

Monday

Tuesday

Wednesday

Thursday

Friday

					<b>International Mahjong Day</b> <b>1</b>	<b>Poker Lovers Day</b> <b>2</b>
<b>Make Art Monday</b> <b>5</b> 10:00 Morning Seminar - Andy Warhol /Golf/Wayfinding Wordsearch/ 10:45 American Artists/ Finish the Phrase /St Augustine Secret Quote 11:30 Exercise/Singing 1:30 Sing Fit: Movies of the 1950s/ What Am I? Hula// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Taboo/Enrichment					10:00 Morning Seminar - How to Play Mahjong /Axe Throwing/Hawaiian Islands Wordsearch/ 10:45 How to Play Mahjong/ Bean Bag Toss /Maui Crossword 11:30 Exercise/Singing 1:30 Sing Fit: Soul Sensations of the 60s and 70s/ Mahjong: A Game of Strategy// Enrichment/Dominoes/ 2:30 Bingo/ Hangman / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Listmania/Enrichment	10:00 Morning Seminar - "The Dead Man's Hand" /Parachute/Tropical Fruit Garland/ 10:45 Poker/ Chair Volleyball /Tropical Fruit Garland Exercise/Singing 1:30 Sing Fit: Moving To Famous Foxtrots/ Seize the Lei// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Name That/Enrichment
<b>Gary Freeman Performs</b> <b>6</b> 10:00 Morning Seminar - Jamaican Independence /Question Ball/Circular Hand Fan/ 10:45 Jamaican Independence/ Cornhole /Circular Hand Fan 11:30 Exercise/Singing 1:30 Sing Fit: It's a Colorful World/ Hawaii Trivia// Enrichment/Dominoes/ 2:00 <b>Gary Freeman Performs</b> 3:00 Bingo / Loaded Questions / / Enrichment 3:45 Who Wants to Be A Millionaire/ Light and Lively/ 4:15 Word Teasers/Enrichment					<b>Watermelon Party Day</b> <b>7</b> 10:00 Morning Seminar - Book Club /Ping Pong Toss/Nutella Krispie Treats/ 10:45 Book Club/ Question Ball /8 Puzzle 11:30 Exercise/Singing 1:30 Sing Fit: #1 Hits of the 1970s/ Where Am I? Pearl Harbor// Enrichment/Dominoes/ 2:30 <b>Watermelon Smashing Party/ A-Z Categories / Enrichment</b> 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Scattergories/Enrichment	<b>Dog Days of Summer</b> <b>8</b> 10:00 Morning Seminar - Digital Nomads /Ring Toss/Dog Days of Summer Match/ 10:45 Digital Nomads/ Darts /Rummage Sale Detective 11:30 Exercise/Singing 1:30 Sing Fit: Timeless Folk Songs/ August Modern Jeopardy// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Word Scramblers/Enrichment
<b>Good News With Dora</b> <b>12</b> 10:00 Morning Seminar - Founding Motown /Good News Story Hour/Good News Story Hour/ 10:45 Founding Motown/ Parachute /Sweet Tooth Detective 11:30 Exercise/Singing 1:30 Sing Fit: Popular Songs by Vocal Groups/ Who Am I? Yves St. Laurent// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Family Feud/Enrichment					<b>Ben Meyers Performs</b> <b>15</b> 10:00 Morning Seminar - The Billboard 100 /Parachute/Decoding Islands/ 10:45 The Billboard 100/ Bean Bag Toss /Decoding Islands 11:30 Exercise/Singing 1:30 Sing Fit: Legends of Doo-Wop/ August Random Trivia// Enrichment/Dominoes/ 2:00 <b>Groovin' with Ben Meyers</b> 3:00 Bingo / Chat Pack / / Enrichment 3:45 12 Months of Trivia/ Light and Lively/ 4:15 Finish the Phrase/Enrichment	<b>Celebrating S'mores Day</b> <b>9</b> 10:00 Morning Seminar - All About S'mores /Basketball/Scratchaway Art/ 10:45 All about S'mores/ Finish the Phrase /Scratchaway Art 11:30 Exercise/Singing 1:30 Sing Fit: Triple Threats of the Stage and Screen// The History of S'mores// Enrichment/Dominoes/ 2:30 Bingo/ Word Association / Enrichment 3:00 <b>Making S'mores!</b> / What Would You Do / / Enrichment 3:45 Fact or Crap/ Light and Lively/ 4:15 Name 5/Enrichment
<b>Aviation Day</b> <b>19</b> 10:00 Morning Seminar - Aviation Day /Chair Volleyball/Famous August Birthdays/ 10:45 The Wright Brothers/ Golf /August Dot to Dot 11:30 Exercise/Singing 1:30 Sing Fit: On Tour with Great Voices of the 20th Century/ Polynesian Wayfinding// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment 3:45 Mental Floss/ Light and Lively/ 4:15 Name That/Enrichment					<b>Merrily Workshop Percussion Lesson</b> <b>14</b> 10:00 Morning Seminar - Book Club /Axe Throwing/Oreo Icebox Cake/ 10:45 Book Club/ Cornhole /BONES Categories 11:30 Singing/ <b>Merrily Workshop - Percussion</b> 1:30 Sing Fit: Songs to Move To/ Ride the Wave: Surfing// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Strengthen Your Mind/ Light and Lively/ 4:15 That's It/Enrichment	<b>The Sun Keeps Shining Day</b> <b>16</b> 10:00 Morning Seminar - Women of Motown /Penny Pitching/Craft Foam Visors/ 10:45 Women of Motown/ Ping Pong Ball Race /Craft Foam Visors 11:30 Exercise/Singing 1:30 Sing Fit: Charbusters/ Spam: A Culinary Icon// Enrichment/Dominoes/ 2:30 Bingo/ Hangman / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Listmania/Enrichment
