

Monday

Tuesday

Wednesday

Thursday

Friday

December 2023

Friends Place Richardson

All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, 1/2 portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available

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| Chicken Fried Steak w/ Gravy Mashed Potatoes Green Beans Garden Salad Gingerbread | 4 Baked Fish Rice Pilaf Broccoli Spring Salad Orange Fluff | 5 Swedish Meatballs Noodles Mixed Vegetables Spinach Salad Fresh Baked Cookie | 6 BBQ Chicken Macaroni & Cheese Peas Cole Slaw Ambrosia | 7 Turkey Sandwich Baked Chips Beets Garden Salad National Brownie Day |
| Fried Chicken Scalloped Potatoes Carrot Cascade Spinach salad Pistachio Fluff | 11 Cheeseburger Crinkle Cut Fries Peas & Carrots Coleslaw Birthday Cake | 12 Garlic Herb Chicken Rice Pilaf Carrot Cascade Spinach Salad Apple Pie | 13 Salisbury Steak Mashed Potatoes Garden Vegetables Tossed Salad Fresh Baked Cookie | 14 Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Spring Salad Peach Cobbler |
| Soft Taco Spanish Rice Pinto Beans Caesar Salad Banana Pudding | 18 Lemon Pepper Chicken Roasted Potatoes Carrot Cascade Caesar Salad Ambrosia | 19 Hot Dog Tater Tots Scandinavian Vegetables Caesar Salad Pound Cake w/Toppings | 20 Smothered Chicken Rice Pilaf Peas Caesar Salad Apple Pie | 21 Meatloaf Mashed Potatoes Garden Vegetables Tossed Salad Holiday Cookie |
| 25 CLOSED HOLIDAY | 26 CLOSED HOLIDAY | 27 CLOSED HOLIDAY | 28 CLOSED HOLIDAY | 29 CLOSED HOLIDAY |

Menus approved by: Julie Pan MS, RD

Date _____