Tuesday Wednesday Monday Thursday Friday



RICHARDSON

March 2024

Breakfast & Morning Snacks Served until 10:00 a.m. Water & Juice 11:00 a.m. Lunch 12:30 p.m. Afternoon Snack



Employee Appreciation Day

10:10 Competitive Games-Words that start with 'Mar'-American Trivia-Enrichment Activity- Art Corner-Extra Activity

11:00 Songbird & Strings/Texas Winds Perform

- 1:45 Music/Songs & Trivia-Enrichment Activity
- 1:45 It's a Guy Thing-I Have Who Has?-Stacking Dominos-Keep Your Brain Young-Extra Activity
- 2:30 BINGO-Trivia Challenge for Seniors-Uno-Active Group Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30 Comedy & Snack

- 10:10 Competitive Games-Words that Start & End with?-Brain Bashers-Buzz Time-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity Spanish Made Simple
- 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Gentlemen's Club-Girl Talk/March Birthday Quiz-Clever Endeavor-Song Pictionary-Extra Activity
- 2:30 BINGO-Word Wheel-Art Corner-Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30 Dominos Tournament Cont
- 5:00 Fun March Trivia

- 4 10:10 Competitive Games-It's All Cliché'-Strengthen Your Min 5 10:10 Competitive Games-Movie Stars of the 40's-Heel or He 6 Judge for Yourself-Extra Activity
 - 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity
 - 1:45 Founding Father's Series-Girl Talk/Famous Movies-Keep the Brain Young-Left, Right, Center-Extra Activity
 - 2:30 BINGO-Mix & Match-Art Corner-Extra Activity
 - 3:30 Light Stretching-Extra Activity
 - 4:00 Wheel of Fortune-Dominos Tournament
 - 4:30 Domino Tournament Cont.
- 5:00 Complete the Phrase

Ladies only Support Group

- Good News-Common Factor-Extra Activity
- 11:10 Tai Chi w/Sandy-Enrichment Activity
- 1:45 Conversational Cards for Men-March Gazette-
- 2:30 BINGO-Spill & Spell-Art Corner-Extra Activity

10:10 Competitive Games-The Three Word Game-Good ne

1:45 It's a Guy Thing/Architecture-Girl Talk/Song Scramble-

Fractured States-Unscrambling Antonyms-Extra Activity

Associated Words-Wiz Quiz-Senior Trivia-Extra Activity

International Day of Happiness

1:45 Meteorology Quiz-What Makes You Happy?-Shut the Box

10:10 Competitive Games-You "Can" Do It!-Brain Bats-

Under the Rainbow Scrabble-Extra Activity

Scrambled Happy Words-Extra Activity

11:10 Tai Chi w/Sandy-Enrichment Activity

3:30 Light Stretching-Extra Activity

4:30 Dominos Tournament Cont.

5:00 Happiness Quotes

11:45 Music/Songs & Trivia-Enrichment Activity

2:30 BINGO-Skip Bo-Art Corner-Extra Activity

4:00 Wheel Of Fortune-Dominos Tournament

11:10 Tai Chi w/Sandy-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity

2:30 BINGO-Banga-Art Corner-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament

3:30 Light Stretching-Extra Activity

4:30 Dominos Tournament Cont.

5:00 Everyday Life Photos

- 4:30 Dominos Tournament Cont.

