

Monday

Tuesday

Wednesday

Thursday

Friday

Richardson
November 2023
Breakfast & Morning Snacks Served until 10:00 a.m.
Water & Juice 11:00 a.m. Lunch 12:30 p.m.
Afternoon Snack 3:15 p.m.

Ladies only Support Group
National Author's Day **1**

10:10 Competitive Games-Match Character with Book-Literary Book Quiz-By the Book-Match Book w/Author's-Memory Boards-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 It's a Guy Thing/Pick the Part-Girl Talk/Favorite Author's-Word Ladder-Word Tag-Extra Activity
2:15 BINGO-Compound Word Challenge-Hand Bells-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Make 'Em Smile

First Schedule Radio Broadcasting 1920 **2**

10:10 Competitive Games-November IQ-Name the State-Call out the Answer-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 It's a Guy Thing/Interrupt this Broadcast-Hangman-Girl Talk/Cheerful Words-Word Ladder-Extra Activity
2:15 BINGO-Art Corner-Fun Facts on Candy-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Chat Pack

Cliché Day/Wear your Favorite Team Jersey **3**

10:10 Competitive Games-Clue Trivia-Sandwich Day Quiz-Famous Cliché -Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 A Guy Thing/US Presidents-Sandwich Day Trivia-Buzz Trivia-Jeopardy-Extra Activity
2:15 BINGO-Cliché-Art Corner-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 **Comedy & Snack**

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10:10 Competitive Games-Reminiscing Quest-Fractured Word Judge For Yourself-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity
Spanish Made Simple
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 American Heroes & Legends-Catch Phrase-Word Tiles-Price is Right-Extra Activity
2:15 BINGO-Farkle-Art Corner-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Mix & Match

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10:10 Competitive Games-What's the Odd One Out?-Anagram-Call out the Answer-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Ancient History Series Cont.-Words that Start & End?-Brain Quest America-Word Ladder-Extra Activity
2:15 BINGO- Shut the Box Art Corner- -Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Chat Pack

International Tongue Twister Day **8**

10:10 Competitive Games-Tongue Twister's-Word Pyramid-Finish the Saying-Fast Food Pass it on-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Presidential Brainiac-Soap & Suds-Strengthen Your Mind-Mixed-up Chinese Food-Extra Activity
2:15 BINGO-Mixing & Matching-Art Corner-Extra Activity
3:15 Wind Down Wednesday
3:45 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Creative Forecasting

Alzheimer's Support Group **9**

10:10 Competitive Games-Would You Rather-Word in a Word-Famous Faces-Left, Right, Center-Extra Activity
11:00 Heart of Texas Therapy Dogs
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Finish Line
2:00 Plano Symphony Healing Notes Perform
2:45 BINGO-Song Pictionary-Colorist Corner-Extra Activity
3:45 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Complete the Phrase

Veteran's Day Celebration **10**

10:10 Competitive Games-Remembrance Day Word Match-Veterans Word Mining-Extra Activity
11:00 Class Act Tap Dancers Perform/Veterans Program
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 WWII Trivia Quiz & Flag Facts
2:00 Veterans Day Salute Ceremony & Refreshments
3:30 BINGO-Short Stories-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 **Comedy & Snack**

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10:10 Competitive Games-Have You Ever-Dictionary Definition-What a Pair-States & Capitals-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity
Spanish Made Simple
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Military Battles That Changed History-Girl Talk/Cookies-Double Trouble-Clever Endeavor-Extra Activity
2:15 BINGO-Colorist Corner-Art Corner-Boggle-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Sorting-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Strengthen Your Mind

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10:10 Competitive Games-Reminiscing Quest-Fractured Word-Keep Your Brain Young-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Ancient History Series Cont.-Girl Talk-Missing Vowels-Brain Quest America-Extra Activity
2:15 BINGO-Farkle-Art Corner-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Everyday Life Trivia

