

Monday

Tuesday

Wednesday

Thursday

Friday



# May 2026

Breakfast & Morning Snacks Served un 10:00 a.m. Water & Juice 11:00 a.m.  
Lunch 12:30 p.m. Afternoon Snack 3:15 p.m.

**1**

**May Day**  
**National Space Day**

10:10 Competitive Games-Mixed-Up Fresh Start-Derby Quiz- Words starting with M-Celebrating May Day-Extra Activity  
11:10 Zumba w/Francesca-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Reach for the Stars-Milky way Quiz-Art Corner-Extra Activity  
2:30 BINGO-Would You Rather/Star Wars-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 **Comedy & Snack**

**4**

**"May 4th Be with You"/Space Day**  
**International Fire Fighters Day/National Golf Day**

10:10 Competitive Games-Mixed-Up Fun-May Word Jumble-Story Night Quotes-Extra Activity  
11:10 Tai Chi w/Sheree-Enrichment Activity  
**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk/May Flowers-May 4th Trivia-Story Starters-Spring Festival Mining-Extra Activity  
2:30 BINGO-Dice Game-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 May Fun Trivia

**5**

**Celebrating Cinco de Mayo**  
**Stacycation to Mexico**

10:10 Competitive Games-Name Ten-Cinco Mining-Cinco de Mayo Word Pairs-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Travel Series-Word Wheel-Cinco de Mayo Scrabble-Extra Activity  
2:30 BINGO-Memory Boards-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Chicken Soup for the Soul

**6**

**Ladies Only Support Group**  
**National Nurses Day**

10:10 Competitive Games-Memory Street-Roll-A-Story-Animal, Food or City?-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk/Nursing-Strengthen Your Mind-Painting w/Sheree-Extra Activity  
2:30 BINGO-Unscramble Health & Body-Painting Cont.-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Clue Trivia

**7**

10:10 Competitive Games-Who/What & Where?-Riddle Jumble-Fun This or That-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk/Picture Perfect-Brain Drain-Trifles-Extra Activity  
2:30 BINGO-Sorting/Matching-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Compound Words

**8**

**Mother's Day Celebration**

10:10 Competitive Games-Mother's Day Trivia-Word Jumble-Logical Mother's Day-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
**12:00 Mother's Day Luncheon**  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk/Famous Mothers-Secret Mother's Day Message-Mixed Up Mother's Day-Extra Activity  
2:30 BINGO-My Three Sons-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 **Comedy & Snack**

**11**

10:10 Competitive Games-Alphabet Quiz-Give Me Five-High-Low Card Game-Extra Activity  
11:10 Tai Chi w/Sheree-Enrichment Activity  
**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk-Trifles-Target Toss with Purpose-Extra Activity  
2:30 BINGO-Bananagram-Colorist Corner-Extra Activity  
**3:15 Mocktail Monday**  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Silly Sentences

**12**

10:10 Competitive Games-The Common Factor-Brain Quest-Decode the Anagrams-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Travel Series-Girl Talk-Roll A Topic-Memory Street-Amazing Memory-Extra Activity  
2:30 BINGO-Multiplayer War Card Game-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Boggle

**13**

**National Apple Pie Day**

10:10 Competitive Games-Apple to Apples-Pot Luck Quiz-Invention Run Game-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Name that Tune-52 Weeks of Trivia-Painting w/Sheree-Extra Activity  
2:30 BINGO-Spill & Spell-Painting Cont.-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Creative Forecasting

**14**

**Alzheimer's Support Group**

10:10 Competitive Games-Clue Trivia-Favorite Limerick-Change the Letter-Extra Activity  
**11:00 Heart of Texas Therapy Dogs**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk-"Hot" Seat-Active Trivia Circle-Extra Activity  
2:30 BINGO-Beading-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Common Factor

**15**

**National Pizza Party Day**

10:10 Competitive Games-Music Trivia-Silly Sentences-Judge for Yourself-Extra Activity  
**11:00 Texas Winds/Mark Norris on Piano**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-4 Letter Ryming Quiz-Pondering Points-Parachute Madness-Extra Activity  
2:30 BINGO-Shut the Box-Art Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 **Comedy & Snack**

**18**

**International Museum Day**

10:10 Competitive Games-Famous Folks-Keep you Brain Young-Catch Phrase-Word Ladder-Extra Activity  
11:10 Tai Chi w/Sheree-Enrichment Activity  
**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk-Taboo-Guessures-Extra Activity  
2:30 BINGO-Bell Ringers-Chat Pak-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Creative Forecasting

**19**

**Malcolm X Day**  
**Cannes Film Festival**

10:10 Competitive Games-Famous Movie Quotes-Stage II-What Movie Am I? 1940's?-Clever Endeavor-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Travel Series-Girl Talk-Classic Movie Hangman-Extra Activity  
2:30 BINGO-Art Corner-Memory Boards-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Butterfly Quiz-Cards Cont.  
5:00 Cannes Film Festival Quiz

**20**

**World Bee Day**

10:10 Competitive Games-States & Capital-Create a Story-Bee Word Challenge-Wiz Quiz-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Spelling BEE  
**2:00 Ruby Weston Entertains**  
3:00 BINGO-Colorist Corner-Shut the Box-Extra Activity  
3:00 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 All About Bee Quiz

**21**

**Men only Support Group**

10:10 Competitive Games-Word in a Word-Squared-Up-Word Mining-Legends and Hero's-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group -Girl Talk/Chores Growing Up-Song Pictionary-Word Tag-Extra Activity  
2:30 BINGO-Shut the Box-Colorist Corner-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Chat Pak

**22**

10:10 Competitive Games-Memorial Day End to End-Keep your Brain Young-Mixed up Memorial Day-Extra Activity  
11:10 Zumba w/Francesca-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Love Songs and Memories-Mind Joggers-Valor Categories-Senior Trivia-Extra Activity  
2:30 BINGO-Table Topics-Art Corner-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament  
4:30 **Comedy & Snack**

**25**

**Memorial Day**  
**Closed**

**26**

**Younger On-set Support Group**

10:10 Competitive Games-Choices in a Jar-Riddle Jumble-Before or After 1950-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Travel Series-Girl Talk-Art Corner-Vocabulary Synonyms-Tabletop Ball Scoop-Extra Activity  
2:30 BINGO-Sorting/Matching-Art Corner -Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Compound Words

**27**

10:10 Competitive Games-Odd Word Out -What's the Verdict-Single Letter Answer Quiz-Memory Street-Extra Activity  
11:10 Tai Chi w/Sandy-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Girl Talk-Split Words-Pondering Points-Painting w/Sheree-Extra Activity  
2:30 BINGO-Bananagram-Painting Cont.-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 Short Poems

**28**

**Informational Support Group**  
**National Hamburger Day**

10:10 Competitive Games-Call out the Answer-Oddles-Follow the Letter-Word Web-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Deal, Rack and Roll-Men's Group-Joggin Your Noggin-Reminiscing Cards-Finish the Story Game-Extra Activity  
2:30 BINGO-Colorist Corner-Short Stories-Extra Activity  
3:30 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 Dominos Tournament Cont.  
5:00 I Have Who Has?

**29**

10:10 Competitive Games-Mind Stretches/Opposites-Word Builder-Strengthen Your Mind-Reminiscing Cards-Extra Activity  
11:10 Zumba w/Francesca-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 Catch Phrase  
**2:00 Birthday Party with Doc Gibbs**  
3:00 BINGO-American Trivia-Extra Activity  
3:45 Light Stretching-Extra Activity  
4:00 Wheel of Fortune-Dominos Tournament-Small Group  
4:30 **Comedy & Snack**