

Monday		Tuesday		Wednesday		Thursday		Friday		
 Friends Place Richardson October 2025 All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, 1/2 portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available 				BBQ Chicken Macaroni & Cheese Garden Vegetables Spinach Salad Ambrosia		1	Swedish Meatballs Rice Pilaf Carrots Garden Salad Orange Sherbet	2	Smothered Chicken Au Gratin Potatoes Broccoli Spring Salad Apple Cobbler	3
Chicken Alfredo Scandinavian Vegetables Garlic Toast Caesar Salad Mini Cupcake		6	National Taco Day Soft Taco Fiesta Rice Pinto Beans Green Salad Banana Pudding	7	Sloppy Joe Baked Chips Mixed Vegetables Garden Salad Pistachio Fluff	8	Taste of Germany Chicken Schnitzel German Mashed Potatoes Bavarian Green Beans Coleslaw Fresh Baked Cookie	9	Baked Fish Macaroni & Cheese Garden Vegetables Spinach Salad Angel Food Cake Day	10
Lemon Pepper Chicken Sweet Potatoes Mixed Vegetables Garden Salad Ambrosia		13	Salisbury Steak Rice Pilaf Green Beans Spring Salad National Dessert Day	14	Fried Chicken Scalloped Potatoes Carrot Cascade Spinach salad Fresh Baked Cookie	15	Pizza Pasta Salad Corn Coleslaw Brownie	16	Fair Day Big Tex Burger Texas Tator Twister Garden Vegetables Green Salad Blue Ribbon Apple Pie	17
Chicken Fried Steak With Gravy Mashed Potatoes Garden Vegetable Garden Salad Pistachio Fluff		20	Turkey Sandwich Baked Chips Broccoli Spinach Salad National Apple Day Apple Dump Cake	21	Beef Lasagna Italian Flat Cut Beans Garlic Bread Caesar Salad Orange Sherbet	22	Chicken Quesadilla Spanish Rice Pinto Beans Green Salad Fresh Baked Cookie	23	Meatloaf w/ Gravy Mashed Potatoes Scandinavian Vegetables Coleslaw Lemon Cake	24
Chicken Tenders Scalloped Potatoes Garden Vegetable Spring Salad Chocolate Pudding		27	Hot Dog Tater Tots Green Beans Coleslaw Birthday Cake	28	Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Caesar Salad Ambrosia	29	Tomato Basil Soup Grilled Cheese Sandwich Baked Chips Garden Salad Peach Cobbler	30	Halloween Ghoulish Goulash Pumpkin Carrots Vampire Garlic Bread Swampy Spinach Salad Dirt/Worms	31

Menus approved by: Julie Pan MS, RD

Date: 9/23/2025