

# Friends News

March 2024



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## Friends Staff

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Firas Ahmed

Nathan Duncan

Stefanie Micheals

**Founder & Mentor:**

Pam Johnson

## Join us for a marvelous time this March!

F	1	Texas Winds Presents: Songbird & Strings	11:00 am
F	8	International Women Day	All Day
Th	14	Heart of Texas Therapy Dogs	11:00 am
F	15	<b>St. Patrick's Day! (WEAR GREEN)</b> Staycation to Ireland	All Day
T	19	March Birthday Celebration Jazzland Performs	2:00 pm
Th	21	National Rosie the Riveter Day-Dress the part!	All Day
W	27	Wind Down Wednesday	3:15 pm



**Friday, March 8<sup>th</sup>**

Join us for a day brimming with inspiration, empowerment, and celebration dedicated to honoring the remarkable achievements and invaluable contributions of women worldwide.

### Staycation to Ireland

We will travel to Ireland on  
Friday, March 15<sup>th</sup>!



**Friends Place**  
**IRELAND**

Wear **GREEN** on March 15<sup>th</sup>.



**GREEN**  
*St. Patrick's Day*

## March Birthdays



Bob B. 9th
Linda Bryant 11th
Len Faseler 13th
Marcee Hill 14th
Skip W. 19th
Becky Hrnack 22nd
Claire Iwuoha 28th <b>STAFF</b>
Bill Nettle 29th
Marhsa Klodner 30th
Eugene Peer 11th



Dress the Part on Thursday, March 21<sup>st</sup>!

## Daylight Savings Time Spring Forward



 **SPRING FORWARD**  Reminder, we spring forward at 2 a.m. Sunday, March 10<sup>th</sup>.

Get ready for an extra hour of sunlight as we head into spring and summer!

## Caregiver's Support Groups

Open to the public.  
Care provided at no charge with reservation.  
972-437-2940

### Ladies' Support Group

1st & Wednesday/month  
March 6 2:00-3:30 pm

### Alzheimer's Association's Caregiver Support Group

Discussion group  
2nd Thursday/month  
March 14 2:00-3:30 pm

4th Thursday/month  
March 28 2:00-3:30 pm  
Guest speaker  
Leslie Whatley  
Homewell Care Services

### Men as Caregivers Support Group

3rd Thursdays/month  
March 21 2:00-3:30 pm

### Young On-Set Focus Group

4th Tuesday/month  
March 26 2:00-3:30 pm

## Friendly Reminders

Thank You! We appreciate your conscientious efforts to turn calendars in by the 25th of the month. Please notify us immediately if you are unable to keep your reservation or you are late picking up your loved one to avoid any additional fees.

Reminder: Minimum 2 Days/Week is required, if unable to keep reservation, please reschedule to another day of the week. Members are highly encouraged to add another day during our special celebrations and events.