

Monday

Tuesday

Wednesday

Thursday

Friday

February 2026

Friends Place Adult Day Services, DeSoto, Tx.

Dora Visits on Groundhog Day 2	Half Winter Day 3	Snow Sculpting Day 4	Hank Aaron Birth Anniversary 5	Are You Ready for the Superbowl? 6
10:00 Morning Seminar - Groundhog Trivia /The Good News Story Hour/Searching for Groundhogs/ 10:45 Seminar Cont'd/ Parachute /NORTH Categories 11:30 Singing/Exercise 1:30 Songs About Water/ About Groundhogs// Enrichment/Dominoes/ 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Name 5/Wheel of Fortune/Enrichment	10:00 Morning Seminar - Exploring Singapore /Ungame/Paper Heart Wreath/ 10:45 Seminar Cont'd/ Chair Volleyball /Paper Heart Wreath 11:30 Singing/Exercise 1:30 Songs That Span Generations/ Putting The Past in Order// Enrichment/Dominoes/ 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Rhyme Tyme/Word Train/Enrichment	10:00 Morning Seminar - Book Club /Bowling/Cooking Class/ 10:45 Book Club/ Amen Corner Bible Trivia /Spelling HUMMINGBIRD 11:30 Singing/Exercise 1:30 Songs from the 60s That Never Get Old/ What's Your Verdict// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Scattergories/A-Z Categories/Enrichment	10:00 Morning Seminar - Feb. Modern Jeopardy Interactive Trivia /Name That/February IQ/ 10:45 Seminar Cont'd/ Cornhole /Olympic Events Puzzle 11:30 Singing/Exercise 1:30 People Who Were Larger Than Life/ Are You A Horse// Enrichment/Dominoes/ 2:30 Bingo/ BOARD Categories / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Pictionary/Hangman/Enrichment	10:00 Morning Seminar - Who Am I? Tom Brokaw /Ring Toss/Paint By Number/ 10:45 Seminar Cont'd/ Word Ladders /Paint My Number 11:30 Singing/Exercise 1:30 The Ultimate Pizza Tour/ Guy Talk// Enrichment/Dominoes/ 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / Ungame / / Enrichment 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Name That/Pictionary/Enrichment
Winter Olympics Day 9	Heart 2 Heart Day 10	Cooking Valentine's Cookies 11	Valentine's Day Spaghetti Dinner 12	Ladies of First Distinction Visit 13
10:00 Morning Seminar - Discussing the Winter Olympics/EZ Trivia/The Color Purple Word Search/ 10:45 Seminar Cont'd/ Nerf Guns /Spelling CIVIL RIGHTS 11:30 Singing/Exercise 1:30 Lighthouses Across America/ The Story of Goobers// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / Enrich 3:45 Who Wants to Be A Millionaire/ Light and Lively/ 4:15 Listmania/Wheel of Fortune/Enrichment	10:00 Morning Seminar - Word Associations Game /Axe Throwing/Lollipop Bouquet/ 10:45 Seminar Cont'd/ That's It /Lollipop Bouquet 11:30 Singing/Exercise 1:30 Moving to Motown Hits/ Who Am I? Black History Month// Enrichment/Dominoes/ 2:30 Bingo/ Word Association / Enrichment 3:00 Bingo(cont'd) / What Would You Do / / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Finish the Phrase/Word Train/Enrichment	10:00 Morning Seminar - Book Club /Chat Pack/Cooking Class/ 10:45 Book Club/ Darts /Songs of the Heart Word Search 11:30 Singing/Exercise with Merrily 1:30 Movies About Famous Musicians/ The King Cake Story// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Family Feud/A-Z Categories/Enrichment	10:00 Morning Seminar - Book Club /Ping Pong Toss/Valentine Lovin Detective/ 10:45 Seminar Cont'd/ BOARD Categories /Valentine's Crossword 11:30 Singing/Exercise 1:30 Innovative Musicians Throughout The Years/ Remembering Valentine's Day/ Enrichment/Dominoes/ 2:30 Bingo/ Wacky Wordies / Enrichment 3:00 Bingo(cont'd) / You Be The Judge / /Enrich 3:45 Valentine's Party and Dinner with Ben Myers - Begins at 4pm	10:00 Morning Seminar - Who Am I? Dorothy Hamill /Name 5/Mini Valentine's Cards/ 10:45 Seminar Cont'd/ Chair Basketball /Mini Valentine's Cards 11:30 Singing/Exercise 1:30 Hit Music Videos From MTV's Music Age/ Famous Love Letters// Enrichment/Dominoes/ 2:30 Ladies of First Distinction Visit/ Word Mining / Enrichment 3:15 Table Topics / / Enrichment 3:45 Fact or Crap/ Light and Lively/ 4:15 Word Teasers/Pictionary/Enrichment
Chinese New Year Begins! 16	Happy Mardi Gras Y'all! 17	Jim Gatlin Performs 18	Pisces Season Begins 19	The Art of Black History 20
