

Monday

Tuesday

Wednesday

Thursday

Friday

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|  <p>Friends Place Richardson</p> <h1>July 2026</h1> <p>All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available</p> | | <p>Fried Chicken Scalloped Potatoes Carrot Cascade Garden Salad Banana Pudding</p> | <p>1 Hot Dog Tater Tots Garden Vegetables Spinach Salad Ambrosia</p> | <p>2</p> | <p>3 Happy Fourth of July CLOSED HOLIDAY</p> |
| <p>Salisbury Steak Mashed Potatoes Broccoli Spring Salad Peach Cobbler</p> | <p>6 Chicken Tenders Au Gratin Potatoes Green Beans Garden Salad Fresh Baked Cookie</p> | <p>7 Soft Taco Mexican Rice Pinto Beans Green Salad Ambrosia</p> | <p>8 Chicken Alfredo California Vegetable Garlic Toast Caesar Salad Pound Cake w/Toppings</p> | <p>9</p> | <p>10 Taste of U.S.A. Cheeseburger National French Fry Day Mixed Vegetable Coleslaw Apple Pie</p> |
| <p>Garlic & Herb Chicken Roasted Sweet Potatoes Carrot Cascade Spinach Salad Fresh Baked Cookie</p> | <p>13 Baked Fish Macaroni & Cheese Day Broccoli Coleslaw Brownie</p> | <p>14 Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Spring Salad Strawberry Cake</p> | <p>15 Swedish Meatballs Noodles Mixed Vegetable Garden Salad National Cherry Day</p> | <p>16</p> | <p>17 Chicken Quesadilla Spanish Rice Pinto Beans Green Salad Pistachio fluff</p> |
| <p>Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Spring Salad Chocolate Pudding</p> | <p>20 Garlic & Herb Chicken Roasted Sweet Potatoes Carrot Cascade Spinach Salad Cherry Cobbler</p> | <p>21 Meat Sauce w/Pasta Garden Vegetables Garlic Bread Caesar Salad Fresh Baked Cookie</p> | <p>22 BBQ Chicken Macaroni & Cheese Mixed Vegetables Coleslaw Vanilla Ice Cream Day</p> | <p>23</p> | <p>24 Turkey Sandwich Baked Chips Green Beans Garden Salad Fresh Baked Cookie</p> |
| <p>Lemon Pepper Chicken Au Gratin Potatoes Stir Fry Vegetables Spinach Salad Orange Fluff</p> | <p>27 Chicken Fried Steak With Gravy Mashed Potatoes Mixed Vegetables Coleslaw Fresh Baked Cookie</p> | <p>28 National Lasagna Day Italian Green Beans Garlic Bread Caesar Salad Birthday Cake</p> | <p>29 Salisbury Steak Mashed Potatoes Broccoli Garden Salad Brownie</p> | <p>30</p> | <p>31 Smothered Chicken Rice Pilaf Scandinavian Vegetables Spring Salad Peach Cobbler</p> |

Menus approved by: Julie Pan MS, RD

Date _____