

Monday

Tuesday

Wednesday

Thursday

Friday

# February 2025

Friends Place Adult Day Services, DeSoto, Tx

<p><b>Punxsutawney Phil Day 3</b></p> <p>10:00 Morning Seminar - Groundhog Day /The Good News Story Hour/Searching for Groundhogs/ 10:45 Well Grounded/ Amen Corner Bible Trivia /Groundhog Day Word Mining 11:30 Exercise/Singing 1:30 Sing Fit: Before They Were Famous/ Phil's Competition// Enrichment/Dominoes/ 2:30 Bingo/ BOARD Categories / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Word Teasers/Enrichment</p>	<p><b>Country Favorites with Jim Gatlin 4</b></p> <p>10:00 Morning Seminar - Rosa Parks /Parachute/Funny Card Project/ 10:45 Rosa Parks/ Penny Pitching /Funny Card Project 11:30 Exercise/Singing 1:30 Sing Fit: Soul Sensations of the 60s and 70s/ The Rosa Parks Story// Enrichment/Dominoes/ 2:00 <b>Jim Gatlin Performs</b> / Boggle / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Rhyme Tyme/Enrichment</p>	<p><b>The Weatherman's Day 5</b></p> <p>10:00 Morning Seminar - Book Club /Name 10/Edible Groundhogs/ 10:45 Book Club/ Question Ball /Mixed Up Muffins 11:30 Exercise/Singing 1:30 Sing Fit: Moving To Famous Foxtrots/ Traveling the Underground Railroad// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Scattergories/Enrichment</p>	<p><b>Bob Marley's Birthday 6</b></p> <p>10:00 Morning Seminar - Marian Anderson /Word Train/Black History Month Word Scramble/ 10:45 Sissieretta Jones/ Finish the Phrase /Superbowl Detective 11:30 Exercise/Singing 1:30 Sing Fit: Movies of the 1950s/ Marian Anderson and the Lincoln Memorial// Enrichment/Dominoes/ 2:30 Bingo/ BOARD Categories / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment 3:45 January Modern Jeopardy/ Light and Lively/ 4:15 Pictionary/Enrichment</p>	<p><b>Superbowl Pregame Party 7</b></p> <p>10:00 Morning Seminar - Maya Angelou /Axe Throwing/Game Day Bunting/ 10:45 Zora Neale Hurston/ Nerf Guns /A-Mazing Superbowl 11:30 Exercise/Singing 1:30 Sing Fit: It's a Colorful World/ Black Authors to Remember// Enrichment/Dominoes/ 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Super Bowl Party(cont'd) / Ugame / / Enrichment 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Name That/Enrichment</p>
<p><b>Dancing to the Beat with Daniel Slider 10</b></p> <p>10:00 Morning Seminar - Langston Hughes /Darts/Crazy For You Crossword/ 10:45 Josephine Baker/ Parachute /On the Radio Word Match 11:30 Exercise/Singing 1:30 Sing Fit: #1 Hits of the 1970s/ The Harlem Renaissance// Enrichment/Dominoes/ 2:30 Daniel Slider @2/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / Enrichment 3:45 Who Wants to Be A Millionaire/ Light and Lively/ 4:15 Listmania/Enrichment</p>	<p><b>Secret Messages Day 11</b></p> <p>10:00 Morning Seminar - Kobe Bryant /Ping Pong Toss/Secret Message Heart Cards/ 10:45 Bessie Coleman/ Washers /Secret Message Heart Cards 11:30 Exercise/Singing 1:30 Sing Fit: Timeless Folk Songs/ Famous Black Athletes// Enrichment/Dominoes/ 2:30 Bingo/ Word Association / Enrichment 3:00 Bingo(cont'd) / What Would You Do / / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Finish the Phrase/Enrichment</p>	<p><b>Merrily Workshops Returns 12</b></p> <p>10:00 Morning Seminar - Book Club /Chair Basketball/Strawberry Oreo Icebox Cake/ 10:45 Book Club/ Ring Toss /February IQ Puzzle 11:30 Singing/<b>Tai Chi with Merrily</b> 1:30 Sing Fit: Triple Threats of the Stage and Screen/ Hidden Figures// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 January Random Trivia/ Light and Lively/ 4:15 Family Feud/Enrichment</p>	<p><b>Celebrating Chefs Day 13</b></p> <p>10:00 Morning Seminar - Edna Lewis /Golf/Famous Black Americans Quiz/ 10:45 Robert W Lee/ Amen Corner Bible Trivia /Searching for February 11:30 Exercise/Singing 1:30 Sing Fit: Popular Songs by Vocal Groups/ Chefs Who Changed the Way We Eat// Enrichment/Dominoes/ 2:30 Bingo/ Wacky Wordies / Enrichment 3:00 Bingo(cont'd) / You Be The Judge / / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Boggle/Enrichment</p>	<p><b>Valentine's Day 14</b></p> <p>10:00 Morning Seminar - Mae Jemison /Penny Pitching/Art with Stephanie/ 10:45 Ronald McNair/ Bowling /Art with Stephanie 11:30 Exercise/Singing 1:30 Sing Fit: Moving to 60s and 70s UK Hits/ The History of Valentines Day// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Fact or Crap/ Light and Lively/ 4:15 Word Teasers/Enrichment</p>
