

August 2025



# Friends News



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## August Celebrations

Wed Aug 6	Sherry Hamilton entertains
Fri Aug 15	Sierra Leone entertains
Thu Aug 21	Birthday Celebration with Gary Freeman
Wed Aug 27	Watermelon Party!!!
Fri Aug 29	Art with Stephanie
August 13 <sup>th</sup> & 27 <sup>th</sup>	Chair Exercise with Merrily
June 2 <sup>nd</sup> and 16 <sup>th</sup>	Good News Story Hour
Book Club is Reading	The Life of Pi by Yann Martel

## Morning Seminars!

Fridays in August will feature morning seminars by Activity Director Jesse Andrews and Program Director Ryan Henry. Come in early ready to laugh, cry and be challenged. It is a great way to be a life-long learner! You are never too old to learn new tricks!



## Friends Place Exhibit Hall

The week of September 29<sup>th</sup> will feature our own Friends Place Exhibit Hall as part of our State Fair celebration. This is an opportunity for each of our members to share something that they feel represents them. Sometimes that is something that they have made, a picture of an important person in their life, an award that they have won or anything else that has some meaning for your loved one. We put it on display in our dining room with a placard that tells us a bit of the provenance of the item: who it represents, why it is important and any other details that you can provide. It gives all of our members unique insight into each other.

This is one of my favorite times of the year, and not just because my and my daughter's birthdays are in October. Seeing everything that our members bring shines a new light on who they are now and who they used to be. Few things bring me more joy than seeing the pride on our members' faces when they see that thing that means the most to them on display for all to see. The excitement that they have when telling their friends about the photo, picture frame, quilt or macaroni art is truly infectious.

We will have a short survey to fill out when you submit something so you can tell the story of what you brought and how it represents your loved one. I can't wait to see what you all bring this year!

## State Fair Exhibit Hall

September 25 – October 5

Accepting submissions during the month of September





## **Birthday Wishes**

Mamie T – Aug 4

Jessica G – Aug 17

## **Staff Birthdays**

MaryLynne Henry – Aug 8

DeJada Nelson – Aug 15

Kerrington Williams – Aug 25

## **Support Group at Friends Place**

### **Alzheimer's Caregiver Support Group**

**Tuesday, August 12**

**General Discussion**

**Time: 2:00-3:30 pm**

**Tuesday, August 26**

**Speaker: Dr. Jessica Voit, MD**

**Topic: Ageism – What it is and How to  
Reduce it in our Healthcare System**

**Time: 2:00 – 3:30 pm**

**Care for your loved one provided at no  
cost during the support group meeting.**

**Call to reserve a spot: 972-274-2484**

## **Dad Jokes of the Month**

What are a school teacher's 3 favorite words?

Why can't you find any lions after August?

Why do bananas use sunscreen in August?



Answers: June, July and August; they peel!  
goeth before the fall; they peel!



## **MAKE YOUR RESERVATION**

**You can submit a reservation calendar online! Call  
us at (972) 274-2484 to be added to our monthly  
mailing list. Paper copies are still available.**

**Get your reservation in to guarantee yourself a  
spot!**

**Also, you can make changes to your  
reservation by texting 469-553-0188**