

Monday

Tuesday

Wednesday

Thursday

Friday

Friends Place Richardson

February 2026

All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated.
For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered.
For no added salt diets-Table salt is not available



Fried Chicken Tater Tots Day Green Beans Garden Salad Peach Cobbler.	2	Soft Taco Spanish Rice Black Beans Caesar Salad Pistachio Fluff	3	Homemade Soup Day Chicken Soup Pimento Cheese Sandwich Baked Chips Spinach Salad Fresh Baked Cookie	4	Chicken Fried Steak Mashed Potatoes Carrot Cascade Spring Salad Ambrosia	5	Smothered Chicken Rice Pilaf Garden Vegetables Coleslaw Lemon Cake	6
National Pizza Day Pasta Salad Corn Coleslaw Brownie	9	Cheeseburgers French Fries Green Beans Garden Salad Cherry Pie	10	Chicken Tenders Macaroni & Cheese Garden Vegetables Spring Salad Orange Sherbet	11	Meatloaf Mashed Potatoes Peas & Carrots Caesar Salad Fresh Baked Cookie	12	Lemon Pepper Chicken Scalloped Potatoes Broccoli Spinach Salad Peach Cobbler	13
Lasagna Italian Vegetables Garlic Bread Caesar Salad Pistachio Fluff	16	Mardi Gras Turkey Chili Cornbread Garden Vegetables Spring Salad King Cake	17	Vegetable Soup Peanut Butter & Jelly Sandwich Baked Chips Garden Salad Pound Cake w/Toppings	18	Chicken Quesadilla Spanish Rice Black Beans Spinach Salad Fresh Baked Cookie	19	Baked Fish Macaroni & Cheese Green Beans Coleslaw Apple Pie	20
Taste of China Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Garden Salad Ambrosia	23	Meat Sauce w/Pasta Italian Flat Cut Beans Garlic Bread Caesar Salad Fresh Baked Cookie	24	Fried Chicken Macaroni & Cheese Carrot Cascade Coleslaw Birthday Cake	25	Salisbury Steak Mashed Potatoes Broccoli Spring Salad Brownie	26	Tomato Soup Grilled Cheese Sandwich Scandinavian Vegetables Spinach Salad Strawberry Shortcake	27

Menus approved by: Julie Pan MS, RD

Date: 1/7/2026