

Monday

Tuesday

Wednesday

Thursday

Friday

Richardson

February 2025

Breakfast & Morning Snacks Served until 10:00 a.m.

Water & Juice 11:00 a.m. Lunch 12:30 p.m.

Afternoon Snack 3:15 p.m.

<p>10:10 Competitive Games-Words that Start with F-Senior Trivia Fractured Sentences-Black History Month Quiz-Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity</p> <p>Spanish Made Simple</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Black History Quiz-Girl Talk/Famous Black Women-Guess The Logo Visual Quiz-Associated Words-Extra Activity</p> <p>2:30 BINGO-Pictionary-Banga-Art Corner-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Butterfly Quiz</p>	<p>Homemade Soup Day</p> <p>10:10 Competitive Games-It's All Cliché -Animal Letter Finder "Chew" on This-Left, Right, Center-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity-Book Club</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Oceanography Series-Girl Talk-Brain Food-Keep the Brain Young-Left, Right, Center-Extra Activity</p> <p>2:30 BINGO-Art Corner-Music Trivia-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Domino Tournament Cont.</p> <p>5:00 Complete the Phrase</p>	<p>Ladies only Support Group</p> <p>10:10 Competitive Games-February IQ -Word in a Word-It Happened in February-Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 I Interrupt this Broadcast-Wine and Cheese-Jopardy-Silly Sentences-Mix & Match-Extra Activity</p> <p>2:30 BINGO-Sequence-Memory Boards -Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Who am I?</p>	<p>Super Bowl Party</p> <p>10:10 Competitive Games-Hollywood Flashbacks -Brain Bats Upwards/downwards-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity-</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 It's a Guy Thing/Agriculture -Girl Talk/Scrambled Cities-Minded-Bending Riddles-American Short Biographies-Extra Activity</p> <p>2:30 BINGO-Gestures-Active Group-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Apples to Apples</p>	<p>National Fettuccini Day/National Wear Red Day</p> <p>10:10 Competitive Games-Magazine Scavenger Hunt-Jumbled Word Quiz-Keep Your Brain Young-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Name the Football Team-Famous Black Inventors -Red A to Z-Strengthen Your Mind-Art Corner-Extra Activity</p> <p>2:30 BINGO-Art Corner-American Football Fill in the Blanks -Extra Activity</p> <p>3:15 Super Bowl Party</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Comedy & Snack</p>
<p>10:10 Competitive Games-Mixed-Up Breakfast-Word Mining GOATS Category-Boggle-Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity-</p> <p>Spanish Made Simple</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Black History Quiz-Girl Talk/Packing for a Trip-Legends and Hero's-What year was it?-Extra Activity</p> <p>2:30 BINGO-Sorting Buttons-Art Corner -Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Creative Forecasting</p>	<p>10:10 Competitive Games-Find the Linking Word-Phrase Tiles Judge for Yourself-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity-Book Club</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Oceanography Series-Girl Talk-Senior Life Trivia-Give me Five-Art Corner-Extra Activity</p> <p>2:30 BINGO-Similes-Art Corner-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Magazine Scavenger Hunt</p>	<p>Galantines' Tea</p> <p>10:10 Competitive Games-Famous Faces-Food Anagrams-Your Right on Target-Tea Quiz -Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Gentlemen's Club-Abraham Lincoln Quotes-Jopardy-2:00 Galantines' Tea</p> <p>2:30 BINGO-Short Story/Abraham Lincoln's Beard -Active Group-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Domino Tournament Cont.</p> <p>5:00 Wiz Quiz</p>	<p>Alzheimer's Support Group</p> <p>National Radio Day</p> <p>10:10 Competitive Games-Music Trivia -International Radio Fun Facts-Fractured States-Similes-Extra Activity</p> <p>11:00 Heart of Texas Therapy Dogs</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Radio Aficionado Quiz-Movie Stars of the Forties-On the Radio-Upside Down Picture Quiz -Extra Activity</p> <p>2:30 BINGO-Bananagram-Active Group-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Radio History Quiz</p>	<p>Valentine's Day</p> <p>10:10 Competitive Games-Famous Couples-Heart Categories-Mixed-Up Valentine-Valentine's Word Mining-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Valentine's jokes and fun facts</p> <p>2:00 Valentine's Sock Hop w/The Music Man</p> <p>3:00 BINGO-Art Corner-Spill & Spell-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Magazine Scavenger Hunt</p>