National Cereal Day

- 10:10 Competitive Games-March in History-Would You Rather "Three" Puzzle-Extra Activity
- 11:10 Sit and Be Fit-Enrichment Activity
- 11:45 Music/Songs & Trivia-Enrichment Activity
- 1:45 Fun March Trivia-Cereals A to Z-Strengthen Your Mind-Word Builder-Potluck Quiz-Extra Activity
- 2:30 BINGO-Farkle-Short Stories-Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30 Dominos Tournament Cont.
- 5:00 Flin Cards

International Women's Day Sunday is Daylight Savings Time

10:10 Competitive Games-Finish the Sayings-Nifty Nicknames-Famous Female Inventors-Extra Activity

- 11:10 Sit and Be Fit-Enrichment Activity
- 11:45 Music/Songs & Trivia-Enrichment Activity
- 1:45 It's a Guy Thing-International Women's Day Quiz-Notable Women-Oscar-Winning Movie Mashup-Extra Activity
- 2:30 BINGO-Famous Quotes by Women-Art Corner-Extra Activity
- 3:30 Light Stretching-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity

3:30 Light Stretching-Extra Activity

4:30 Dominos Tournament Cont. 4:30-5:30 Comedy & Snack

11:45 Music/Songs & Trivia-Enrichment Activity

4:00 Wheel of Fortune-Dominos Tournament

4:00 Wheel of Fortune-Dominos Tournament

Staycation to Ireland

St. Patrick's Day Celebration

10:10 All Things Irish-St. Patrick's Word Mining-Lucky Charms-

Good Luck, Bad Luck Superstitions-Extra Activity

1:45 Borrowed From Irish-Luck O' Irish Cascading Letters-

Mixed Up St. Patrick's Day-Extra Activity
2:30 BINGO-St. Patrick's Day Riddles-Art Corner-Extra Activity

15

22

29

4:30-5:30 Comedy & Snack

- 10:10 Competitive Games-Name 10-Clue Trivia-Create a Story Daisy Category Puzzle-Extra Activity
- 11:10 Tai Chi w/Sandy-Enrichment Activity
- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity
- 1:45 I Interrupt this Broadcast-Girl Talk/Oscar's-Hangman-Film and Song Weather Quiz-Scrambled Sentences-Extra Activity

National Sloppy Joe Day

First Electric Razor 1931

10:10 Competitive Games-Memory Deck-Name Chase-

1:45 A Guy Thing/March Madness Trivia-Girl Talk/Spring-

Brain Teasers-Spring Hangman-Extra Activity

2:30 BINGO-Song Pictionary-Active Group-Extra Activity

Mixed-Up Adventure-Extra Activity

11:45 Music/Songs & Trivia-Enrichment Activity

4:00 Wheel of Fortune-Dominos Tournament

11:10 Tai Chi w/Sandy-Enrichment Activity-

Spanish Made Simple

3:30 Light Stretching-Extra Activity

4:30 Dominos Tournament Cont.

5:00 Complete the Phrase

- 2:30 BINGO-Family Feud-Skip Bo-Extra Activity
- 4:00 Light Stretching-Extra Activity
- 4:30 Dominos Tournament Cont.
- 5:00 Poetry

National Plant a Flower Day

Spring Begins

2:00 March Birthday Celebration w/Jazz Land Performing

18 10:10 Competitive Games-It's All Cliché'-Strengthen Your Mn9

- 10:10 Competitive Games-Give Me Five-Word Ladder-Would You Rather?-Extra Activity
- 11:10 Sit and Be Fit-Enrichment Activity-Book Club
- 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Founding Father's Series-Girl Talk-Scattegories-
- Word Mining-Memory Boards-Extra Activity 2:30 BINGO-Oddles-Art Corner-Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont

Fun Farming-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club

3:45 Light Stretching-Extra Activity

4:30 Domino Tournament Cont.

11:45 Music/Songs & Trivia-Enrichment Activity

4:00 Wheel of Fortune-Dominos Tournament

3:00 BINGO-Mix & Match-Art Corner-Extra Activity

5:00 Quotes & Quotable

1:45 Faces & Places

5:00 Spring Poems

- 11:45 Music/Songs & Trivia-Enrichment Activity
- Secret Word Quote-Choices in a Jar-Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 5:00 Chicken Soup for the Soul

