

Friends News

October 2024



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Friends Fall Fair is here!

Opportunities That Make a True Difference

Annual Walk to End Alzheimer's

Saturday, November 2

Be a part of our team and help us reach our 5K goal! Sign up to walk with us (Meet us on the plaza at Dallas City Hall) **or** be an at-home team member. Ask family and friends to donate in your name. Donations accepted online or in front office. For more info, please call our office at 972-437-2940 or join our team at .

Friends Place Annual Fair Day

The State Fair of Texas has nothing on us! Enjoy this spectacular, chock-full of fun day of delicious fair food, stellar guests, fun games, talented musicians, sweet animals, a cake walk & more! **PHOTO BOOTH for you & your loved one-dress the part!**

Friday, October 18th



And, it's almost time for our...

Monster Mash Birthday Party

Wear your costume Thursday, October 31! Happy Halloween!!!



Caregiver's Support Groups

Open to the public. Care usually available at no charge with reservations 972-437-2940

Ladies' Support Group

Meets 1st Wednesday/month

October 2nd 2:00-3:30 pm

Alzheimer's Association's Caregiver's Support Group

Discussion Group the 2nd Thursday/month

October 10th 2:00-3:30 pm

Guest Speaker presentation on 4th Thursday/month

October 24th 2:00-3:30 pm

Men as Caregivers

Meets 3rd Thursday/month

October 17th 2:00-3:30 pm

Young On-Set Focus Group

Meets last Tuesday/month

October 29th 2:00-3:30 pm

24/7 Alzheimer's Association's Helpline 1-800-272-3900 Caregivers face unique challenges every day and the timings of these instances is often unpredictable. One tool we have found beneficial is the Alzheimer's Association 24/7 Helpline. Caregivers can call any day, any time and reach qualified professionals. This helpline is not just for our loved ones with cognitive challenges. Caregivers are encouraged to call on their own behalf.

REMINDER: As the weather gets cooler, please consider layering up and/or sending a sweater or light jacket. Please be sure to put names or initials on sweater/jacket tags. Thank you!

A SPOOKTACULAR OCTOBER!

Th	3	Staycation Germany	All Day
F	4	World Smile Day	All Day
W	9	Wind Down Wednesday	3:30pm
Th	10	Heart of Texas Therapy Dogs	11am
T	15	I Love Lucy Day	All Day
W	16	National Sports Day Wear your favorite team shirt!	All Day
F	18	Friends Place Fair Day!!! Mini Therapy Horse	All Day 10:30 am
W	23	Texas Winds Paul Demer performs	11:00am
F	25	National Frankenstein Day	All Day
M	28	National First Responders Day	All Day
M	30	Candy Corn Day	All Day
M	31	Monster Mash Birthday Party With Norris Perry	All Day 2:00pm

And as always, offering daily chair exercise, Tai Chi, Bingo, Singalongs, & 20-25 other activities. Spanish Club on Monday morning, Book Club on Tuesday morning, and so much more!



Saju Bellani 2nd
Nathan Eaton 3rd
Errol Mitlyng 10th
John Burhoe 18th

Kevin M. 3rd
Armando Guerra 10th
Tom Hehli 14th
Phil S. 25th

Wishing a warm Friends Place welcome to:

Carol Hausler
Orley White
Bill M.
Tim McDonnell