

Monday	Tuesday	Wednesday	Thursday	Friday
		Canada Day 1 10:00 Morning Seminar - Book Club /Cornhole/Ben Franklin Crossword/ Seminar Cont'd/ Finish the Phrase /Fourth of July Search and Solve Singing/Exercise 1:30 Sing Fit - Songs That Span Decades /The History of O Canada/ Dominoes/ Enrichment 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / Walk in the Park Fill in the Blank / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Name 5/Wheel of Fortune/Enrichment	Red White and Blue Day 2 10:00 Morning Seminar - Who Said It: Patriotic Quotations /Name 10/Cooking Class/ Seminar Cont'd/ Bowling /Mixed Up 4th of July Singing/Exercise 1:30 Sing Fit - Before They Were Famous /Let's Celebrate Independence Day/ Dominoes/ Enrichment 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Chat Pack / A-Mazing Crafts / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Rhyme Time/Word Train/Enrichment	Fourth of July Observed 3 
Rock Around the Clock Day 6 10:00 Morning Seminar - July Modern Jeopardy /Parachute/Spelling Country Cooking/ 10:45 Seminar Cont'd/ That's It /Pennsylvania Wordsearch 11:30 Singing/Exercise 1:30 Sing Fit - Soul Sensations of the 60s and 70s /Hot Doggity Dog/ Dominoes/ Enrichment 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Would You Rather / V is for... Crossword / Enrichment 3:45 Mental Floss/ Light and Lively/ 4:15 Scattergories/A-Z Categories/Enrichment	Liberty Bell Day 7 10:00 Morning Seminar - Learning New Card Games /Amen Corner Bible Trivia/Collage Quilt Project/ 10:45 Seminar Cont'd/ Penny Pitching /Collage Quilt Project 11:30 Singing/Exercise 1:30 Sing Fit - A Stroll Through the Garden /What Am I? Liberty Bell/ Dominoes/ Enrichment 2:30 Bingo/ BOARD Games / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / All Things Blue Word Search / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Pictionary/Hangman/Enrichment	Reading a Good Book 8 10:00 Morning Seminar - Book Club /Axe Throwing/MAPLE Categories/ 10:45 Seminar Cont'd/ Would You Rather /Toronto Blue Jays Word Search 11:30 Singing/Exercise 1:30 Sing Fit - Songs That Span Generations /Canada or USA/ Dominoes/ Enrichment 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / Ungame / Doing Laundry Word Match / Enrichment 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Name That/Pictionary/Enrichment	Gary Freeman Performs 9 10:00 Morning Seminar - United Shapes of America /Family Feud/Cooking Class/ 10:45 Seminar Cont'd/ Darts /CRUST Categories 11:30 Singing/Exercise 1:30 Sing Fit - Moving to Dance Floor Favorites /Remembering Local Parades/ Dominoes/ Enrichment 2:00 Gary Freeman Performs / Enrich 3:00 Bingo(cont'd) / Conversation Cards / DRUMS Categories / Enrichment 3:45 Who Wants to Be A Millionaire/ Light and Lively/ 4:15 Listmania/Wheel of Fortune/Enrichment	Yoga With Tasha 10 10:00 Morning Seminar - Famous Canadians Who Am I? /Chair Volleyball/July Scratch Art/ 10:45 Yoga Class with Tasha 11:30 Singing/Exercise 1:30 Sing Fit - Legends of Doo Wop /July Jeopardy/ Dominoes/ Enrichment 2:30 Bingo/ Word Association / Enrichment 3:00 Bingo(cont'd) / What Would You Do / National Anthem Mining / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Finish the Phrase/Word Train/Enrichment
