


Monday	Tuesday	Wednesday	Thursday	Friday
Lasagna Italian Vegetables Garlic Bread Caesar Salad Tapioca Pudding	3 Mardi Gras Turkey Chili Cornbread Mixed Vegetables Garden Salad King Cake	4 Bean Burrito Spanish Rice Roasted Corn Coleslaw Fresh Baked Cookie	5 Salisbury Steak Mashed Potatoes Garden Vegetables Spring Salad Pistachio Fluff	6 Tomato Basil Soup Grilled Cheese Sandwich Baked Chips Green Salad Lemon Cake
Fried Chicken Macaroni & Cheese Carrot Cascade Coleslaw Strawberry Shortcake	10 Swedish Meatballs Rice Pilaf Mixed Vegetables Spring Salad Peach Cobbler	11 Chicken Alfredo Italian Flat Cut Beans Garlic Bread Caesar Salad Ambrosia	12 Soft Taco Mexican Rice Pinto Beans Garden Salad Fresh Baked Cookie	13 Quiche Florentine Fresh Fruit Garden Vegetables Green Salad Pie Day
Taste of Ireland Irish Baked Salmon Rice Pilaf Minted Peas Spring Salad Shamrock Cookie	17 Garlic Herbed Chicken Roasted Sweet Potatoes Broccoli Spinach Salad Orange Fluff	18 Sloppy Joe Baked Chips Mixed Vegetables Coleslaw Fresh Baked Cookie	19 Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Green Salad Banana Pudding	20 Pimento Cheese Sandwich Macaroni Salad Green Beans Garden Salad Pound Cake w/Toppings
Smothered Chicken Rice Pilaf Garden Vegetables Green Salad Ambrosia	24 Cheeseburger Crinkle Cut Fries Scandinavian Vegetables Spring Salad Birthday Cake	25 Roasted Turkey Sweet Potatoes Mixed Vegetables Spinach Salad National Spinach Day Brownie	26 Pasta w/Meat Sauce Italian Flat Cut Beans Garlic Bread Caesar Salad Fresh Baked Cookie	27 Baked Fish w/Tartar Sauce Rice Pilaf Broccoli Coleslaw Cherry Cobbler
Chicken Fried Steak Mashed Potatoes Peas & Carrots Caesar Salad Fresh Baked Cookie	 <p style="text-align: center;">Friends Place Richardson</p> <h1 style="text-align: center;">March 2025</h1> <p style="text-align: center; font-size: small;">All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS diets-Fresh Fruit, 1/2 portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets-Table salt is not available</p>			

Menus approved by: Julie Pan MS, RD

Date: 2/21/2025