

Monday	Tuesday	Wednesday	Thursday	Friday
	<h1>Jan 2026</h1> <h2>Friends Place Adult Day Services</h2>			
<b>Welcome Back Friends</b> <b>5</b> 10:00 Morning Seminar - Who Am I? Joe Fraiser /Penny Pitching/January IQ Detective/ 10:45 Seminar Cont'd/ Amen Corner Bible Trivia /Under the Weather Detective 11:30 Singing/Exercise 1:30 Songs About Water/ The Alaska Purchase// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Name 5/Enrichment	<b>Epiphany</b> <b>6</b> 10:00 Morning Seminar - Alaska and Moose Trivia /Name 10/Color In Cups/ 10:45 Seminar Cont'd/ Penny Pitching /Color In Cups 11:30 Singing/Exercise 1:30 Songs That Span Generations/ Luck in a Tea Cup// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Rhyme Tyme/Enrichment	<b>Cookbook Day</b> <b>7</b> 10:00 Morning Seminar - Book Club /Bowling/Cooking Class/ 10:45 Seminar Cont'd/ Ring Toss /Alaskan Animals Match 11:30 Singing/Exercise 1:30 Songs from the 60s That Never Get Old/ What Am I? Iditarod// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Scattergories/Enrichment	<b>Gary Freeman Performs</b> <b>8</b> 10:00 Morning Seminar - Interactive Jeopardy /Cornhole/Moose Ant Magnificent Word Fit/ 10:45 Seminar Cont'd/ Nerf Guns /Jason Bateman Wordsearch 11:30 Singing/Exercise 1:30 People Who Were Larger Than Life/ Light Debate// Enrichment/Dominoes/ 2:00 <b>Gary Freeman Entertains</b> 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Pictionary/Enrichment	<b>Fun With Beads</b> <b>9</b> 10:00 Morning Seminar - Food Guesser /Question Ball/Beaded Snowflake Pin/ 10:45 Seminar Cont'd/ Name 10 /Beaded Snowflake Pin 11:30 Singing/Exercise 1:30 The Ultimate Pizza Tour/ EZ Does it Trivia// Enrichment/Dominoes/ 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / Ungame / / Enrichment 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Name That/Enrichment
<b>Gold on the Ice Day</b> <b>12</b> 10:00 Morning Seminar - What Am I? Gold /Word Train/New Calendar Word Search/ 10:45 Seminar Cont'd/ Finish the Phrase /Winter Clothing Crossword 11:30 Singing/Exercise 1:30 Lighthouses Across America/ The Ice King: Wayne Gretzky// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / / Enrichment 3:45 Who Wants to Be A Millionaire/ Light and Lively/ 4:15 Listmania/Enrichment	<b>Paint By Number Fun</b> <b>13</b> 10:00 Morning Seminar - Famous Football Players /Axe Throwing/January Paint by Number/ 10:45 Seminar Cont'd/ Ring Toss /January Paint By Number 11:30 Singing/Exercise 1:30 Moving to Motown Hits/ Jack London and the Call of the North// Enrichment/Dominoes/ 2:30 Bingo/ Word Association / Enrichment 3:00 Bingo(cont'd) / What Would You Do / / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Finish the Phrase/Enrichment	<b>Merrily Workshops Visits</b> <b>14</b> 10:00 Morning Seminar - Book Club /Darts/Cooking Class/ 10:45 Seminar Cont'd/ Finish the Phrase /Snowman Word Match 11:30 Singing/ <b>Exercise with Merrily</b> 1:30 Movies About Famous Musicians/ MLK Trivia// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Family Feud/Enrichment	<b>Happy Days Day</b> <b>15</b> 10:00 Morning Seminar - Interactive Jeopardy /Ping Pong Toss/Cold as Ice Fill in the Blank/ 10:45 Seminar Cont'd/ Word Train /Searching for January 11:30 Singing/Exercise 1:30 Innovative Musicians Throughout The Years/ On the Trail of Moose Tracks// Enrichment/Dominoes/ 2:30 Bingo/ Wacky Wordies / Enrichment 3:00 Bingo(cont'd) / You Be The Judge / Enrich 3:45 Decade Trivia/ Light and Lively/ 4:15 Boggle/Enrichment	<b>Yoga with Tasha</b> <b>16</b> 10:00 Morning Seminar - Story Sequence Game /Chair Basketball/Craft Stick Snowflakes/ 11:00 <b>Yoga with Tasha</b> 11:30 Singing/Exercise 1:30 Hit Music Videos From MTV's Music Age/ Star of the Month: Jason Bateman// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Fact or Crap/ Light and Lively/ 4:15 Word Teasers/Enrichment
