

Monday

Tuesday

Wednesday

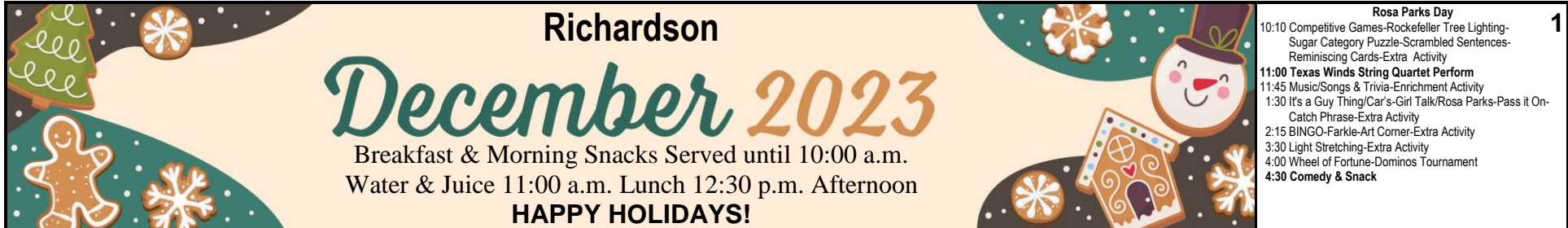
Thursday

Friday

Richardson

December 2023

Breakfast & Morning Snacks Served until 10:00 a.m.
Water & Juice 11:00 a.m. Lunch 12:30 p.m. Afternoon
HAPPY HOLIDAYS!



<p>National Cookie Day 10:10 Competitive Games-Wiz Quiz-The Right Word Game-Word in a Word-Volunteering-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 It's a Guy Thing/Tools-Girl Talk/Cookie & Biscuit Trivia-Common Bonds-Baby Boomers Song Quiz-Extra Activity 2:15 BINGO-Baby, its "Cold" Outside-Skip Bo-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Creative Forecasting</p>	<p>International Volunteer Day/National Blue Jean Day 10:10 Competitive Games-Name Ten-Spinning Words-Cranium Crunches-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Be Your Own "Man"-Girl Talk/Favorite Holiday Dishes-Christmas Jeopardy-Art Corner-Extra Activity 2:15 BINGO-Colorist Corner-Music-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Words that End In?</p>	<p>Ladies only Support Group St. Nicholas Day 10:10 Competitive Games-A to Z Trivia-Category Puzzle-Wacky Wordies-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Men Conversational Cards-Girl Talk/Rosa Parks-Never Have I Ever-Ungame-Extra Activity 2:15 BINGO-Chat Pak-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Who Am I?</p>	<p>Pearl Harbor Day 10:10 Competitive Games-Clue Trivia-Change the First Letter-20 Questions-Memory Street-Extra Activity 11:00 Plano Senior High Chamber Choir Perform 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Pearl Harbor-It Happened in December-Shut the Box-Words Starting With DEC-Strengthen Your Mind-Extra Activity 2:15 BINGO-Bunco-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Complete the Phrase</p>	<p>Rosa Parks Day 10:10 Competitive Games-Rockefeller Tree Lighting-Sugar Category Puzzle-Scrambled Sentences-Reminiscing Cards-Extra Activity 11:00 Texas Winds String Quartet Perform 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 It's a Guy Thing/Car's-Girl Talk/Rosa Parks-Pass it On-Catch Phrase-Extra Activity 2:15 BINGO-Farkle-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Comedy & Snack</p>
<p>10:10 Competitive Games-Christmas Anagrams-Blurt-Coded Message-Do You Know-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 American Trivia-Girl Talk/Traditions-Word in a Word-Drop a Letter-Memory Boards-Extra Activity 2:15 BINGO-Colorist Corner-Shut the Box-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Movie Trivia</p>	<p>Poinsettia Day 10:10 Competitive Games-Reminiscing Quest-Pot Luck Quiz-Name Ten-Snow & Winter Quiz-Extra Activity 11: Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 It's a Guy Thing-Girl Talk-Brain Teasers-Letter Getter-Cranium Crunches-Extra Activity 2:15 BINGO-Boggle-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Strengthen Your Mind</p>	<p>National Coco Day 10:10 Competitive Games-Good News Stories-Word Boxes-Christmas Carol Quiz-Word Builder-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Faces & Places 2:00 December Birthday Party w/Doc Gibbs 3:00 BINGO-Memory Boards-Extra Activity 3:45 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Reminiscing Cards</p>	<p>Alzheimer's Support Group Start 12 Days of Christmas 10:10 Competitive Games-Happy Winter Message-Senior Trivia-You be the Judge-Mix & Match-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 It's a Guy Thing/Santa's Workshop-Girl Talk-Word Ladder-Memory Street-Extra Activity 2:15 BINGO-Pictionary-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 12 Days of Christmas</p>	<p>National Ugly Sweater Day/Wear your Sweater 10:10 Competitive Games-Mixed Up Christmas-Strengthen your Mind-Small Group-Extra Activity 11:00 Contest Winner & Drawing 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 It's a Guy Thing/Men Serving-Guess The Conronym Quiz-Fractured Words-Christmas Cookie Decorating 2:15 BINGO-Name Chase-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Comedy & Snack</p>
<p>10:10 Competitive Games-Christmas Memories-4 Letter Words-Carol Categories-Christmas Rephrase-Create a Holiday Story-Playing in the "Snow"- Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Christmas Riddles 2:00 Doc Gibbs Entertains/Birthday Party 3:00 BINGO-Spill & Spell-Music Trivia-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Music Trivia</p>	<p>10:10 Competitive Games-Memory Street-Word in a Word-Faces & Places-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 U.S. Government Quiz-Girl Talk-Judge for Yourself-Word Train-Brain Quest America-Extra Activity 2:15 BINGO-Boggle-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Chicken Soup for the Soul</p>	<p>10:10 Competitive Games-Winter Word Scramble-Word Ladder-Holiday Song Missing Vowels-Word Builder-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Gentlemen's Club-Santa's Many Names-Holiday Jeopardy-Reminiscing Cards-Extra Activity 2:15 BINGO-Bananagram-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Magazine Scavenger Hunt</p>	<p>Men only Support Group Winter Starts 10:10 Competitive Games-Guess the Christmas Carol-Snow & Winter Quiz-Santa's Workshop-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 It's a Guy Thing-Fashion in the 40's-A Christmas Carol-Scrambled Words-Extra Activity 2:15 BINGO-Colorist Corner-Memory Street-Extra Activity 3:15 Thirsty Thursday Holiday Addition & Snowball Fight 3:45 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Short Stories</p>	<p>10:10 Competitive Games-Lost and Found-Global Trivia-Creating Christmas Song-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Senior Trivia/US History-Girl Talk/Humphrey Bogart-Christmas Traditions T or F-5 minute Activity-Extra Activity 2:15 BINGO-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Comedy & Snack</p>
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Daily 9:00 -10:15 Coffee, Chit Chat, News & Views

