

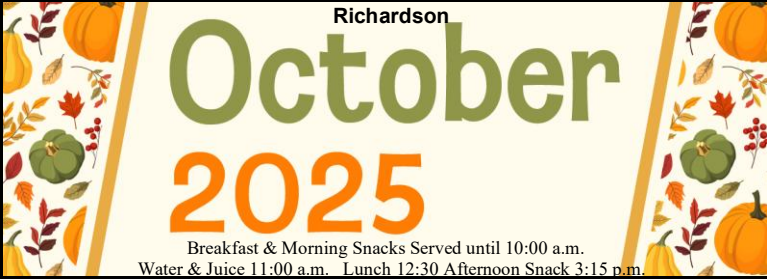
Monday

Tuesday

Wednesday

Thursday

Friday

<div> <div>  </div> <div> <p>Richardson</p> <h1>October 2025</h1> <p>Breakfast & Morning Snacks Served until 10:00 a.m. Water & Juice 11:00 a.m. Lunch 12:30 Afternoon Snack 3:15 p.m.</p> </div> </div>		<p>Ladies only Support Group</p> <p>10:10 Competitive Games-Movie Stars of the 40's-Word Builder Never Have I Ever-Spill & Spell-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Family Feud-Buzz Time-Similes-Extra Activity 2:30 BINGO-Bunco-Guess the Jazz Musician's-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Chicken Soup for the Soul</p>	<p>National Poetry Day</p> <p>10:10 Competitive Games-Super Quiz-Choices in a Jar-American Trivia-Famous Folks-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Poems of Gratitude-Who am I? Poets-A to Z Trivia-Extra Activity 2:30 BINGO-Creative Forecasting-Colorist Corner-Extra Activity 3:30 Light Stretching Exercise-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Reminiscing</p>	<p>Anniversary of the Model T 1908 World Smile Day</p> <p>10:10 Competitive Games-Double Trouble-Word in a Word-October in History-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group/Cars-Pondering Points-Mixed-Up Oktoberfest-Words Start with OC-Extra Activity 2:30 BINGO-What Makes You Smile?-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament Cont. 4:30 Comedy & Snack</p>
<p>National Mad Hatter's Day Ladies only Support Group</p> <p>10:10 Competitive Games-Jumbled Words-Silly Sentences-Would You Rather-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk/Mad Hatter-Mixed Bag Quiz-Art Corner-Extra Activity 2:30 BINGO-Shut the Box-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Superstitions</p>	<p>National Taco Day American Band Stand Day</p> <p>10:10 Competitive Games-Match Songs w/Artists-Anagrams-Category Puzzle-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Travel Series-American Band Stand-Baby Boomers Song Quiz-Coded Message-Extra Activity 2:30 BINGO-Number 1 Hits Reminiscing-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Magazine Scavenger Hunt</p>	<p>10:10 Competitive Games-Finishing Lyrics-You Be the Judge-Musical Hangman-Extra Activity 11:10 Tia Chi w/Sandy-Enrichment 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Wiz Quiz-Choose the Correct Spelling-Art Corner-Extra Activity 2:30 BINGO-Mix & Match-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Memory Street</p>	<p>Alzheimer's Support Group Staycation to Germany/Oktoberfest</p> <p>10:10 Competitive Games-Words that Start with G-German Quiz German Catch Phrase-Munich Category Puzzle-Extra Activity 11:00 Heart of Texas Therapy Dogs 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Germany Landmarks 2:00 Mike Frankie Acordion Player Performs 3:00 BINGO-German Scramble-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Travel to Germany</p>	<p>10:10 Competitive Games-It's a Fair Scramble-Midway Games Balloon Art-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Fair Jeopardy-Midway Games-Henna Demonstration 2:30 BINGO-State Fair Trivia-Bunco-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Comedy & Snack</p>
<p>Columbus Day 1492/Navy's Birthday</p> <p>10:10 Competitive Games-Word in a Word/Columbus Day-Columbus Day Process of Elimination-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Happy Columbus Day-Oceans Categories-Columbus Day Jumble-Extra Activity 2:30 BINGO-Columbus Sailed the Ocean "Blue"-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Poetry</p>	<p>National Dessert Day</p> <p>10:10 Competitive Games-Desserts from A to Z-Word Pyramid 10/4 letter words-Autumn Quiz-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Travel Series-Girl Talk-Blank Slate Word Game-"Hot Seat"-Extra Activity 2:30 BINGO-Logo Quiz-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Idioms</p>	<p>National I Love Lucy Day</p> <p>10:10 Competitive Games-Hangman-Faces and Places-Positive Words Scramble-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-I Love Lucy Fun Trivia-Pot Luck Quiz-Hit or Miss Music Roulette -Extra Activity 2:30 BINGO-Sorting/Matching-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 I Love Lucy Show</p>	<p>Men only Support Group National Dictionary Day</p> <p>10:10 Competitive Games-Words that Start With?-Gestures-Dictionary Fun Trivia-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Spell Bee-This or That?-Which One Is Not Like the others? -Extra Activity 2:30 BINGO-Bananagram-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Short Stories</p>	<p>10:10 Competitive Games-Clue Trivia-Keep Your Brain Young Juggin your Noggin-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Kitchen Items Scrabble-Brain-O-Matic-Flip Card-Extra Activity 2:30 BINGO-Who Sang That Tune-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Comedy & Snack</p>