<p>President's Day/Mustache Monday</p> <p>10:10 Competitive Games-President A to Z-Analogies- Presidential Quotes-Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity-</p> <p>Spanish Made Simple</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Fun Presidential Trivia & Facts-Guess the President's Middle Name-Commander in Chief Mining-Extra Activity</p> <p>2:30 BINGO-Mixed Up Presidents-Art Corner-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Compound Words</p>	<p>Staycation to Africa</p> <p>10:10 Competitive Games-Mixed-Up Safari Animals -A-Z Travel Through Africa-Silly Sentences from Africa Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity-Book Club</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Oceanography Series- African Wedding Traditions-African Spirit Animals-Category Puzzle -Extra Activity</p> <p>2:30 BINGO-African Proverbs -Art Corner-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Journey to Africa</p>	<p>10:10 Competitive Games-Clue Trivia-Brain Quest America Things that go Together Quiz-Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 It's a Guy Thing-Strengthen Your Mind-Would you Rather-Word Reduction-Card Game -Extra Activity</p> <p>2:30 BINGO-Music from the 60's-Active Group-Extra Activity</p> <p>3:15 Wind Down Wednesday</p> <p>3:45 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Buzz Time</p>	<p>Men only Support Group</p> <p>National Cherry Pie Day</p> <p>10:10 Competitive Games-Rhyming Riddles-Word in a Word-You Be The Judge-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 It's A Guy Thing-Word in a Word-Same First & Last Quiz-Slice of Pie-Mix & Match-Extra Activity</p> <p>2:30 BINGO-Cololist Corner-Active Group-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Who am I?</p>	<p>National Caregivers Day</p> <p>10:10 Competitive Games-A to Z Trivia-Mathematical Message Double Trouble-Conversational Cards-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Faces & Places</p> <p>2:00 Richardson Community Corral Perform</p> <p>2:45 BINGO-Pictionary-Shut the Box's-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Comedy & Snack</p>
<p>National Tortilla Chip Day</p> <p>10:10 Competitive Games-Word Scramble -Letter Rip-Keep Your Brain Young-Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity</p> <p>Spanish Made Simple</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 I Interrupt this Broadcasting-Anagram Quiz-Art Corner-Signed, Sealed, Sent Where?-Extra Activity</p> <p>2:30 BINGO-Name that Tune-Active Group-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Wacky Wordies</p>	<p>10:10 Competitive Games-Hollywood Flashbacks-Spinning Words-Tangram Puzzle -Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity-Book Club</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Oceanography Series -Girl Talk/Heirlooms-Name Ten-TEAM Catch Phrase-Art Corner-Extra Activity</p> <p>2:30 BINGO-52 Weeks of Trivia-Cololist Corner-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Words that End In?</p>	<p>10:10 Competitive Games-Mind Trap-Brain Bats-Double Trivia-Mixed-Up Punsxstutwney Phil-Extra Activity</p> <p>11:10 Tai Chi w/Sandy-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 States & Capitals-Girl Talk-"Eight" Is Great-Pot Luck Quiz-Film Character Hangman-Extra Activity</p> <p>2:30 BINGO-Riddles in a Jar-Art Corner-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament-Small Group</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Would You Rather?</p>	<p>Informational Support Group</p> <p>National Chili Day</p> <p>10:10 Competitive Games-What Do These Sayings Mean?-You be the Judge-Spill & Spell-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 I Interrupt this Broadcast-Girl Talk/Leading Ladies-3 Word Game-Memory Street-Extra Activity</p> <p>2:30 BINGO-Cololist Corner-Short Stories-Extra Activity</p> <p>3:30 Light Stretching-Extra Activity</p> <p>4:00 Wheel of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Creative Forecasting</p>	<p>February Birthday Party Celebration</p> <p>10:10 Competitive Games-Name that Sound-Mixed Up Music-Missing Double Letters-Extra Activity</p> <p>11:10 Sit and Be Fit-Enrichment Activity</p> <p>11:45 Music/Songs & Trivia-Enrichment Activity</p> <p>1:45 Faces & Places</p> <p>1:45 Birthday Party w/Marty Ruiz</p> <p>2:45 BINGO-Skip Bo-Art Corner-Extra Activity</p> <p>3:45 Light Stretching-Extra Activity</p> <p>4:00 Wheel Of Fortune-Dominos Tournament</p> <p>4:30 Dominos Tournament Cont.</p> <p>5:00 Chicken Soup for the Soul</p>

Daily 9:00 -10:15 Coffee, Chit Chat, News & Views