# Friends News

# March 2024



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### **Friends Staff**

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Firas Ahmed

Nathan Duncan

Stefanie Michaels

Founder & Mentor:

Pam Johnson

Join us for a marvelous time this March!			
F	1	Texas Winds Presents: Songbird & Strings	11:00 am
F	8	International Women Day	All Day
Th	14	Heart of Texas Therapy Dogs	11:00 am
F	15	St. Patrick's Day! (WEAR GREEN) Staycation to Ireland	All Day
T	19	March Birthday Celebration  Jazzland Performs	2:00 pm
Th	21	National Rosie the Riveter Day-Dress the part!	All Day
W	27	Wind Down Wednesday	3:15 pm



Friday, March 8th

Join us for a day brimming with inspiration, empowerment, and celebration dedicated to honoring the remarkable achievements and invaluable contributions of women worldwide.

# Staycation to Ireland

We will travel to Ireland on Friday, March 15th!



Wear GREEN on March 15<sup>th.</sup>



# Bob B. 9th Linda Bryant 11th Len Faseler 13th Marcee Hill 14th Skip W. 19th Becky Hrnack 22nd Claire Iwuoha 28th STAFF Bill Nettle 29th Marhsa Klodner 30th Eugene Peer 11th Warm Welcome to Barbara Khan! We Can Do It! NATIONAL ROSIE THE RIVETER DAY Dress the Part on Thursday, March 21st!

# Daylight Savings Time Spring Forward



SPRING FORWARD Reminder, we spring forward at 2 a.m. Sunday, March 10<sup>th</sup>.

Get ready for an extra hour of sunlight as we head

into spring and summer!

# **Caregiver's Support Groups**

Open to the public.

Care provided at no charge with reservation.

972-437-2940

## **Ladies' Support Group**

1st & Wednesday/month March 6 2:00-3:30 pm

### Alzheimer's Association's

**Caregiver Support Group** 

Discussion group 2nd Thursday/month March 14 2:00-3:30 pm

4th Thursday/month
March 28 2:00-3:30 pm
Guest speaker
Leslie Whatley
Homewell Care Services

### Men as Caregivers Support Group

3rd Thursdays/month March 21 2:00-3:30 pm

### **Young On-Set Focus Group**

4th Tuesday/month March 26 2:00-3:30 pm

# **Friendly Reminders**

Thank You! We appreciate your conscientious efforts to turn calendars in by the 25th of the month. Please notify us immediately if you are unable to keep your reservation or you are late picking up your loved one to avoid any additional fees.

Reminder: Minimum 2 Days/Week is required, if unable to keep reservation, please reschedule to another day of the week. Members are highly encouraged to add another day during our special celebrations and events.