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10:10 Competitive Games-Set "Pen" to paper-Word Mining-Name the Personality-Extra Activity
11:00 Paul Demeer w/Texas Winds Perform
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Gentleman Conversational Cards-Girl Talk-Jeopardy-Choose the Correct Spelling-Pot Luck Quiz-Extra Activity
2:15 BINGO-Gestures-Colorist Corner-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Chicken Soup for the Soul

Men's only Support Group **16**

10:10 Competitive Games-Words that Start with N-States & Capitals-Strengthen Your Mind-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Brain Quest America-Girl Talk/Princess Grace-Jeopardy-52 Weeks of Trivia-Silly Sentences-Extra Activity
2:15 BINGO-Colorist Corner-Left, Right, Center-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Creative Forecasting

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10:10 Competitive Games-Memory Street-Complete the Words-Idioms-Small Group-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 It's a Guy Thing/Westerns-Movie Stars of the Forties-What Do They Have in Common-Extra Activity
2:15 BINGO-Name Chase-Art Corner-Extra Activity
3:30 Light & Lively Exercise
4:00 Wheel of Fortune-Dominos Tournament
4:30 **Comedy & Snack**

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10:10 Competitive Games-Hollywood Flashbacks-Mash it Up-Cliché's -Numbers, Numbers, Numbers-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity
Spanish Made Simple
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Presidential Brainiac
2:00 Dandy Don Performs
3:00 BINGO-Shut the Box-Art Corner-Extra Activity
3:45 2147

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10:10 Competitive Games-Memory Street-Drop a Letter-Judge for yourself-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Ancient History Series Cont.-Girl Talk-Classic Film Hangman-Guess the "Corn" Words-Oodles-Extra Activity
2:15 BINGO-Pokeemo-Art Corner-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Magazine Scavenger Hunt

Drive through Holiday Dinner Pickup **22**

10:10 Competitive Games-Mixed Up Thanksgiving-Thanksgiving Dinner Search & Solve-Thanksgiving Trivia-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity-
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 It's a Guy Thing/Almanac-Girl Talk/Giving Thanks-Thanksgiving Turkey Scramble-Extra Activity
2:15 BINGO-Tom the Turkey-Boggle- Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Thanksgiving Traditions

**CLOSED
THANKSGIVING
HOLIDAY** **23**

**CLOSED
THANKSGIVING
HOLIDAY** **24**

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10:10 Competitive Games-Reminiscing Quest-Fractured Word Judge For Yourself-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity
Spanish Made Simple
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 American Heroes & Legends-Catch Phrases-Word Tiles-Price is Right-Extra Activity
2:15 BINGO-Farkle-Art Corner-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Make 'Em Smile

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10:10 Competitive Games-What Do The Idioms Mean? Wacky Wordies-Riddles-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Ancient History Series Cont.-Girl Talk-Silly Sentences-Family Feud-Extra Activity
2:15 BINGO-Cliché-Colorist Corner-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Complete The Phrase

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10:10 Competitive Games-Four Letter Words-Story Building-Diwali Message-Extra Activity
11:10 Tai Chi w/Sandy-Enrichment Activity-
11:30 Sit and Be Fit-Enrichment Activity
1:30 Would you Rather?-Girl Talk/Favorite Cookbook-Lunch Categories-Trivia A to Z-Extra Activity
2:15 BINGO-Hangman-Bunco-Extra Activity
3:30 Light Stretching-Extra Activity
4:00 Wheel of Fortune-Dominos Tournament
4:30 Dominos Tournament Cont.
5:00 Shake Loose a Memory

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10:10 Competitive Games-Memory Street-Word Tiles-Similes -Math Quiz-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Faces & Places
2:00 Birthday Party w/Norris Perry
3:00 BINGO-Colorist Corner-Flip Card-Extra Activity
3:45 Light Stretching-Extra Activity
4:00 Wheel Of Fortune-Dominos Tournament
4:30 Dominos Tournament
5:00 Famous Folks

**FALL BACK THE
CLOCK ON NOVEMBER
5th**

Daily 9:00 -10:15 Coffee, Chit Chat, News & Views