

Monday

Tuesday

Wednesday

Thursday

Friday

February 2025

Friends Place Adult Day Services, DeSoto, Tx

Salisbury Steak Green Beans Scalloped Potatoes Coleslaw Salad Banana Cream Pie	3	Chicken Tenders Peas & Carrots Macaroni & Cheese Tomatoes and Cucumber Salad Ice Cream Sandwich	4	Swedish Meatballs Italian Vegetables over Noodles Mixed Green Salad Lemon Cake	5	Smothered Chicken Mixed Vegetables Mashed Potatoes Carrot Salad Peach Cobbler	6	Super Bowl Hot Dogs Peas & Carrots Potato Salad Coleslaw Salad AT&T Arena Dessert Nachos	7
Beef Enchiladas Pinto Beans Spanish Rice Tomatoes and Cucumber Salad Neapolitan Ice Cream	10	Parmesan Chicken Mixed Vegetables Roasted Potatoes Mixed Green Salad Apple Cobbler	11	Beef Lasagna Green Beans Garlic Bread Ceasar Salad Chocolate Chip Cookies	12	Chicken and Dumplings Glazed Carrots Cornbread Beet and Corn Salad Sherbet	13	Valentines Day "That's Amore" Spaghetti and Meatballs Garlic Bread Italian Vegetables Gorgeous Green Salad Lovers Red Velvet Cake	14
Cheeseburgers California Vegetables Sweet Potato Fries Coleslaw Salad Peach Cobbler	17	Tilapia Filet Peas and Carrots Macaroni & Cheese Beet and Corn Salad Banana Pudding	18	Chicken Alfredo Mixed Vegetables Garlic Bread Carrot Salad Chocolate Cake w/Icing	19	Vegetable Eggrolls Oriental Vegetables Seasoned Rice Coleslaw Salad Sugar Cookies	20	Cheese Ravioli Broccoli Florets Garlic Bread Caesar Salad Ambrosia	21
Chili Cheese Dogs Baked Beans Onion Rings Broccoli Salad Oatmeal Raisin Cookies	24	Salmon Filet Green Beans Roasted Potatoes Green Salad Brownies	25	Chicken Pot Pie Beets Texas Toast Carrot Salad Chocolate Chip Cookies	26	Baked Ham Capri Vegetables Potatoes Au Gratin Coleslaw Salad Bread Pudding	27	Cheeseburgers on Wheat Bun Broccoli Florets Baked Chips Mixed Green Salad Apple Cobbler	28

Approved by: Khara Kruger, MS, RD, LD

Date: January 22, 2025