Tuesday Wednesday Monday Thursday Friday



## **RICHARDSON**

## larch 2024

Breakfast & Morning Snacks Served until 10:00 a.m. Water & Juice 11:00 a m. Lunch 12:30 n.m. Afternoon Snach



Employee Appreciation Day

10:10 Competitive Games-Words that start with 'Mar'-American Trivia-Enrichment Activity- Art Corner-Extra Activity

11:00 Songbird & Strings/Texas Winds Perform

1:45 Music/Songs & Trivia-Enrichment Activity

1:45 It's a Guy Thing-I Have Who Has?-Stacking Dominos-Keep Your Brain Young-Extra Activity

2:30 BINGO-Trivia Challenge for Seniors-Uno-Active Group Extra Activity

3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament

4:30 Comedy & Snack

water & Juice 11:00 a.m. Lunch 12:30 p.m. Afternoon Snack				
Brain Bashers-Buzz Time-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity	10:10 Competitive Games-It's All Cliché'-Strengthen Your Min Judge for Yourself-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 14:5 Founding Father's Series-Girl Talk/Famous Movies-Keep the Brain Young-Left, Right, Center-Extra Activity 2:30 BINGO-Mix & Match-Art Comer-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Domino Tournament Cont. 5:00 Complete the Phrase	Ladies only Support Group 10:10 Competitive Games-Movie Stars of the 40's-Heel or Head Good News-Common Factor-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 11:45 Conversational Cards for Men-March Gazette- Secret Word Quote-Choices in a Jar-Extra Activity 2:30 BINGO-Spill & Spell-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Chicken Soup for the Soul	National Cereal Day  10:10 Competitive Games-March in History-Would You Rather  "Three" Puzzle-Extra Activity  11:10 Sit and Be Fit-Enrichment Activity  11:45 Fun March Trivia-Cereals A to Z-Strengthen Your Mind- Word Builder-Pottuck Quiz-Extra Activity  2:30 BINGO-Farkle-Short Stories-Extra Activity  3:30 Light Stretching-Extra Activity  4:00 Wheel of Fortune-Dominos Tournament  4:30 Dominos Tournament Cont.  5:00 Flip Cards	10:10 11:10 11:45 1:45 2:30 3:30 4:00 4:30
10:10 Competitive Games-Name 10-Clue Trivia-Create a Story	National Plant a Flower Day  10:10 Competitive Games-Give Me Five-Word Ladder-  Would You Pathor? Futer Activity	10:10 Competitive Games-The Three Word Game-Good nets		10:10

Sunday is Daylight Savings Time 10 Competitive Games-Finish the Sayings-Nifty Nicknames-Famous Female Inventors-Extra Activity :10 Sit and Be Fit-Enrichment Activity

International Women's Day

45 Music/Songs & Trivia-Enrichment Activity

45 It's a Guy Thing-International Women's Day Quiz-Notable Women-Oscar-Winning Movie Mashup-Extra Activity

30 BINGO-Famous Quotes by Women-Art Corner-Extra Activity

30 Light Stretching-Extra Activity

00 Wheel of Fortune-Dominos Tournament

:30-5:30 Comedy & Snack

Daisy Category Puzzle-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity Spanish Made Simple

11:45 Music/Songs & Trivia-Enrichment Activity

1:45 I Interrupt this Broadcast-Girl Talk/Oscar's-Hangman-Film and Song Weather Quiz-Scrambled Sentences-Extra Activity

2:30 BINGO-Family Feud-Skip Bo-Extra Activity

4:00 Light Stretching-Extra Activity

4:30 Dominos Tournament Cont.

5:00 Poetry

Would You Rather?-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-Book Club

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Founding Father's Series-Girl Talk-Scattegories-Word Mining-Memory Boards-Extra Activity

2:30 BINGO-Oddles-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament

4:30 Dominos Tournament Cont

5:00 Quotes & Quotable

Fractured States-Unscrambling Antonyms-Extra Activity

11:10 Tai Chi w/Sandy-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Architecture-Girl Talk/Song Scramble-Associated Words-Wiz Quiz-Senior Trivia-Extra Activity

2:30 BINGO-Banga-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament

4:30 Dominos Tournament Cont. 5:00 Everyday Life Photos

10:10Competitive Games-Words that start with 'Mar'-Brain Bats-The Blue Quiz-Extra Activity

11:00 Texas Heart Therapy Dogs-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity

1:45 It's a Guy Thing-Word in a Word-Word Ladder-Banga-

Short Stories-Extra Activity
2:30 BINGO-Skip Bo-Art Corner-Extra Activity

3:30 Light Stretching-Extra Activity 4:00 Wheel Of Fortune-Dominos Tournament

4:30 Dominos Tournament Cont.

