

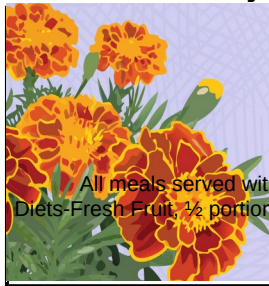
Monday

Tuesday

Wednesday

Thursday

Friday



Friends Place

October 2026

All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS Diets-Fresh Fruit, 1/2 portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available

				Hot Dog Tater Tots Green Beans Coleslaw Homemade Cookie Day	1	BBQ Chicken Baked Potato Peas & Carrots Garden Salad Banana Pudding	2
Lasagna Scandinavian Vegetables Garlic Bread Caesar Salad Ambrosia	5	Taste Of Germany Chicken Schnitzel German Mashed Potatoes Bavarian Green Beans Green Sald German Apple Strudel	6	Sloppy Joe Baked Chips Scandinavian Vegetables Coleslaw Fresh Baked Cookie	7	Chicken Tenders Au Gratin Potatoes Garden Vegetable Garden Salad Pound Cake w/Toppings	8
						Salisbury Steak Mashed Potatoes Broccoli Spring Salad Orange Sherbet	9
Fried Chicken Scalloped Potatoes Carrot Cascade Garden salad Fresh Baked Cookie	12	Soft Taco Mexican Fiesta Rice Pinto Beans Spring Salad Orange Fluff	13	Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Spinach Salad Nat'l Dessert Day	14	Beef Lasagna Italian Flat Cut Beans Garlic Bread Caesar Salad Ambrosia	15
						Chicken Quesadilla Spanish Rice Pinto Beans Green Salad Pistachio Fluff	16
Baked Fish Macaroni & Cheese Peas & Carrots Spinach Salad Strawberry Shortcake	19	Smothered Chicken Rice Pilaf Broccoli Caesar Salad Chocolate Pudding	20	Chicken Fried Steak With Gravy Mashed Potatoes Carrots Garden Salad Nat'l Apple Day Apple Dump Cake	21	Garlic & Herb Chicken Roasted Potatoes Garden Vegetables Spring Salad Cherry Cobbler	22
						Fair Day Big Tex Burger Texas Tator Twister Garden Vegetables Coleslaw Blue Ribbon Apple Pie	23
Chicken Alfredo Mixed Vegetables Garlic Bread Caesar Salad Peach Cobbler	26	Salisbury Steak Mashed Potatoes Scandinavian Vegetables Coleslaw Nat'l Pumpkin Day Pumpkin Pie	27	Cheese Pizza Pasta Salad Corn Spring Salad Brownie	28	Turkey Sandwich Baked Chips Garden Vegetables Garden Salad Fresh Baked Cookie	29
						Ghoulish Goulash Pumpkin Carrots Vampire Garlic Bread Swampy Spinach Salad Birthday Cake	30

Menus approved by: Alondra Criss, RDDate 9/30/2026