

August 2026



Friends News



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August Celebrations

Fri Aug 7	Watermelon Party
Mon Aug 10	Smores Day
Thur Aug 13	Birthday Celebration with Ben Meyers
Wed Aug 19	Sherry Hamilton Performs
Tue Aug 25	Texas Winds Performs
Fri Aug 28	Movie Day with Snocones!
Wed Aug 12 th & 26 th	Chair Exercise with Merrily
Fri Aug 7 and 28	Yoga with Tasha
Mon Aug 3rd and 17 th	Good News Story Hour with Dora
Book Club is Reading	Island of the Blue Dolphins by Scott O'Dell

Homecoming Disco Fever!

SAVE THE DATE

Looking forward to rocking out
Thursday September 10, 2026
5 pm to 7 pm

DJ Ardie Jasso is going to get this
party started

Families invited!



Upcoming Events in the Area

There are a few important events that are coming up in the next few months that I wanted to highlight here. Beginning with one that happens each month, I want to get the word out that the first Saturday of every month there is a **Memory Café** that is hosted right here at Friends Place from 11a – 12:30p. This is a place where caregivers and their loved ones can socialize with one another. Caregivers are also able to connect with each other and share resources or just visit about what is going on in their lives. You don't need to register or RSVP, just show up and meet some new people.

Coming up very soon is one of the biggest events on our calendar. The 7th annual **Revive/Refresh** is on August 8th at Concord Church in Dallas from 9a until 3p. Revive/Refresh represents one of the metroplex's largest caregiver focused support event. At the event, you will learn about resources available to you to help with self-care; hear expert speakers talk about Alzheimer's Disease, dementia progression and caregiving strategies; connect with resources and vendors from around the area focused on helping you and your loved one; and, of course, have a delicious lunch. Registration is required and available on their website, and respite is provided free-of-charge, but space is limited.

The **2026 Dallas Dementia Symposium** will be here far sooner that you may think. Usually taking place in December, this year the symposium is on Friday, September 18th at the Lovers Lane United Methodist Church in Dallas. Rather than Teepa Snow, Dementia Darline Carrie Aalberts will be the keynote speaker. She is a gerontologist and the mind behind the Instagram account @dementiadarling where she has fostered a community which functions as a safe space for dementia caregivers to learn, find support and be connected with a variety of other resources. Registration is currently active and a link can be found on the NPRA facebook page.



Birthday Wishes

Mamie T – Aug 4
Preston W – Aug 6
Fannie C – Aug 8
Fay H – Aug 15

Staff Birthdays

MaryLynne Henry – Aug 8
Kerrington Williams – Aug 25

Support Group at Friends Place

Alzheimer's Caregiver Support Group

Tuesday, August 11
General Discussion
Time: 2:00-3:30 pm

Tuesday, August 25
Speaker: Dr. JuNene K., Board Certified
Holistic Health Practitioner
Topic: Alternative Methods for Dementia
Care and Caregiver Care
Time: 2:00 – 3:30 pm

Care for your loved one provided at no cost during the support group meeting.
Call to reserve a spot: 972-274-2484

Dad Jokes of the Month

What are a school teacher's 3 favorite words?

Why can't you find any lions after August?

Why do bananas use sunscreen in August?



Answers: June, July and August; they peel!
goeth before the fall; they peel!



MAKE YOUR RESERVATION

You can submit a reservation calendar online! Call us at (972) 274-2484 to be added to our monthly mailing list. Paper copies are still available.

Get your reservation in to guarantee yourself a spot!

Also, you can make changes to your reservation by texting 469-553-0188