5:00 The Common Factor

Staycation to Ireland St. Patrick's Day Celebration 10:10 All Things Irish-St. Patrick's Word Mining-Lucky Charms-Good Luck, Bad Luck Superstitions-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity

1:45 Borrowed From Irish-Luck O' Irish Cascading Letters-Mixed Up St. Patrick's Day-Extra Activity

2:30 BINGO-St. Patrick's Day Riddles-Art Corner-Extra Activity

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3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament

4:30 Dominos Tournament Cont.

4:30-5:30 Comedy & Snack

National Sloppy Joe Day First Electric Razor 1931

10:10 Competitive Games-Memory Deck-Name Chase-Mixed-Up Adventure-Extra Activity

11:10 Tai Chi w/Sandy-Enrichment Activity-Spanish Made Simple

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 A Guy Thing/March Madness Trivia-Girl Talk/Spring-

Brain Teasers-Spring Hangman-Extra Activity 2:30 BINGO-Song Pictionary-Active Group-Extra Activity

3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament

4:30 Dominos Tournament Cont.

5:00 Complete the Phrase

Spring Begins

18 10:10 Competitive Games-It's All Cliché'-Strengthen Your Mn9 Fun Farming-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity

1:45 Faces & Places

2:00 March Birthday Celebration w/Jazz Land Performing 3:00 BINGO-Mix & Match-Art Corner-Extra Activity

3:45 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament 4:30 Domino Tournament Cont.

5:00 Spring Poems

5:00 Short Stories

International Day of Happiness

10:10 Competitive Games-You "Can" Do It!-Brain Bats-Scrambled Happy Words-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity

1:45 Meteorology Quiz-What Makes You Happy?-Shut the Box Under the Rainbow Scrabble-Extra Activity

2:30 BINGO-Skip Bo-Art Corner-Extra Activity

3:30 Light Stretching-Extra Activity

4:00 Wheel Of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont.

5:00 Happiness Quotes

Men only Support Group National Harmony Day/International Forest Day 21 20

10:10 Competitive Games-Similes-Brain Quest America-Would You Rather-Flags of the World-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Rain Forest Facts-Where am I?-Strengthen Your Mind-

Word Builder-A Logical Nature Puzzle-Extra Activity 2:30 BINGO-Farkle-Forest Trivia-Extra Activity

3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont.

5:00 Flip Cards

10:10 Competitive Games-Words that start with 'Mar'-American Trivia-Word Ladder-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity

1:45 It's a Guy Thing-I Have Who Has?-Song Pictionary-Trivia Challenge for Seniors-Extra Activity

2:30 BINGO-Uno-Colorist Corner-Extra Activity

3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament

4:30-5:30 Comedy & Snack

National Medal of Honor Day

This or That?--Extra Activity

11:10 Tai Chi w/Sandy-Enrichment Activity-Spanish Made Simple

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Medal of Honor Trivia & Discussion-Girl Talk/Embroidery

Word Teasers-1Dictionary Definitions-Extra Activity 2:30 BINGO-Left, Right, Center-Active Group-Extra Activity

3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament

5:00 Creative Forecasting

National Medal of Honor Day Wind Down Wednesday 10:10 Competitive Games-Finishing Lines-Famous Folks-25 10:10 Competitive Games-How Many Can You Name-Four Seasons of Trivia-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Founding Father's Series-Wiz Quiz-You Be The Judge-Gestures-Memory Boards-Extra Activity

2:30 BINGO-Shut the Box-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament 4:30 Domino Tournament Cont.

Wind Down Wednesday Clue Trivia-Table Topics-Extra Activity

11:10 Tai Chi w/Sandy-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity
1:45 Gentlemen's Club-Hollywood Flashbacks-Family Feud-Analogies-Extra Activity

2:30 BINGO-Similes-Art Corner-Extra Activity

3:15 Wind Down Wednesday 3:45 Light Stretching-Extra Activity

4:00 Wheel of Fortune-Dominos Tournament 4:30 Dominos Tournament Cont. 5:00 Make 'Em Smile

Informational Support Group Opening Day for Baseball/Wear Your Favorite Jersey 28 10:10 Competitive Games-Jumping For Jelly Beans-10:10 Competitive Games-Memory Street-Math Count Up 1 to 4-

Table Talk-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Baseball Trivia-Strengthen Your Mind-

TEAM Jeopardy-Bananagram-Extra Activity 2:30 BINGO-Music from the 70's-Colorist Corner-Extra Activity

3:15 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament

4:30 Dominos Tournament Cont. 5:00 Talkin' Baseball

Good Friday Faces & Places-Egg-pressions-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity
1:45 It's a Guy Thing-Girl Talk/Fashion-Secret Bunny Code-

Sudoku Shapes-Extra Activity 2:30 BINGO-Magazine Scavenger Hunt-Short Stories-

Extra Activity

4:30-5:30 Comedy & Snack

3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament

Daily 9:00 -10:15 Coffee, Chit Chat, News & Views