10:00 Morning Seminar - Lunar New Year/ Chinese Zodiac /Lunar New Year Countdown/ The Good News Story Hour/Feb. Dot to Dot/ 10:45 Seminar Cont'd/ Parachute /Collage Detective: Illumination 11:30 Singing/Exercise 1:30 Legends of Jazz/ Mr. Lincoln's Wiskers// Enrichment/Dominoes/ 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Taboo/Wheel of Fortune/Enrichment	10:00 Morning Seminar - Exploring New Orleans /USA Brainbox/Making Mardi Gras Masks/ 10:45 Seminar Cont'd/ Penny Pitching /Making Mardi Gras Masks 11:30 Singing/Exercise 1:30 Lounge Singers of Las Vegas/ Historic Places of the Civil Rights Movement// Enrichment/Dominoes/ 2:30 Bingo/ Hangman / Enrichment 3:00 Bingo(cont'd) / Would You Rather / / Enrichment 3:45 Trivial Pursuit/ Light and Lively/ 4:15 A-Z Categories/Word Train/Enrichment	10:00 Morning Seminar - Book Club/Therapy Dogs /Golf/Cooking Class/Therapy Dogs/ 10:45 Book Club/ Golden Carer's Quizzes /Grocery Store Crossword 11:30 Singing/Exercise 1:30 British Singer-Songwriters of the 70s and 80s/ What Would You Do// Enrichment/Dominoes/ 2:00 Jim Gatlin Performs/ Enrichment 3:00 Bingo/ Loaded Questions / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Name 5/A-Z Categories/Enrichment	10:00 Morning Seminar - Mardi Gras Jeopardy /Ungame/Black Authors Word Match/ 10:45 Seminar Cont'd/ Washers /Harlem Renaissance Word Search 11:30 Singing/Exercise 1:30 Country Music's Entertainer of the Year (1960s and 1970s Edition)/ Lighting Up Chinese New Year with Lanterns// Enrichment/Dominoes/ 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Ungame / / Enrichment 3:45 Strengthen Your Mind/ Light and Lively/ 4:15 Rhyme Tyme/Hangman/Enrichment	10:00 Morning Seminar - Black Artists and Their Art /Parachute/Black History Month Art Project/ 10:45 Seminar Cont'd/ Amen Corner Bible Trivia /Black History Month Art Project 11:30 Singing/Exercise 1:30 Blues That Make You Move/ The Beautiful and The Bold// Enrichment/Dominoes/ 2:30 Bingo/ BOARD Categories / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / / Enrichment 3:45 Mental Floss/ Light and Lively/ 4:15 Scattergories/Pictionary/Enrichment
Winter Olympics Closing Ceremonies 23	Light the Sky with Lanterns 24	Birthday Celebration with Sherry Hamilton 25	Birthdate of Jazz Music 26	Art Class and Movie Day! 27
10:00 Morning Seminar - What Am I? Bobblesliding /That's It/Mardi Gras Crossword/ 10:45 Seminar Cont'd/ Bowling /BEADS Categories 11:30 Singing/Exercise 1:30 A World Tour of the Five Senses/ Star of the Month: Sidney Poitier// Enrichment/Dominoes/ 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / What Would You Do / / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Pictionary/Wheel of Fortune/Enrichment	10:00 Morning Seminar - Food Guessr/ Wordle /Cornhole/Chinese New Year Lanterns/ 10:45 Seminar Cont'd/ Name 10 /Chinese New Year Lanterns 11:30 Singing/Exercise 1:30 A Journey To Epic Views Around The World/ The Legacy of Sweet Potato Pie// Enrichment/Dominoes/ 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / / Enrichment 3:45 Book of Answers/ Light and Lively/ 4:15 Name That/Word Train/Enrichment	10:00 Morning Seminar - Book Club /EZ Trivia/Cooking Class/ 10:45 Book Club/ Axe Throwing /Mixed Up Friendship Movies 11:30 Singing/Exercise with Merrily 1:30 On the Cover of Rolling Stone Magazine (1970s and 80s Edition)/ Would You Rather// Enrichment/Dominoes/ 2:00 Birthday Celebration with Sherry Hamilton/ Enrichment 3:00 Bingo(cont'd) / You Be The Judge / / Enrich 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Listmania/A-Z Categories/Enrichment	10:00 Morning Seminar - Feb. More Jeopardy Interactive Trivia /Darts/Year of the Horse Word Search/ 10:45 Seminar Cont'd/ Word Ladders /Chinese New Year Word Match 11:30 Singing/Exercise 1:30 Before They Were Famous/ Lunar New Year Around the World// Enrichment/Dominoes/ 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Finish the Phrase/Hangman/Enrichment	10:00 Morning Seminar - Where Am I? Library of Congress /Scattergories/Art Class/ 10:45 Seminar Cont'd/ Ping Pong Toss /Art Class 11:30 Singing/Exercise 1:30 A Tour of New England Churches/ Ramadan True or False// Enrichment/Dominoes/ 2:30 Bingo/ Wacky Wordies / Enrichment 3:00 Movie Day(cont'd) / Chat Pack / / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Family Feud/Pictionary/Enrichment

Breakfast/ Chit-chat 7:30 am – 10:00 am. Lunch 12:30. Afternoon Snack 3:00 pm