

Monday

Tuesday

Wednesday

Thursday

Friday

 October 2026 Breakfast & Morning Snacks Served until 10:00 a.m. Water & Juice 11:00 a.m. Lunch 12:30 p.m. Afternoon Snack 3:00 p.m.					Willy Wonka Day National Poetry Day 10:10 Games-Chocolate Factory A to Z-Famous Poets-October in History-Word in a Word/Chocolate-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Poems of Gratitude-Who am I? Poets-History of Alaska-Extra Activity 2:30 BINGO-Creative Forecasting-Colorist Corner Extra Activity 3:30 Light Stretching Exercise-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Laughter and Smiles	World Smile Day 10:10 Competitive Games-Double Trouble-Word in a Word-Quotation Station-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Pondering Points-Sentense Sleuth-Extra Activity 2:30 BINGO-What Makes You Smile?-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament Cont. 4:30 Curtain Call Comedy
10:10 Competitive Games-Reminiscing Quest-Table Topics-Complete the Phrase-Build a Story-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Word Tag-Who Said It?-Extra Activity 2:30 BINGO-Scruples-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Pondering Points	Stacyation Germany 10:10 Competitive Games-German Catch Phrase-Think Fast-Munich Category Puzzle-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Travel Series-German Castles & Princesses-German Jeopardy-Extra Activity 2:30 BINGO-Bunco-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Tour Germany	Ladies only Support Group 10:10 Competitive Games-Joggin' Your Noggin-Word Builder Never Have I Ever-Mix-Up Firefighter-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Bean Bag Twister-Buzz Time-Similes-Extra Activity 2:30 BINGO-Farkler-Roll the Dice-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Chicken Soup for the soul	Alzheimer's Support Group 10:10 Competitive Games-Super Quiz-Choices in a Jar-American Trivia-Famous Folks-Extra Activity 11:00 Heart of Texas Therapy Dogs-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk/What's Cooking-Pictionary-Roll the Dice-Art Corner 2:30 BINGO-Left, Right Center-Art Corner-Extra Activity 3:30 Light Stretching Exercise-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Buzz Time	10:10 Competitive Games-Shake Loose a Memory-Patch Word-Senior Trivia-Trifles Master-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Everyday Life Trivia & Photos-Word Web-Extra Activity 2:30 BINGO-Table Topics-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Curtain Call Comedy		
Columbus Day 1492/Navys Birthday 10:10 Competitive Games-Word in a Word/Columbus Day-Columbus Day Process of Elimination-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Happy Columbus Day-Oceans Categories-Columbus Day Jumble-Extra Activity 2:30 BINGO-Columbus Sailed the Ocean "Blue"-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Poetry	10:10 Competitive Games-Match Songs w/Artists-Anagrams-Word Mining-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Travel Series-Girl Talk-Word Wheel-Never have I Ever-Extra Activity 2:30 BINGO-Number 1 Hits Reminiscing-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Magazine Scavenger Hunt	10:10 Competitive Games-Finishing Lyrics-What's the Verdict-Trifles Master-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Wiz Quiz-Choose the Correct Spelling-Art Corner-Extra Activity 2:30 BINGO-Mix & Match-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Memory Street	Men only Support Group I love Lucy Day 10:10 Competitive Games-Words that Start With?-Gestures-Dictionary Fun Trivia-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity-Book Club 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Spell Bee-This or That?-Which One Is Not Like the others? -Extra Activity 2:30 BINGO-Bananagram-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 I love Lucy	10:10 Competitive Games-Clue Trivia-Keep Your Brain Young-Joggin' Your Noggin-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Kitchen Items Scrabble-Brain-O-Matic-Flip Card-Extra Activity 2:30 BINGO-Who Sang That Tune-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Curtain Call Comedy		
10:10 Competitive Games-Apples to Apples-Letter Getter-Logical Apple Picking-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Memory Boards-Phrases & Proverbs-Extra Activity 2:30 BINGO-Pictionary-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Clue Trivia	10:10 Competitive Games--Word Pyramid-Scategories-10/4 letter words-Autumn Quiz-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Travel Series-Girl Talk-Blank Slate Word Game-"Hot Seat"-Art Corner 2:30 BINGO-Logo Quiz-Colorist Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Idioms	10:10 Competitive Games-Look It Up-Heel or Heal Quiz-Strengthen Your Mind-Word Mining-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Bean Bag Twister-Memory Boards-Extra Activity 2:30 BINGO-Left, Right, Center-Art Corner-Extra Activity 3:15 Wind Down Wednesday 3:45 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 How Did We Ever Live Without?	Informational Support Group 10:10 Competitive Games-"Top" "Dog"-Cleaver Endeavor-Shrinking Words-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Give me Five-Reminiscing Cards-Art Corner 2:30 BINGO-Table Topics-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Lighten Up	Fair Day 10:10 Competitive Games-It's a Fair Scramble-Midway Games-Balloon Art-Extra Activity 11:00 Miniature Horses 11:30 Music/Songs & Trivia 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Fair Jeopardy-Roll a Story-Colorist Corner-Extra Activity 2:30 BINGO-State Fair Trivia-Bunco-Extra Activity 3:30 Light Stretching-Dominos Tournament 4:00 Wheel of Fortune-Dominos Tournament Cont-Small Group 4:30 Curtain Call Comedy		
National Pumpkin Day National Poodle Skirt Day 10:10 Competitive Games-Reminiscing Quest-Table Topics-Legends & Heros-Thrifties-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Heather & Sheree's Sock Hop 2:30 BINGO-Scruples-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Creative Forecasting	10:10 Competitive Games-Rhyming Quiz-20th Century Trivia-Scrambles Sentences-Chat Pak-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Letter Getter-Keep Your Brain Young-Left, Right, Center-Extra Activity 2:30 BINGO-Pokeeno-Art Corner-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Reminiscing Cards	10:10 Competitive Games-Call Out the Answer-Word Builder-Never Have I Ever-Spill & Spell-Extra Activity 11:10 Tai Chi w/Sheree-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Family Feud-Buzz Time-Similes-Extra Activity 2:30 BINGO-Bunco-Guess the Jazz Musician's-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Chicken Soup for the Soul	National Cat Day 10:10 Competitive Games-Fun Cat Trivia-Trivia Tic Tac Toe Sing The Next Line Quiz-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Deal, Rack & Roll-Men's Group-Girl Talk-Scruples-Stage It-Extra Activity 2:30 BINGO-Name that Song-Memory Boards-Extra Activity 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Dominos Tournament Cont. 5:00 Memory Street	October Birthday Party Celebration Halloween "Wear your favorite costume!" 10:10 Competitive Games-Witches Hangman-Scary Categories-Everybody is BOO-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Halloween Fun Facts 2:00 Birthday Party w/Doc Gibbs 3:00 BINGO-Double O Word Game-Colorist Coner 3:30 Light Stretching-Extra Activity 4:00 Wheel of Fortune-Dominos Tournament-Small Group 4:30 Curtain Call Comedy		

Daily 9:15-10:15 Coffee, Chit Chat, News & Views