Alzheimer's Support Group National Pi Day

- 10:10Competitive Games-Words that start with 'Mar'-Brain Bats-The Blue Quiz-Extra Activity
- 11:00 Texas Heart Therapy Dogs-Enrichment Activity
- 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing-Word in a Word-Word Ladder-Banga-
- Short Stories-Extra Activity
 2:30 BINGO-Skip Bo-Art Corner-Extra Activity

- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel Of Fortune-Dominos Tournament
- 4:30 Dominos Tournament Cont
- 5:00 The Common Factor

Men only Support Group National Harmony Day/International Forest Day 21

- 10:10 Competitive Games-Similes-Brain Quest America-Would You Rather-Flags of the World-Extra Activity
- 11:10 Sit and Be Fit-Enrichment Activity
- 11:45 Music/Songs & Trivia-Enrichment Activity
- 1:45 Rain Forest Facts-Where am I?-Strengthen Your Mind-Word Builder-A Logical Nature Puzzle-Extra Activity
- 2:30 BINGO-Farkle-Forest Trivia-Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30 Dominos Tournament Cont.
- 5:00 Flip Cards

20

10:10 Competitive Games-Words that start with 'Mar'-American Trivia-Word Ladder-Extra Activity

- 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing-I Have Who Has?-Song Pictionary-
- Trivia Challenge for Seniors-Extra Activity
- 2:30 BINGO-Uno-Colorist Corner-Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30-5:30 Comedy & Snack

National Medal of Honor Day

- This or That?--Extra Activity
- 11:10 Tai Chi w/Sandy-Enrichment Activity-Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity
- 1:45 Medal of Honor Trivia & Discussion-Girl Talk/Embroidery Word Teasers-1Dictionary Definitions-Extra Activity
- 2:30 BINGO-Left, Right, Center-Active Group-Extra Activity 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament 5:00 Creative Forecasting
- National Medal of Honor Day

 10:10 Competitive Games-Finishing Lines-Famous Folks-25 10:10 Competitive Games-Memory Street-Change First Lexa6 10:10 Competitive Games-How Many Can You Name-Four Seasons of Trivia-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club
 - 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Founding Father's Series-Wiz Quiz-You Be The Judge-
 - Gestures-Memory Boards-Extra Activity 2:30 BINGO-Shut the Box-Art Corner-Extra Activity
 - 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament
 - 4:30 Domino Tournament Cont. 5:00 Short Stories

- Wind Down Wednesday Clue Trivia-Table Topics-Extra Activity
- 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity
 1:45 Gentlemen's Club-Hollywood Flashbacks-Family Feud-
- Analogies-Extra Activity
- 2:30 BINGO-Similes-Art Corner-Extra Activity
- 3:15 Wind Down Wednesday 3:45 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30 Dominos Tournament Cont. 5:00 Make 'Em Smile

Informational Support Group Opening Day for Baseball/Wear Your Favorite Jersey 28 10:10 Competitive Games-Jumping For Jelly Beans-

- 10:10 Competitive Games-Memory Street-Math Count Up 1 to 4-Table Talk-Extra Activity
- 11:10 Sit and Be Fit-Enrichment Activity
- 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Baseball Trivia-Strengthen Your Mind-
- TEAM Jeopardy-Bananagram-Extra Activity 2:30 BINGO-Music from the 70's-Colorist Corner-Extra Activity
- 3:15 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30 Dominos Tournament Cont. 5:00 Talkin' Baseball

- Faces & Places-Egg-pressions-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity
- 11:45 Music/Songs & Trivia-Enrichment Activity
 1:45 It's a Guy Thing-Girl Talk/Fashion-Secret Bunny Code-Sudoku Shapes-Extra Activity

Good Friday

- 2:30 BINGO-Magazine Scavenger Hunt-Short Stories-Extra Activity
- 3:30 Light Stretching-Extra Activity
- 4:00 Wheel of Fortune-Dominos Tournament
- 4:30-5:30 Comedy & Snack

Daily 9:00 -10:15 Coffee, Chit Chat, News & Views