<b>Birthday Celebration with Sierra Leone</b> <b>20</b> 10:00 Morning Seminar - Happy Birthday NFL! /Golf/Palm Leaf Fans/ 10:45 Happy Birthday NFL! Basketball /Palm Leaf Fans 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Hits of the 60s and 70s/ Remembering Birthday Parties// Enrichment/Dominoes/ 2:00 <b>August Birthdays with Sierra Leone</b> 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 Book of Answers/ Light and Lively/ 4:15 Taboo/Enrichment					<b>Therapy Dogs Visit</b> <b>21</b> 10:00 Morning Seminar - Therapy Dogs/Book Club /Therapy Dogs/ Ping Pong Toss/Therapy Dogs/ Pudding Parfaits/ 10:45 Book Club/ Question Ball /Veggie Garden Detective 11:30 Exercise/Singing 1:30 Sing Fit: Songs That Hit Twice/ Star of the Month: Bette Midler// Enrichment/Dominoes/ 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / / Enrichment 3:45 Trivial Pursuit/ Light and Lively/ 4:15 Word Teasers/Enrichment	<b>Art Class with Stephanie</b> <b>23</b> 10:00 Morning Seminar - Vera Rubin /Bowling/Art with Stephanie/ 10:45 Vera Rubin/ Basketball /Art with Stephanie 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Hall of Fame First Years/ Shell Yes! (Summer Puns)// Enrichment/Dominoes/ 2:30 Bingo/ BOARD Categories / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Name 5/Enrichment
<b>Jetting off to Coastal New England</b> <b>26</b> 10:00 Morning Seminar - Seafood of Coastal New England /Good News Story Hour/Good News Story Hour/ 10:45 Seafood of Coastal New England/ Question Ball /Oyster Wordsearch 11:30 Exercise/Singing 1:30 Sing Fit: Sounds of the 1960s/ Facts About New England// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 A-Z Categories/Enrichment					<b>Lighthouses on the Coast Day</b> <b>28</b> 10:00 Morning Seminar - Book Club /Penny Pitching/Chocolate Bark/ 10:45 Book Club/ Parachute /A-Mazing Milkman 11:30 Singing/ <b>Merrily Workshop - Percussion</b> 1:30 Sing Fit: Dance Party Hits of the 50s and 60s/ Lucy the Elephant// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Listmania/Enrichment	<b>Boston's Best</b> <b>29</b> 10:00 Morning Seminar - A Tour of Boston /Washers/RV Roadtrip Crossword/ 10:45 A Tour of Boston/ Finish the Phrase /Mixed Up at the Lighthouse 11:30 Exercise/Singing 1:30 Sing Fit: House Bands Behind the Hits/ Cranberry Bogs// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 Mental Floss/ Light and Lively/ 4:15 Finish the Phrase/Enrichment
<b>Casino Fun in Atlantic City</b> <b>27</b> 10:00 Morning Seminar - Things to Do in Atlantic City /Cornhole/Wine Cork Garland/ 10:45 Things to Do in Atlantic City/ Axe Throwing /Wine Cork Garland 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Yearbook/ The USS Nautilus// Enrichment/Dominoes/ 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Family Feud/Enrichment					<b>Boston's Best</b> <b>29</b> 10:00 Morning Seminar - A Tour of Boston /Washers/RV Roadtrip Crossword/ 10:45 A Tour of Boston/ Finish the Phrase /Mixed Up at the Lighthouse 11:30 Exercise/Singing 1:30 Sing Fit: House Bands Behind the Hits/ Cranberry Bogs// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 Mental Floss/ Light and Lively/ 4:15 Finish the Phrase/Enrichment	<b>Beat the Heat with Snow on the Rox</b> <b>30</b> 10:00 Morning Seminar - Vacationing in Cape May /Bean Bag Toss/Sunset Sailboat Painting/ 10:45 Vacationing in Cape May/ The Amen Corner /Sunset Sailboat Painting 11:30 Exercise/Singing 1:30 Sing Fit: Songbirds That Sang From the Heart/ Presidential Vacation Homes// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Snocones/Movie @ 3(cont'd) / Would You Rather / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Taboo/Enrichment

Breakfast/ Chit-chat 8:00 am – 10:00 am. Lunch 12:30. Afternoon Snack 3:00 pm