

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Wimbledon Begins 1 10:00 Morning Seminar - Wimbledon /Worship with Shirley/Star Spangled Banner Word Search/ 10:45 Wimbledon/ Bean Bag Toss /Summer Compromise Detective 11:30 Exercise/Singing 1:30 Sing Fit: Soul Sensations of the 60s and 70s/ Hot Diggity Dog// Enrichment/Dominoes/ 2:30 Bingo/ Hangman / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 May Modern Trivia/ Light and Lively/ 4:15 Listmania/Enrichment | Pool Noodle Day 2 10:00 Morning Seminar - The Fourth of July /Parachute/Paper Bursts Centerpiece/ 10:45 The Fourth of July/ Chair Volleyball /Paper Bursts Centerpiece 11:30 Exercise/Singing 1:30 Sing Fit: Moving to Famous Foxtrots/ Red White and Blue Quiz// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 Name Trivia/ Light and Lively/ 4:15 Name That/Enrichment | Red White and Blue Day 3 10:00 Morning Seminar - Book Club /Darts/Red White Blue Berry Cake/ 10:45 Book Club/ Finish the Phrase /Mixed Up 4th of July 11:30 Exercise/Singing 1:30 Sing Fit: Music From the Movies of the 1950s/ Let's Celebrate: Independence Day// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment/Crochet @3:30 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Taboo/Enrichment | CLOSED 4  | CLOSED 5  |
| Liberty Bell Day 8 10:00 Morning Seminar - The Liberty Bell /Ring Toss/Happy Independence Day Crossword/ 10:45 The Liberty Bell/ Darts /Seven Puzzle 11:30 Exercise/Singing 1:30 Sing Fit: It's A Colorful World/ Patriotic Riddles// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Word Scramblers/Enrichment | Taking Care of Wildlife Day 9 10:00 Morning Seminar - The First Roller Coasters /Basketball/PB Bird Feeders/ 10:45 Theme Parks/ Finish the Phrase /PB Bird Feeders 11:30 Exercise/Singing 1:30 Sing Fit: #1 Hits of the 1970s/ Great Canadian Artists// Enrichment/Dominoes/ 2:30 Bingo/ Word Association / Enrichment 3:00 Bingo(cont'd) / What Would You Do / / Enrichment 3:45 Fact or Crap/ Light and Lively/ 4:15 Name 5/Enrichment | Frozen Treats Day 10 10:00 Morning Seminar - Book Club /Question Ball/Frozen Fruity Jello/ 10:45 Book Club/ Parachute /STING Categories 11:30 Singing / Tai Chi with Merrily 1:30 Sing Fit: Timeless Folk Songs/ Star of the Month: Tom Cruise// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment/ Crochet @3:30 3:45 A-Z Trivia/ Light and Lively/ 4:15 Family Feud/Enrichment | Birthday Celebration with Jim Gatlin 11 10:00 Morning Seminar - David Brinkley /Golf/Famous July Birthdays/ 10:45 Broadcast Journalism/ Nerf Guns /7 Quiz 11:30 Exercise/Singing 1:30 Sing Fit: Triple Threats of Stage and Screen/ Finish the Phrase// Enrichment/Dominoes/ 2:00 July Birthday Celebration Jim Gatlin / Wacky Wordies / Enrichment 3:00 Bingo(cont'd) / You Be The Judge / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Odd One Out/Enrichment | The Scottish Open Begins 12 10:00 Morning Seminar - The Scottish Open /Axe Throwing/Patriotic Book Marks/ 10:45 The Scottish Open/ Cornhole /Patriotic Book Marks 11:30 Exercise/Singing 1:30 Sing Fit: Popular Songs by Vocal Groups/ July Jeopardy// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Strengthen Your Mind/ Light and Lively/ 4:15 That's It/Enrichment |
| Hare of a Day 15 10:00 Morning Seminar - Rabbits and Hares /Worship with Shirley/Laundry Day Detective/ 10:45 Rabbits and Hares/ Bean Bag Toss /Laundry Day Detective 11:30 Exercise/Singing 1:30 Sing Fit: Moving to 60s and 70s UK Hits/ Remembering: Talking on the Phone// Enrichment/Dominoes/ 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 12 Months of Trivia/ Light and Lively/ 4:15 Finish the Phrase/Enrichment | MLB All Star Day 16 10:00 Morning Seminar - MLB Game /Penny Pitching/Glitter Paper Medals/ 10:45 MLB Greats/ Ping Pong Ball Race /Glitter Paper Medals 11:30 Exercise/Singing 1:30 Sing Fit: Songs to Move To/ Exploding with Laughter// Enrichment/Dominoes/ 2:30 Bingo/ Hangman / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Random May Trivia/ Light and Lively/ 4:15 Listmania/Enrichment | National Hot Dog 17 10:00 Morning Seminar - Book Club /Therapy Dogs/ Word Train/ Deviled