


Monday

Tuesday

Wednesday

Thursday

Friday

<div></div>				Garlic Herb Chicken Au Gratin Potatoes Carrot Cascade Coleslaw Orange Fluff	1	Hot Dog Tater Tots Day Scandinavian Vegetables Caesar Salad Pound Cake w/Toppings	2		
Chicken Tenders Roasted Rosemary Potatoes Mixed Vegetables Tossed Salad Strawberry Cake	5	Soft Taco Spanish Rice Pinto Beans Garden Salad Ambrosia	6	Fettuccini Alfredo Day Chicken Alfredo Italian Flat Cut Beans Garlic Bread Caesar Salad Fresh Baked Cookie	7	Chicken Fried Steak Mashed Potatoes Carrot Cascade Green Salad Chocolate Pudding	8	National Pizza Day Pizza Pasta Salad Breadstick Spring Salad Brownie	9
Meatloaf Mashed Potatoes Garden Vegetables Tossed Salad Banana Pudding	12	"Mardi Gras" Chicken Gumbo Green Beans Corn Bread Coleslaw King Cake	13	Meat Sauce w/Pasta Garlic Bread Italian Flat Cut Beans Spring Salad Apple Pie	14	Smothered Chicken Mashed Potatoes Mixed Vegetables Green Salad Pound Cake w/ Topping	15	Tomato Basil Soup Grilled Cheese Sandwich Baked Chips Garden Salad Cherry Cobbler	16
BBQ Chicken Au Gratin Potatoes Broccoli Caesar Salad Pistachio Fluff	19	Lasagna Italian Cut Beans Garlic Bread Green Salad Brownie	20	Taste of China Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Garden Salad Ambrosia	21	National Chili Day Chili Baked Potato Peas and Carrots Spinach Salad Fresh Baked Cookie	22	Baked Fish Macaroni and Cheese Garden Vegetables Cole Slaw Orange Cake	23
Salisbury Steak Mashed Potatoes Carrot Cascade Spinach Salad Peach Cobbler	26	Fried Chicken Macaroni & Cheese Green Beans Garden Salad Fresh Baked Cookie	27	Cheeseburger French Fries Mixed Vegetables Green Salad Birthday Cake	28	Chicken Quesadilla Mexican Rice Corn Soufflé Coleslaw Ambrosia	29	All meals served with Iced Tea or Lemonade and Fresh Baked Rolls unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available	

Menus approved by: Julie Pan MS, RD

Date: 1/17/2024