<p>National Suspenders Day</p> <p>10:10 Competitive Games-Apples to Apples-Letter Getter-Logical Apple Picking-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Memory Boards-Phrases & Proverbs-Extra Activity 2:30 BINGO-Pictionary-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Apple Trivia</p>	<p>International Day of Nacho's</p> <p>10:10 Competitive Games-4-Letter Words Rhyming Quiz-20th Century Trivia-Chat Pak-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Travel Series-Girl Talk-Letter Getter-Keep Your Brain Young-Left, Right, Center-Extra Activity 2:30 BINGO-Pokeemo-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Reminiscing Cards</p>	<p>Wind Down Wednesday</p> <p>10:10 Competitive Games-Look It Up-Heel or Heal Quiz-Strengthen Your Mind-Word Mining-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Compound Words-Bean Bag Twister-Memory Boards-Extra Activity 2:30 BINGO-Left, Right, Center-Art Corner-Extra Activity 3:15 Wind Down Wednesday 3:45 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 How Did We Ever Live Without?</p>	<p>Informational Support Group</p> <p>10:10 Competitive Games-Music Word Scramble-Brain For Category Puzzle-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Girl Talk-Bean Bag Twister-Name 10-Ultimate Senior Trivia-Extra Activity 2:30 BINGO-Active Group-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Reminiscing Cards</p>	<p>United Nations Day</p> <p>10:10 Competitive Games-Anagrams-Target Letter-Shake Loose a Memory-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Agatha Christie Scramble-Compound Word Challenge-Keep Your Brain Young-Extra Activity 2:30 BINGO-Song Hangman-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Comedy & Snack</p>
<p>10:10 Competitive Games-Reminiscing Quest-Table Topics Legends & Heros-Thrifties-Extra Activity 11:10 Tai Chi w/Sandy-Enrichment Activity Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Word Tag-Memory Deck-All About Pumpkins-Art Corner-Extra Activity 2:30 BINGO-Scraples-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Make 'Em Smile</p>	<p>October Birthday Party Celebration</p> <p>10:10 Competitive Games-Sing the next Line Quiz-Give Me a Pumpkin Spice Latte Mining-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity-Book Club 1:45 Catch Phrase 2:00 Birthday Party w/Norris Perry 3:00 BINGO-Farlie-Art Corner-Extra Activity 3:45 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Magazine Scavenger Hunt</p>	<p>National Cat Day Grandparents Day</p> <p>10:10 Competitive Games-Grandparents Quiz-Fun Cat Trivia-Trivia Tic Tac Toe-Extra Activity 11:10 Tia Chi w/Sandy-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk/Grandparents-How to say grandma & grandpa in different languages-Scraples-Extra Activity 2:30 BINGO-Name that Song-R-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Memory Street</p>	<p>National Candy Corn Day/Guess How Many in the Jar</p> <p>10:10 Competitive Games-Missing Letters-Logical Musical Animal, Food or City-Extra Activity 11:10 Sit and Be Fit-Enrichment Program 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk/Etiquette-Follow the Letter-"Corn" on the "Cob"-Shut the Box-Extra Activity 2:30 BINGO-Table Topics-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Precious Moments</p>	<p>Halloween/Wear your favorite costume</p> <p>10:10 Competitive Games-Witches Hangman-Scary Categories Everybody is BOO-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Halloween Pondering Points-Double O Word Game-Extra Activity 2:30 BINGO-Haunted House Mining-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Cont. 4:30 Comedy & Snack</p>

Daily 9:00 -10:15 Coffee, Chit Chat, News & Views