

Monday

Tuesday

Wednesday

Thursday

Friday

February 2026

Friends Place Adult Day Services, DeSoto, Texas



Chicken Tenders Broccoli Florets Macaroni & Cheese Tomatoes and Cucumber Salad Ice Cream Sandwich	2 Salisbury Steak Green Beans Scalloped Potatoes Coleslaw Salad Banana Cream Pie	3 Swedish Meatballs Italian Vegetables over Noodles Mixed Green Salad Lemon Cake	4 Smothered Chicken Mixed Vegetables Mashed Potatoes Carrot Salad Peach Cobbler	5 Super Bowl Hot Dogs Peas & Carrots Potato Salad Coleslaw Salad AT&T Arena Dessert Nachos	6
Beef Enchiladas Pinto Beans Spanish Rice Tomatoes and Cucumber Salad Neapolitan Ice Cream	9 BBQ Chicken Mixed Vegetables Roasted Potatoes Mixed Green Salad Apple Cobbler	10 Beef Lasagna Green Beans Garlic Bread Ceasar Salad Chocolate Chip Cookies	11 Chicken and Dumplings Glazed Carrots Cornbread Beet and Corn Salad Sherbet	12 "That's Amore" Meatloaf Italian Vegetables Mashed Potatoes Gorgeous Green Salad Lovers Strawberry Cake	13
Cheeseburgers California Vegetables Sweet Potato Fries Coleslaw Salad Peach Cobbler	16 Tilapia Filet Peas & Carrots Macaroni & Cheese Beet and Corn Salad Banana Pudding	17 Chicken Alfredo Mixed Vegetables Garlic Bread Carrot Salad Chocolate Cake w/Icing	18 Chicken Stir Fry Oriental Vegetables Seasoned Rice Coleslaw Salad Sugar Cookies	19 Cheese Ravioli Broccoli Florets Garlic Bread Caesar Salad Apple Cobbler	20
Chili Cheese Dogs Baked Beans Onion Rings Broccoli Salad Oatmeal Raisin Cookies	23 Cod Filet Green Beans Roasted Potatoes Green Salad Brownies	24 Chicken Pot Pie Beets Texas Toast Carrot Salad Ambrosia	25 Baked Ham Capri Vegetables Potatoes Au Gratin Coleslaw Salad Bread Pudding	26 Beef Stew Broccoli Florets Cornbread Mixed Green Salad Chocolate Chip Cookies	27