

September 2026

Friends News

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Pam Johnson

Join us and see what a great time we have!

At Friends Place, we offer 20-25 high-interest, interactive activities from which you can choose just the right one YOU will enjoy. Here we highlight special guests & events. See our monthly calendar for daily details. We also hold daily BINGO games, singalongs, men's, women's & mixed groups, chair exercise or Tai Chi TWICE a day and various outdoor activities when weather permits.

**Closed
for Labor Day
Sept 7**



STAYCATION TO ITALY



WEDNESDAY, SEPTEMBER 17TH!

Join us for a fun-filled day as we travel through the heart of Italy! From the rolling hills of Tuscany to the romantic canals of Venice, we'll explore the rich history, timeless art, and vibrant culture. Experience the flavors, sights, and sounds of this beautiful country — all without leaving Friends Place! Don't miss the festivities — it's going to be magnifico!

**September
Birthday Party
with
Entertainment by
Tony Macaroni**



Save these dates for an awesome & active fall season!

Friday, October 23 - Friends Place Fair Day

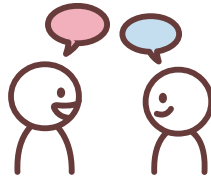
Saturday, November 7 - Annual Walk to End Alzheimer's

Walk with us at Klyde Warren Park, or be a part of our team even if you are unable to walk! Sign up as a team member, then ask family and friends to donate in your name. Donations accepted online or in front office.

Wednesday, November 11 - Our Annual Veterans Day Salute

What a privilege it is to honor these fabulous folks! Each veteran will be personally recognized during this ceremony.

Improving Communication with your loved one with dementia



- **Speak simply:** Use short sentences and clear words. Use a calm, low-pitched voice.
- **Ask one thing at a time:** Give simple yes-or-no choices instead of open-ended questions. Giving them a choice between two options allows them to share their opinion without being overwhelmed.
- **Avoid arguing:** Rather than correcting or arguing when they are confused about facts or time, focus on their feelings.
- **Use nonverbal cues:** Maintain eye contact and use gentle touches to provide reassurance.

Welcome to new members!

Bill H. Sheryl O.
Syed H. Teresa E.
Pam S. Jon G.
Gary F.

Happy September Birthdays!

6 Pam Johnson (Founder)
10 Dick H.
13 Jim F.
14 Bill M.
15 Catherine H.
24 James P.
28 Neita A.
30 Sally B.



Reminder: Reservation calendars are due by the 26th of the previous month. If a member misses a reserved day, the center must be notified no later than 9:00 am of the day reserved or the fee for the day will be charged. This helps us to plan staffing, food, and activities. We appreciate your cooperation in helping us provide exceptional service. Thank you!

Caregiver's Support Groups

Open to the public. Care usually available at no charge with reservations 972-437-2940

Ladies' Support Group

Meets 1st Wednesday/month
September 2nd 2:00-3:30 pm

Alzheimer's Caregiver's Support Group

Discussion Group the 2nd Thursday/month
September 10th 2:00-3:30 pm
Guest Speaker presentation on 4th Thursday/month
September 24th 2:00-3:30 pm

Men as Caregivers

Meets 3rd Thursday/month
September 17th 2:00-3:30 pm

Young On-Set Focus Group

Meets last Tuesday/month
September 29th 2:00-3:30 pm



Looking for Resources and Educational Information?

Check out this helpful website:
SeniorsBlueBook.com

Friends Place - 21st Anniversary!
This month, we proudly celebrate 21 years of service at Friends Place! We want to extend a heartfelt thank you to our incredible staff, members, and community for making this milestone possible. Your continued support and referrals have helped us grow, and we are honored to keep providing extraordinary service to those we serve. Thank you for being part of our journey!