<p><b>The Good news Story Hour with Dora Franklin 17</b></p> <p>10:00 Morning Seminar - <b>African American Heroes /The Good News Story Hour</b>/GOATS Categories/ 10:45 African American Heroes/ Question Ball /White House Pets Wordfit 11:30 Exercise/Singing 1:30 Sing Fit: Songs to Move To/ President's Day Trivia// Enrichment/Dominoes/ 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Taboo/Enrichment</p>	<p><b>Texas Winds Performs 18</b></p> <p>10:00 Morning Seminar - Barrak Obama /Parachute/Woven Bead Bracelets/ 10:45 Kamala Harris/ Texas Winds @11 /Woven Bead Bracelets 11:30 Exercise/Singing 1:30 Sing Fit: Legends of Doo-Wop/ Politicians Who Paved the Way for Civil Rights// Enrichment/Dominoes/ 2:30 Bingo/ Hangman / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 January More Jeopardy/ Light and Lively/ 4:15 A-Z Categories/Enrichment</p>	<p><b>Therapy Dogs Visit 19</b></p> <p>10:00 Morning Seminar - Book Club/ Therapy Dogs /Bowling/Therapy Dogs/ Banana Yogurt Pops/ 10:45 Book Club/ Penny Pitching /BLUSH Categories 11:30 Exercise/Singing 1:30 Sing Fit: Charbusters/ Who Am I? Famous Black Americans// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Name 5/Enrichment</p>	<p><b>Searching for Love Day 20</b></p> <p>10:00 Morning Seminar - The Tuskegee Airmen /Basketball/Love Songs Wordsearch/ 10:45 Black Women in Service/ Washers /Good for Your Heart Crossword 11:30 Exercise/Singing 1:30 Sing Fit: On Tour with Great Voices of the 20th Century/ The Tuskegee Airmen// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 Strengthen Your Mind/ Light and Lively/ 4:15 Rhyme Tyme/Enrichment</p>	<p><b>Jazzin It Up With Sierra Leone 21</b></p> <p>10:00 Morning Seminar - Dr. Herman Branson /Cornhole/February Paint By Number/ 10:45 Dr. Marie Maynard Daly/ Ring Toss /February Paint By Number 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Hits of the 60s and 70s/ African American Scientists// Enrichment/Dominoes/ 2:00 <b>Jazz with Sierra Leone!</b> A-Z Categories / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / Enrichment 3:45 Mental Floss Trivia/ Light and Lively/ 4:15 Scattergories/Enrichment</p>
<p><b>Activists Day 24</b></p> <p>10:00 Morning Seminar - Dr. Martin Luther King /Name 10/Spelling Cruise Ships/ 10:45 Bayard Rustin/ Finish the Phrase /Dot to Dot 11:30 Exercise/Singing 1:30 Sing Fit: Songs That Hit Twice/ The March on Washington// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Pictionary/Enrichment</p>	<p><b>Sweet Hearts Day 25</b></p> <p>10:00 Morning Seminar - WEB DuBois /Darts/Sweet Heart Collage Detective/ 10:45 Carter G Woodson/ Word Train /First Ladies Puzzle 11:30 Exercise/Singing 1:30 Sing Fit: Music's Greatest Guitar Heroes/ Historians Keeping Black History Alive// Enrichment/Dominoes/ 2:30 Bingo/ BOARD Categories / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 Book of Answers/ Light and Lively/ 4:15 Name That/Enrichment</p>	<p><b>Birthday Celebration with Sherry Hamilton 26</b></p> <p>10:00 Morning Seminar - Book Club /Ping Pong Toss/Gumdrop Jello/ 10:45 Book Club/ Question Ball /Famous February Birthdays Word Search 11:30 Singing/ <b>Tai Chi with Merrily</b> 1:30 Sing Fit: Rock and Roll Hall of Fame First Years/ Famous February Birthdays// Enrichment/Dominoes/ 2:00 <b>Sherry Hamilton Performs</b> / Pictionary / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / /Enrichment 3:45 Trivial Pursuit/ Light and Lively/ 4:15 Listmania/Enrichment</p>	<p><b>Celebrating The Williams Sisters 27</b></p> <p>10:00 Morning Seminar - Venus and Serena /Word Train/Hollywood Couples Match/ 10:45 Tiger Woods/ Bowling /Black History Month Message 11:30 Exercise/Singing 1:30 Sing Fit: Sounds of the 1960s/ The Williams Sisters// Enrichment/Dominoes/ 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Finish the Phrase/Enrichment</p>	<p><b>First Day of Ramadan 28</b></p> <p>10:00 Morning Seminar - Ramadan /Chair Basketball/Ramadan Moon and Stars 10:45 Eid/ Nerf Guns /Ramadan Moon and Stars Bookmark 11:30 Exercise/Singing 1:30 Sing Fit: Rock and Roll Yearbook/ Ramadan// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Family Feud/Enrichment</p>

Breakfast/ Chit-chat 8:00 am – 10:00 am. Lunch 12:30. Afternoon Snack 3:00 pm