Mississippi River Day 13 10:00 Morning Seminar - More July Jeopardy /Finish the Phrase/Fireworks and Freedom Word Fit/ 10:45 Seminar Cont'd/ Question Ball /Awesome Animals Word Search 11:30 Singing/Exercise 1:30 Sing Fit - Women Who Rock in the 60s thru 90s /Moon Trivia/ Dominoes/ Enrichment 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / Mixed Up Family Tree / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Family Feud/A-Z Categories/Enrichment	World Orca Day 14 10:00 Morning Seminar - Learning New Card Games /Golf/Beach in a Bottle/ 10:45 Seminar Cont'd/ Name 10/Beach in a Bottle 11:30 Singing/Exercise 1:30 Sing Fit - Blues That Make You Move /What Am I? Ice Cream Trucks/ Dominoes/ Enrichment 2:30 Bingo/ Wacky Wordies / Enrichment 3:00 Bingo(cont'd) / You Be the Judge / Secret Beach Quote / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Boggle/Name 10/Enrichment	Therapy Dogs Visit 15 10:00 Morning Seminar - Book Club/ Heart of Texas Therapy Dogs /You Guessed It/Mixed Up Ice Cream Flavors/ 10:45 Seminar Cont'd/ Ping Pong Toss /A-Mazing Picnics 11:30 Singing/Exercise 1:30 Sing Fit - Wide Open Spaces Across America /Australia, Canada, or USA/ Dominoes/ Enrich 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Table Topics / Motorcycle Ride Word Fit / Enrichment 3:45 Fact or Crap/ Light and Lively/ 4:15 Word Teasers/Hangman/Enrichment	Rembrandt Day 16 10:00 Morning Seminar - Art Appreciation: Rembrandt /Chair Basketball/Cooking Class/ 10:45 Seminar Cont'd/ A-Z Categories /Cute Cupcakes Crossword 11:30 Singing/Exercise 1:30 Sing Fit - Moving to Motown Hits /July EZ Trivia/ Dominoes/ Enrichment 2:30 Bingo/ Word Train / Enrichment 3:00 Bingo(cont'd) / Chat Pack / Loads of Fun Word Search / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Taboo/Pictionary/Enrichment	Birthday Celebration with Jamaal Wicks 17 10:00 Morning Seminar - Postal Trivia /Axe Throwing/Summer Painting Project/ 10:45 Yoga Class with Tasha 11:30 Singing/Exercise 1:30 Sing Fit - First Name Fame /National Park Trivia/ Dominoes/ Enrichment 2:00 Happy July Birthday with Jamall Wicks/ Enrichment 3:00 Bingo(cont'd) / Would You Rather / A-Mazing Lady Bugs / Enrichment 3:45 Trivial Pursuit/ Light and Lively/ 4:15 A-Z Categories/Wheel of Fortune/Enrichment
Perseids Meteor Shower 20 10:00 Morning Seminar - When Am I? 1776 /Cornhole/Playing Outdoor Games Word Match/ 10:45 Seminar Cont'd/ Finish the Phrase /Spelling Fresh Fruit Salad 11:30 Singing/Exercise 1:30 Sing Fit - Legends of Jazz /Colonial Popcorn/ Dominoes/ Enrichment 2:30 Bingo/ Boggle / Enrichment 3:00 Bingo(cont'd) / Loaded Questions / All About Canada Crossword / Enrichment 3:45 Totally Trivia/ Light and Lively/ 4:15 Name 5/Word Train/Enrichment	Finding Shells Day 21 10:00 Morning Seminar - Learning New Card Games /Name 10/Paper Shells Craft/ 10:45 Seminar Cont'd/ Bowling /Paper Shells Craft 11:30 Singing/Exercise 1:30 Sing Fit - Country Crossover Hits /What Am I? Fireworks/ Dominoes/ Enrichment 2:30 Bingo/ Wheel of Fortune / Enrichment 3:00 Bingo(cont'd) / Ungame / American Revolution Word Match / Enrichment 3:45 I Should Know That/ Light and Lively/ 4:15 Rhyme Time/A-Z Categories/Enrichment	Texas Winds Performs 22 10:00 Morning Seminar - Book Club /Searching for July/ That's It /Jefferson Secret Quote 10:30 Texas Winds 11:30 Singing/Exercise 1:30 Sing Fit - Playful Patriotic Parades /Christmas In July/ Dominoes/ Enrichment 2:30 Bingo/ BOARD Games / Enrichment 