Strawberries/ 10:45 Book Club/ Chair Volleyball /Searching for July 11:30 Exercise/Singing 1:30 Sing Fit: Legends of Doo-Wop/ Fact or Crap// Enrichment/Dominoes/ 2:00 Dandy Don Entertains/ Boggle / Enrich 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment/Crochet @3:30 3:45 Mental Floss Trivia/ Light and Lively/ 4:15 Name That/Enrichment | Hemingway Day 18 10:00 Morning Seminar - Ernest Hemingway /Golf/Spelling CATCH SOME RAYS/ 10:45 Ernest Hemingway/ Basketball /A-Mazing Fencing 11:30 Exercise/Singing 1:30 Sing Fit: Charbusters/ More July Trivia// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 Trivial Pursuit Book/ Light and Lively/ 4:15 Taboo/Enrichment | Art with Stephanie 19 10:00 Morning Seminar - Rembrandt /Ping Pong Toss/Art Class/ 10:45 Rembrandt/ Question Ball /Art Class 11:30 Exercise/Singing 1:30 Sing Fit: On Tour With Great Voices of the Early 20th Century/ French Trivia// Enrichment/Dominoes/ 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / / Enrichment 3:45 May Jeopardy Trivia/ Light and Lively/ 4:15 Word Teasers/Enrichment |
| Hello Paris! 22 10:00 Morning Seminar - History of Paris /Parachute/French Cuisine Crossword/ 10:45 History of Paris/ Bean Bag Toss /Famously French Wordsearch 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Hits of the 60s and 70s/ Who Am I? Joann of Arc// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Scattergories/Enrichment | Music with Mike Frankel 23 10:00 Morning Seminar - The River Siene /Bowling/Zig Zag Bracelet/ 10:45 The River Siene/ Basketball /Zig Zag Bracelet 11:30 Exercise/Singing 1:30 Sing Fit: Songs That Hit Twice/ Exploring the Bastille// Enrichment/Dominoes/ 2:00 Mike Frankel and his Accordion/ BOARD Categories / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 BOARD Categories/Enrichment | City of Lights and Olympics 24 10:00 Morning Seminar - Book Club /Chair Volleyball/Parisian Parfaits/ 10:45 Book Club/ Golf /PARIS Categories 11:30 Singing / Tai Chi with Merrily 1:30 Sing Fit: Music's Greatest Guitar Heroes/ French Style Floral Arrangements// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment/ Crochet @3:30 3:45 Decade Trivia/ Light and Lively/ 4:15 Family Feud/Enrichment | A French Summer Day 25 10:00 Morning Seminar - Top 10 Sights in the City of Lights /Cornhole/Summer in Paris Wordsearch/ 10:45 Top 10 Sights in the City of Lights/ Axe Throwing /French Words We've Borrowed 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Hall of Fame First Years/ What Am I? Notre Dame// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / / Enrichment 3:45 July Random Trivia/ Light and Lively/ | A Tour of Paris 26 10:00 Morning Seminar - Best Foods in Paris /Penny Pitching/Eiffel Tower Stencil Painting/ 10:45 Best Foods in Paris/ Parachute /Eiffel Tower Stencil Painting 11:30 Exercise/Singing 1:30 Sing Fit: Sounds of the 1960s/ Summer in Paris// Enrichment/Dominoes/ 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Name 5/Enrichment |
| Global Tiger Day 29 10:00 Morning Seminar - Tigers /Washers/July IQ Puzzle/ 10:45 White Tigers/ Finish the Phrase /Fragrances Crossword 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Yearbook/ Who am I? Marcel Marceau// Enrichment/Dominoes/ 2:30 Bingo/ Wacky Wordies / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Mental Floss Trivia/ Light and Lively/ 4:15 Finish the Phrase/Enrichment | Delta Aquarid Meteor Day 30 10:00 Morning Seminar - Delta Aquarid Meteor Shower /Bean Bag Toss/Cup Cake Liner Art/ 10:45 What Makes a Meteor?/ The Amen Corner /Cup Cake Liner Art 11:30 Exercise/Singing 1:30 Sing Fit: Dance Party Hits from the 50s to the 60s/ July EZ Trivia// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Taboo/Enrichment | Hum Drum Day 31 10:00 Morning Seminar - Book Club /Golf/Easy Bingsu/ 10:45 Book Club/ Darts /A-Mazing Paperback Book 11:30 Exercise/Singing 1:30 Sing Fit: House Bands Behind the Hits/ What Am I? Olympic Torch// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Who Wants to Be A Millionaire/ Light and Lively/ |  | |

Breakfast/ Chit-chat 8:00 am – 10:00 am. Lunch 12:30. Afternoon Snack 3:00 pm