<b>MLK Day</b> <b>19</b> 10:00 Morning Seminar - Wayfinding: Navigating the Seas /Golf/Famous January Birthdays/ 10:45 Seminar Cont'd/ Axe Throwing /Awesome Alaska Quote 11:30 Singing/Exercise 1:30 Legends of Jazz/ The Voice Heard Around the World// Enrichment/Dominoes/ 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Taboo/Enrichment	<b>Birthday Celebration with Jamaal Wicks</b> <b>20</b> 10:00 Morning Seminar - Riddle Me This /Penny Pitching/Mittens and Skates Craft/ 10:45 Seminar Cont'd/ Washers /Mittens and Skates Craft 11:30 Singing/Exercise 1:30 Lounge Singers of Las Vegas/ From Selma to Montgomery// Enrichment/Dominoes/ 2:00 <b>January Birthdays with Jamaal Wicks</b> 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Trivial Pursuit/ Light and Lively/ 4:15 A-Z Categories/Enrichment	<b>Heart of Texas Therapy Dogs Visit</b> <b>21</b> 10:00 Morning Seminar - Book Club /Name 10/ <b>Therapy Dogs</b> / Cooking Class/ 10:45 Seminar Cont'd/ Chair Volley Ball /SHAPE Categories 11:30 Singing/Exercise 1:30 British Singer-Songwriters of the 70s and 80s/ Guy Talk// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Name 5/Enrichment	<b>New Hobbies Day</b> <b>22</b> 10:00 Morning Seminar - Interactive Jeopardy /Amen Corner Bible Trivia/Spelling Penguin Party/ 10:45 Seminar Cont'd/ Question Ball /Alaska Purchase Word Search 11:30 Singing/Exercise 1:30 Country Music's Entertainer of the Year (1960s and 1970s Edition)/ The Majestic Alaskan Moose// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Ungame / / Enrichment 3:45 Strengthen Your Mind/ Light and Lively/ 4:15 Rhyme Tyme/Enrichment	<b>Art with Stephanie</b> <b>23</b> 10:00 Morning Seminar - Food Guesser /Parachute/ <b>Art with Stephanie</b> / 11:00 <b>Yoga with Tasha</b> 11:30 Singing/Exercise 1:30 Blues That Make You Move/ Anchorage Alaska/ Enrichment/Dominoes/ 2:30 Bingo/ BOARD Categories / Enrichment 3:00 Bingo (cont'd) / Conversation Cards / / Enrichment 3:45 <b>Movie Day</b> 4:15 <b>Movie Day</b>
<b>Aviator Day</b> <b>26</b> 10:00 Morning Seminar - What Am I? Dunkin Donuts/Bowling/MONTH Categories/ 10:45 Seminar Cont'd/ Chair Basketball /Bread Machine Crossword 11:30 Singing/Exercise 1:30 A World Tour of the Five Senses/ Big Fun// Enrichment/Dominoes/ 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / What Would You Do / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Pictionary/Enrichment	<b>Mike Frankel Performs</b> <b>27</b> 10:00 Morning Seminar - The Story of Balto /Cornhole/Perpetual Calendar Dial/ 10:45 Seminar Cont'd/ Nerf Guns /Perpetual Calendar Dial 11:30 Singing/Exercise 1:30 A Journey To Epic Views Around The World/ Tales of the Last Frontier// Enrichment/Dominoes/ 2:00 <b>Mike Frankel and His Accordion</b> 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 Book of Answers/ Light and Lively/ 4:15 Name That/Enrichment	<b>Merrily Returns</b> <b>28</b> 10:00 Morning Seminar - Book Club /Axe Throwing/Cooking Class/ 10:45 Seminar Cont'd/ Name 10 /Chicken Noodle Soup Mining 11:30 Singing/ <b>Exercise with Merrily</b> 1:30 On the Cover of Rolling Stone Magazine (1970s and 80s Edition)/ What Am I? Bobbleheads// Enrichment/Dominoes/ 2:30 Bingo/ Word Association / Enrichment 3:00 Bingo(cont'd) / You Be The Judge / / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Listmania/Enrichment	<b>Puzzle Day</b> <b>29</b> 10:00 Morning Seminar - Interactive Jeopardy /Darts/Crossword #49/ 10:45 Seminar Cont'd/ Finish the Phrase /Amazing Moose Crossing 11:30 Singing/Exercise 1:30 Before They Were Famous/ Too Good to Be True// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Finish the Phrase/Enrichment	<b>New Years Baby Games!</b> <b>30</b> 10:00 Morning Seminar - Story Sequence Game /Ping Pong Toss/Making Hot Cocoa Cups/ 11:00 <b>Yoga with Tasha</b> 11:30 Singing/Exercise 1:30 A Tour of New England Churches/ What's New in 2026// Enrichment/Dominoes/ 2:00 <b>New Years Baby Games</b> 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Family Feud/Enrichment

Breakfast/ Chit-chat 7:30 am – 10:00 am. Lunch 12:30. Afternoon Snack 3:00 pm