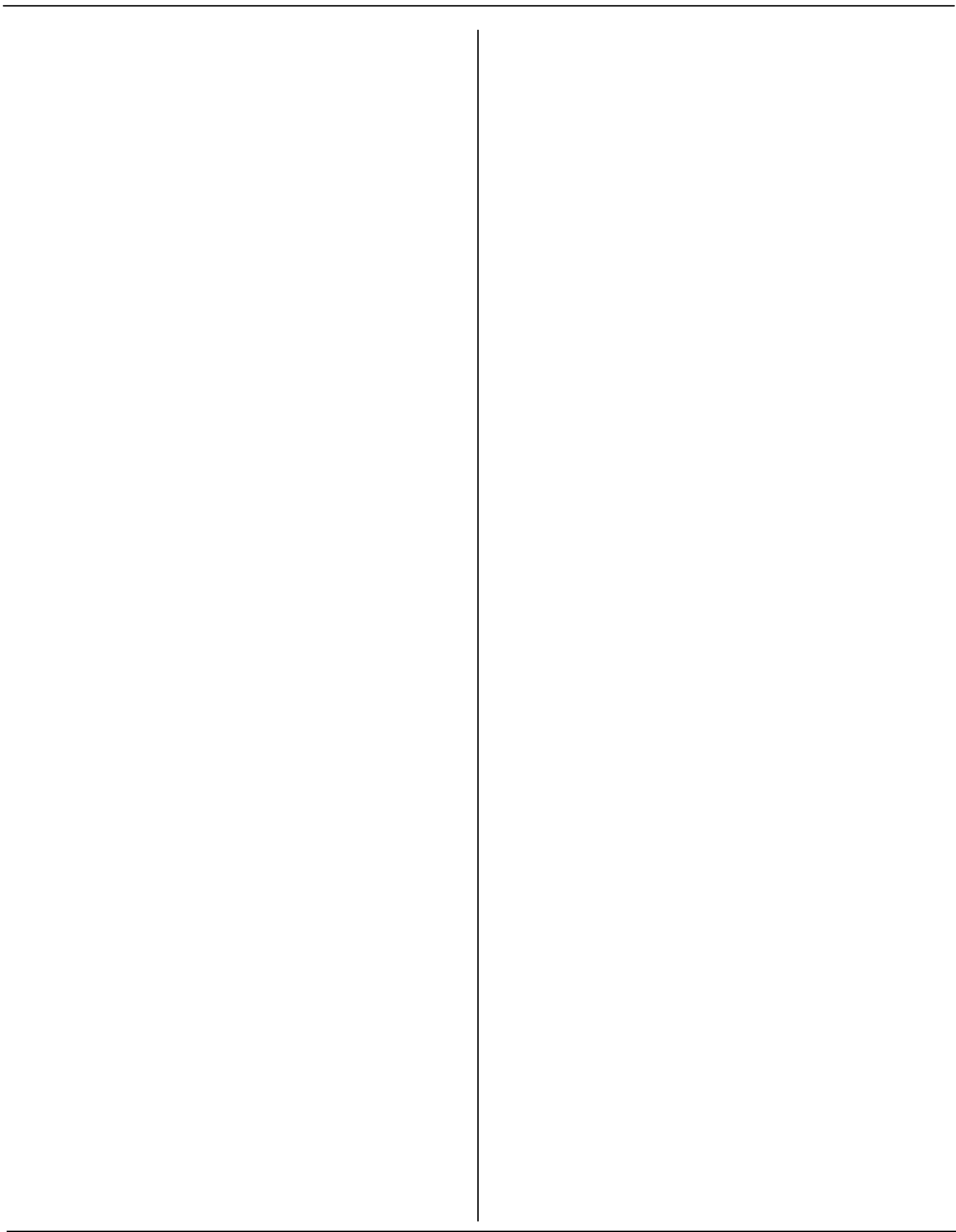
### Very Happy October Birthday wishes to:

Nathan Eaton 3	John Burhoe 18
Milton Farmer 7	Helen Scott 21
Errol Mitlying 10	Phil Steely 25
Tom Hehli 14	Alyssa Alsup 30(staff)
Jeanne Miller 15	Alan Menter 30
Monnie Richards 15	

\*\*\*\*\*

### Wishing a warm Friends Place welcome to:

Ellen Houde                      Al Bazis  
Michael Conmy                  Alan Menter  
Deb Kay-Knowling



---

---