3:00 Bingo(cont'd) / Conversation Cards / JACKS Categories / Enrichment 3:45 Mental Floss/ Light and Lively/ 4:15 Scattergories/Name 10/Enrichment	Cooking Something Cool 23 10:00 Morning Seminar - Songs of the Summer /Amen Corner Bible Trivia/Cooking Class/ 10:45 Seminar Cont'd/ Penny Pitching /Campfire Cuisine Crossword 11:30 Singing/Exercise 1:30 Sing Fit - Songs That Hit Twice /Exploding with laughter/ Dominoes/ Enrichment 2:30 Bingo/ A-Z Categories / Enrichment 3:00 Bingo(cont'd) / What Would You Do / Cupcakes Word Search / Enrichment 3:45 A-Z Trivia/ Light and Lively/ 4:15 Pictionary/Hangman/Enrichment	It's Christmas in July! 24 10:00 Morning Seminar - How Christmas in July Started /Axe Throwing/Crystal Suncatcher DIY/ 10:45 Seminar Cont'd/ Would You Rather /Crystal Suncatcher DIY 11:30 Singing/Exercise 1:30 Sing Fit-Songbirds That Sang From the Heart /July Random Trivia/ Dominoes/Enrich 2:30 Bingo/ Word Ladders / Enrichment 3:00 Bingo(cont'd) / Grandparents Talk / Laundry Day Detective / Enrichment 3:45 Pat Sejak's Trivia/ Light and Lively/ 4:15 Name That/Pictionary/Enrichment
Beach Volley Ball Day 27 10:00 Morning Seminar - What Am I? Chess /Family Feud/Mixed Up Summer Wear/ 10:45 Seminar Cont'd/ Darts /Cool Treats Crossword 11:30 Singing/Exercise 1:30 Sing Fit - Famous Landmarks Around the World /Star of the Month: Sylvester Stallone/ Dominoes/ Enrichment 2:30 Bingo/ Word Association / Enrichment 3:00 Bingo(cont'd) / You Be the Judge / July IQ / 3:45 Who Wants to Be A Millionaire/ Light and Lively/ 4:15 Listmania/Wheel of Fortune/Enrichment	Ship Shape Day 28 10:00 Morning Seminar - Learning New Card Games /Chair Volleyball/July Paint By Number/ 10:45 Seminar Cont'd/ BOARD Categories /July Paint By Number 11:30 Singing/Exercise 1:30 Sing Fit - Reading the Sunday Newspaper /Who Am I? Ben Franklin/ Dominoes/ Enrich 2:30 Bingo/ Pictionary / Enrichment 3:00 Bingo(cont'd) / Table Topics / Crossword #55 / Enrichment 3:45 Golden Carers Quizzes/ Light and Lively/ 4:15 Finish the Phrase/Word Train/Enrichment	Full Buck Moon 29 10:00 Morning Seminar - Book Club /Finish the Phrase/Spelling Great White Shark/ 10:45 Seminar Cont'd/ Question Ball /PEACH Categories 11:30 Singing/Exercise 1:30 Sing Fit - Chartbusters /The National Parks System/ Dominoes/ Enrichment 2:30 Bingo/ Wacky Wordies / Enrichment 3:00 Bingo(cont'd) / Chat Pack / CREAM Categories / Enrichment 3:45 USA Brainbox/ Light and Lively/ 4:15 Family Feud/A-Z Categories/Enrichment	UFO Sighting Day 30 10:00 Morning Seminar - What Am I? UFOs /Golf/Cooking Class/ 10:45 Seminar Cont'd/ Name 10/Secret Ice Cream Quote 11:30 Singing/Exercise 1:30 Sing Fit - Stars With a Cause /What Am I? Horseshoes/ Dominoes/ Enrichment 2:30 Bingo/ Word Mining / Enrichment 3:00 Bingo(cont'd) / Would You Rather / Sylvester Stallone / Enrichment 3:45 Decade Trivia/ Light and Lively/ 4:15 Boggle/Name 10/Enrichment	Celebrating Shark Week 31 10:00 Morning Seminar - Celebrating Shark Week /You Guessed It/Making Shaker Instruments/ 10:45 Seminar Cont'd/ Ping Pong Toss /Making Shaker Instruments 11:30 Singing/Exercise 1:30 Sing Fit - Restaurants of the Stars /Guess the Founding Father/ Dominoes/ Enrichment 2:30 Bingo/ Word Train / Enrichment 3:00 Movie Day - "Yankee Doodle Dandy" //Enrich

Breakfast/ Chit-chat 7:30 am – 10:00 am. Lunch 12:30. Afternoon Snack 3:00 pm